



Around the Block

Issue 65 June / July 2019 sjcommunitynewspaper@gmail.com

Celebrating the good news from our communities in Saint John NB

A path to hope: UYES! helps youth reach their goals



UYES! participant Damian

by Randy Hatfield and Lorna Brown

You can see a house on Exmouth Street improve day by day. Even better, what's improving are the carpentry skills – and the prospects – of the youth who are doing the renovations.

The Urban Youth Employment and Education Service is known, for short, by the positive name UYES! This successful program offers support for many challenges so young people can put their energy into learning, and aim for meaningful employment. Five community partners work together to provide support. They are all at the HUB on Prince Edward Street or nearby, so youth don't get caught in red tape moving from one agency to the next. The wraparound support helps build trust in young people who may have been through "the system" before, without seeing long-term improvements to their lives.

Project Manager Keith Pierce from the Saint John Human Development Council (SJHDC) says, "UYES! puts young people on a path to hope. They have to walk down that path themselves, sticking with the program to learn skills. But what we do is remove many barriers!" Most UYES! youth face multiple problems: mental health, stable housing, transportation, even getting enough to eat. UYES! helps with all the different barriers.

(Continued on page 9)

Music in the Park returns



Delbert, Debbie, and Paul, 2018
(Photo: Debbie McLeod)

by Debbie McLeod

We are excited to announce this year's line up for Music in the Park - Chown Field. All concerts are free!

We will have music groups performing on six Mondays, 7-8 p.m.

July 8th- Marcel Caissie and Christine Violette
July 15th- Debbie Harrity
July 22nd - KV Country Band
July 29th – Key of N
August 5th – Delbert
August 12th – The Gypsy Rovers

The Social Enterprise Hub, nearby at 139 Prince Edward Street, will have its doors open so you can see what they offer the community, and Stone Soup will be open in the Hub selling food before, during, and after each show.

Come to the Waterloo Village and enjoy! Hope to see you there!

From the Editor's Desk Lorna Brown,
647- 4850, sjcommunitynewspaper@gmail.com

Welcome to issue 65 of *Around the Block*. If this is the first time you are reading *ATB* (and there are new readers every issue!) you might like to know that this community newspaper celebrates the good news from Saint John's priority neighbourhoods. You will see that these communities each have a page, and they send in many stories written by the residents themselves. This newspaper is theirs; we encourage them to write in their own voices. You will also read stories from the many partners who help support our neighbourhoods with their programs.

This issue focuses on two themes. Education to employment is something to celebrate at any time, and our lead story on UYES! will show you a program that supports many of our young people as they make their own success. You will see that there is resume help at Crescent Valley Resource Centre (p. 4) and Agar Place (p. 15.)

The other theme is summer events and programs for you, your neighbours, and your family. Come out and enjoy the fellowship and warmth that we find in our communities!

This is the first issue of *ATB* since the retirement of Juanita Black. Juanita has been the heart and soul of this paper and a tireless voice for those living in poverty – a voice that has made itself heard in ways that have helped thousands of people. Thank you, Juanita, for all you have done and continue to do for Saint John's priority neighbourhoods. You are a force of nature!

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SAINT JOHN





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Family Fun Days, August 12th - 17th

by Christa Petts

The week will start with the Teddy Bear Picnic in Victoria Park where kids ages eight and under are treated to a picnic lunch, a new book, and a teddy bear. Our ever-popular Senior Tea is always well attended. Music in the Park and many more events make for a busy week.

We wrap up on Saturday with our Family Fun Day with games, food, and entertainment for the whole community and a street dance that evening. Mark your calendars this year and join us for Family Fun Days in the Old North End.



Fun Days 2018 (Photo: ONE Change)

Summer Programs



Korey Cormier, Wayne Long (foreground), John Wong and Lindon R (rear) with happy kids (Photo: ONE Change)

by Christa Petts

We are gearing up for summer. We are looking forward to our summer students who will be joining our team.

We will be partnering with Brilliant Labs again to offer a Tech Camp once a week. NBCC will be joining us for another coding camp as well.

We are looking forward to Beach Days with the City of Saint John when our kids always have a great time. It's going to be a great summer! Our summer programs are always a blast because of our

Jill Roberts joins North team

by Joanne Barry

The North End Wellness Centre is excited to have Jill Roberts, a Community Health Nurse, join the team. Jill will be working Mondays and Fridays at the Centre, so drop by and welcome her to the neighbourhood. Feel free to give Jill a call at 649-2775.

You might already recognize Jill, as she also works at the Market Place Wellness Centre on the West Side and is out and about at many of the neighbourhood activities and events. Jill has a great deal of experience and we look forward to working with her in making the neighbourhood a healthier place.



Jill Roberts
Photo: North End Wellness Centre

ONE Change AGM a success

by Christa Petts

Our Annual General Meeting was amazing this year. It's a great time for community, staff, and board members to come together and celebrate our success for the year.

This year we welcome new board member, Cindy Langille. She has been volunteering in our germinator room. We have lettuce, tomatoes and other great vegetables to add to our programs and meals. She has been working with us to get our garden ready for planting.



Cindy Langille has a green thumb!
(Photo: ONE Change)

Buddy, her beautiful dog, visits every day. He always looks for Barry, our Executive Director, for a game of tug-of-war. Thank you, Buddy and Cindy, for all you do.

Makerspace

by Latoya Grant

Makerspace is a program where young people have an opportunity to explore their own interests and learn to use tools and materials to develop creative projects. The children have made LED flashlights, light-up cards, and independent projects. The children are excited now that we have Matthew Cousins working with them on their projects. Since the first day Matthew started with us the kids took right to him. He is going to make a good addition to our team here at the ONE Change and we look forward to continuing to work with him on different projects throughout the summer.

North End Clean Up, June 1st



2018 Clean-up coffee break

by Christa Petts

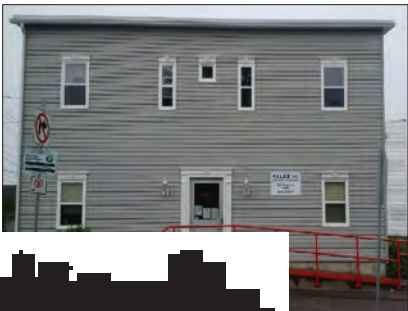
June 1, 2019 is our clean-up day. We will meet at the Nick Nicolle Centre at 10:00 am. A huge thank you to the Millidgeville North End Lions for providing a BBQ for us. Starbucks will be providing tea and coffee.

A special thanks to the City of Saint John for the Green Machine. Every year we are lucky enough to be provided with the Green Machine which has all the tools and supplies to help make North End great. We are looking forward to getting our garden going as well. Hoping to see all you gardeners here to help us out.

North Neighbourhood Contact

Christa Petts
christa.onec@gmail
Nick Nicolle Community Centre
85 Durham Street
658-2980





South End • South End • South End • South End • South End • South End • South End • South End • South End

Love Where You Live - South End

We still have a few garden plots available; please call PULSE @ 632-6807 for more information!

Registered Nurse Kathy London-Anthony will be at PULSE to address your health needs every Friday from 12-2 p.m. Please check our Facebook group for updated hours!

Please remember our monthly Food Purchase Club money is due Friday, June 14 and July 12; the order comes to you the following Friday. We have \$15 and \$25 orders available. We even have a “Pay it Forward” option where you can provide a single person, a couple, or a family with fresh fruits and vegetables!

Remember, our office hours are as follow:., Monday 9 a.m.-2 p.m.; Tuesday 9 a.m.-1 p.m.; Wednesday - closed; Thursday 9 a.m.-1 p.m.; Friday 9 a.m.-2 p.m.



LUNCH CONNECTION

SUMMER EDITION

FREE PICNIC LUNCH FOR ALL AGES!

JUNE 25th - AUGUST 30th
TUESDAYS & FRIDAYS
11:00am-1:00pm
P.U.L.S.E (251 Wentworth street)

Rain or shine, come enjoy the summer, activities for kids and a time to gather with your neighbors!





South End Community Centre: Summer Brain Gain

by Jennifer Fulton, Director of Community Programs, Boys & Girls Club

The Boys & Girls Club of Saint John will be running the Summer Brain Gain program this summer at the South End Community Centre (SECC). To counter learning loss during the summer months, Summer Brain Gain provides opportunities for club members to practice reading and mathematics skills on a daily basis, with a focus on two key outcomes: educational activities that look and feel different from the regular school day, and high levels of youth engagement and motivation. Thanks to Boys and Girls Clubs of Canada for the \$7000 grant to make this program possible. For more information contact us at 653-7368.



THE BACKPACK PROGRAM

Free Program for Kids
Ages 4-10 From Waterloo Village & South End

Each Week During the Summer, Registered Kids will receive a free kit with food items, recipes, a book and Activities!

Space is limited:
For more information and to register your child please contact:
Erin Hodge @ Inner City Youth Ministry 647-5813
icysmj@gmail.com
Mary LeSage @ Pulse 632-6807 pulseinc@bellaliant.com
Penni @ Waterloo Village 647-8047





South Neighbourhood Contact

Mary LeSage
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632-6807



Gerry Lowe
MLA Saint John Harbour

Constituency office is at the Mall
100 Prince Edward Street, suite #124
Saint John, N.B. E2L 4M5
tel: 506-643-2001
email: Gerry.Lowe@gnb.ca



Hours: Monday - Friday 8:30 a.m. - 1:30 p.m.

Song Circle in Crescent Valley, June 12th

by Crescent Valley Resource Centre

Enjoy a fun family activity, meet new people, and learn simple rhymes and songs in other languages!

Song Sharing Circle is for 0-5-year-olds and their parents and is happening on June 12th at 10:30 a.m. at the Crescent Valley Resource Centre, 130 MacLaren Boulevard.

Talking and singing together helps young children develop their social and early language skills. It is fun to take turns teaching and learning new rhymes, but if you feel shy, the program facilitators will be ready to share songs in various languages. The Song Sharing Circle program leaders speak English and French, and Arabic translation will be available. This program is delivered by Talk With Me and the Saint John Free Public Library. Transportation assistance is available; call CVRC, 693-8513 for information.

We look forward to seeing you on June 12th.

حلقة مشاركة الأغنية في كريستنت فالي

استمتع بنشاط عائلي ممتع ، تعرف على أشخاص جدد ، وتعلم القوافي والأغاني البسيطة بلغات أخرى! حلقة مشاركة الأغنية هو برنامج للأطفال من عمر 0-5 سنوات وأولياء أمورهم ، في 12 يونيو/حزيران الساعة 10:30 صباحاً في مركز موارد كريستنت فالي (المبنى الأزرق) ، 130 شارع ماكلارين بوليفارد. التحدث والغناء معاً يساعد الأطفال الصغار على تطوير مهاراتهم الاجتماعية و اللغوية المبكرة. من الممتع أن تتناوب في تدريس وتعلم القوافي الجديدة ، ولكن إذا كنت تشعر بالخجل ، فسوف يكون مساعدوا البرنامج على استعداد لمشاركة الأغاني بلغات مختلفة. يتحدث قادة برنامج "حلقة مشاركة الأغنية" باللغتين الإنجليزية والفرنسية ، وستتوفر الترجمة العربية ، هذا الحدث مقدم من برنامج "تكلم معي" و "مكتبة سانت جون المجانية والعامة". خدمة المواصلات متوفرة، للمعلومات اتصل على مركز موارد كريستنت فالي 693-8513. نتطلع لرؤيتك في 12 يونيو.

CVRC library and Book Wagon

by Justin Shepard, Community Engagement Coordinator, CVRC

Summer reading material is available at the CVRC, 130 MacLaren Boulevard! There are two libraries, one for youth and children and one for adults. We also have a Book Wagon which makes its way around the Crescent Valley area weekly when the weather is nice.

We have hundreds and hundreds of books available to borrow. You don't need a library card, nor to give us any information other than your name and which book or books you are borrowing.

There is no real limit of time for borrowing - just return it whenever you are finished!

CVRC receives Peter Daniels Award



Peter Daniels, left, presents the award to Anne Driscoll, Executive Director, CVRC

by Crescent Valley Resource Centre

The New Brunswick Children's Foundation (NBCF) presented the inaugural Peter Daniels Award at its annual meeting on May 13, 2019. The recipient of the \$5,000 award was the Crescent Valley Resource Centre. "We are thrilled to receive this award," said Anne Driscoll, Executive Director of the CVRC. "The New Brunswick Children's Foundation has consistently supported our work and we are honoured they chose us as the first recipient; it's gratifying to have our work recognized."

The mission of the NBCF is to enhance the lives of children under 18 years in New Brunswick challenged by health, social, or economic issues.

This award was established to recognize the many contributions by Peter Daniels, who served the organization for 40 years. It is awarded to a group that demonstrates an ongoing commitment to bettering the lives of children and youth in the community.

Need resume help?

by Justin Shepard, Community Engagement Coordinator, CVRC

Have you been thinking about going out and searching for new summer employment? If so, the Crescent Valley Resource Centre (CVRC) can provide help either creating or improving a resume, or we can print out resumes you have already made.

You can also use the computer in our library to search for, or apply to, jobs on the Internet.

Call 693-8513 or come by the CVRC at 130 MacLaren Boulevard to make an appointment. If you are in the area, feel free to drop in; if someone is available to help, an appointment may not be necessary.

Crescent Valley Neighbourhood Contact

Anne Driscoll
CVRC.driscoll@gmail.com
130 MacLaren Blvd.
693-8513



The Honourable Trevor Holder MLA Portland - Simonds

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229 Churchill Blvd. Suite 11
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Office Hours: Monday: 8 a.m. - 4 p.m.
Tuesday, Wednesday and Thursday: 9 a.m. - 1 p.m.
Friday: Closed



Community health recognition award

by Jill Roberts, RN

The Carleton Community Garden is thrilled to announce that they are a recipient of a Horizon Health Network Community Health Recognition Award for helping people to be healthy in their community. Thanks to all dedicated gardeners and volunteers, with special thanks to Phil and Linda Whitehouse for travelling all the way to Miramichi to accept a beautiful piece of etched glass artwork, a certificate of recognition, and a cash award. The garden donated more than 80 crates of produce to the Westside Food Bank last season, and volunteers hope to double that amount this year.



Phil and Linda Whitehouse
(Photo: Jill Roberts)

Teen Cooking Program starts July 3rd

by Krista Creamer

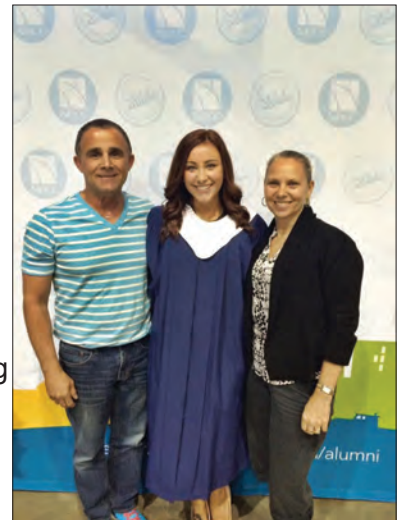
The Carleton Community Centre is excited to announce that our Teen Cooking Program will be happening again this summer. This free program is for anyone between the ages of 12 and 16 and will run every Wednesday in the summer starting July 3rd, 2019. During this program, everyone will be able to prepare, cook, and eat a healthy meal with the help of Bonnie who is a Registered Dietitian. While eating their meal, everyone will socialize and be reminded of proper table manners. Once the meal is complete, everyone will share in the cleanup. This program will focus on basic cooking skills, healthy eating, table manners, and simply having fun with friends. If you would like to register for this program, please call 658-2920.



A well-earned retirement!

by Krista Creamer, Executive Director, Carleton Community Centre (CCC)

Chuck Edison has served our community for over 38 years. Throughout this time, he has been a father, mentor, and friend to many people. He has made a positive impact and helped to shape so many people into who they are today. He has selflessly fought for our community and has spent countless extra hours at the Carleton Community Centre ensuring everything was running smoothly.



Chuck Edison and friends
(Photo: CCC)

Chuck has done all of this, and so much more, without the need for recognition or thanks from anyone.

Like everything, things are always moving, and it's time for Chuck to move on and enjoy his retirement. What do you say to a man who has given all of himself to a community that he loves?

Thank you!

Market Place Wellness updates

Market Place Wellness Centre, Carleton Community Centre

674-4335, 120 Market Place - Monday to Friday 7:30 a.m.-3:30 p.m.


- Specimen Collection is now Mondays & Tuesdays, 8 a.m.-3 p.m. Appointments only: 648-6681, press #3
- Food Bank: summer hours commence July 2, 2019, once a week on Tuesdays, 1-3 p.m. Until July 2, 2019 we will be open Tuesdays and Fridays.
- Smoking Cessation Program: call 674-4335 for an appointment
- Free Health Coach Services :please call Lesley 608-6498
- Free Gentle Path Counselling Services (state "West"): call 652-7284, Press 0
- New Produce Packs \$10 each, West Side 721-4239 or 674-4307.
- Social Development Case worker on site: Tuesday 1-3 p.m., or by appointment
- Senior led fitness program/ Falls Prevention ages 50 and up ("Zoomers"), free. Schedule: Tuesdays 10 a.m. and Fridays 11 a.m. All participants must have an initial assessment. 674-4335.
- Pickle Ball, Mondays, Tuesdays, and Wednesdays, p.m.: contact Mike 672-9566
- Line Dancing, Mondays: fee applies
- Community Garden Plots - are full. Registration for 2020 will be at the end of the year.
- Social Worker / Dietitian / Counselling by appointment: 674-4335
- Art Class – Tuesdays, 1-3 p.m.: please contact Kimmy.cookson @ gmail.com
- Yoga with Russ - Monday, Wednesday and Thursday, 10 a.m. @ C.C.C. \$7
- Tasty Tuesdays downstairs as well as "Drop-in Centre" upstairs (Scotia Room): 12-2 p.m.

West Neighbourhood Contacts

Jill Roberts
Jill.Roberts@HorizonNB.ca
120 Market Place 674-4307
or

Krista Creamer
KRISTA@carletoncommunitycentre.ca.
82 Market Place 658-2920





The Honourable Dorothy Shephard
MLA Saint John Lancaster

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Saint John, NB E2M 3W5
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at side of building facing Church

Tel: (506) 643-2900
Fax: (506) 643-2999
Dorothy.Shephard@gnb.ca
www.gnb.ca

Update from the Waterloo Village Neighborhood Association (WVNA)



Clean-ups and a thriving garden are goals in the Village
(Photo: WVNA)

by Penni Eisenhauer

The Waterloo Village Neighbourhood Association is in full swing and has been active in the community partnering on many beautification initiatives. The Roots and Wings Garden Project is being led by resident leaders Michelle Ortega and Lisa Morris, who are working hard on bringing other interested partners to the project. If you are interested in learning more about this project contact Michelle at rootsandwingsgarden@gmail.com

Also, the Association meets on a monthly basis and if you are interested in being more involved in your community, please contact Penni at commorg.penni@gmail.com



A job well done!
(Photo: WVNA)

The Roots and Wings Clean-up

by Michelle Ortega

On May 1st, we partnered with New Brunswick Community College, the Waterloo Village Neighbourhood Association, City of Saint John Leisure Services and their Green Machine, and many resident volunteers to clean up our neighbourhood.

We picked up 60 bags of garbage between Crown Street and Wentworth Street, and Union Street and Leinster Street.

It was the Christmas of trash days and an incredible experience for everyone. How simple it was for me, as a resident, to organize with support from the Waterloo Village Community Organizer.



Cheyenne Findley and Michelle Ortega
(Photo: WVNA)

We are educating our residents on the importance of community pride through keeping our neighborhoods cleaned up and beautified through different initiatives throughout the summer.



Fun and snacks at the clean-up
(Photo: WVNA)

Gerry Lowe
MLA Saint John Harbour

Constituency office is at the Mall
100 Prince Edward Street, suite #124
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email: Gerry.Lowe@gnb.ca

Hours: Monday - Friday 8:30 a.m. - 1:30 p.m.



Waterloo-Village
Neighbourhood Contact

Penni Eisenhauer
commorg.penni@gmail.com
Saint John Learning Exchange
139 Prince Edward Street
647-8047



Parents as Partners



Parents as partners in action (Photo: SJBKES)

by Ben Gillcrist, Community Schools Coordinator, St. John the Baptist/King Edward School

Saint John the Baptist-King-Edward School (SJBKES) works hard to foster relationships with parents and children while also seeking to improve their connection to one another. We are very pleased to speak about the success of our Parents as Partners K-2 program, piloted this spring, and set to be instituted regularly in the 2019-20 school year.

Instituted by our K-2 teaching team and occurring the last Friday afternoon of every month, the program invites parents to the school in order to participate in a series of activities with their children in the classroom setting.

An emphasis is put on collaborative, empathetically charged activities which require children and parent to work together as a team, be this reading together, working on a craft activity, or solving problems and puzzles together. Food is specially prepared and served by the students to their parents. Teachers and staff work closely with all groups and the result is a collective of engaged, happy families setting and meeting the day’s goals with one another.

Our pilot results over the springtime have been excellent, with more than 80% parent participation! The import of these connections cannot be overstated - with parents and students engaged in such constructive, uplifting activities, we build relationships of trust and understanding that help us to ultimately produce individuals ready to stand on their own feet and, eventually, take on the world!

First Books Canada/Indigo Love of Reading Donation

by Victoria Lawrence, Community Schools Coordinator, Hazen White/St. Francis

On May 10th, Hazen White St. Francis (HWSF) received a generous donation of 1500 books from both First Books Canada and the Indigo Love of Reading organizations.

We are so thankful to them for helping us to enhance our students’ literacy skills. They can’t wait to read all our new books!



Multi-Cultural Night

by Victoria Lawrence, HWSF

On May 1st from 4:30 pm to 6:30 pm Hazen White/St Francis (HWSF) hosted Multi-Cultural Night in our gymnasium. This event was open to all our Huskey students and their families. We used this time to celebrate various cultures and ethnicities and enjoyed lots of delicious food, viewed fun and interesting artifacts, and enjoyed some wonderful live performances.

Thank you to everyone who helped out with this initiative and to everyone that came out to join us! (Photos: HWSF)

DARE Role Models

by Victoria Lawrence, HWSF

Our local police, Sergeant David Hartley Brown and Corey Jamieson have been working alongside some of our very own HWSF Huskies to promote the Drug Abuse Resistance Education (DARE) program. Students from each grade have been selected to represent the DARE program and our school as DARE Role Models.

These students will promote and exemplify positive behaviours, be a support system to other students, and be a positive and bright presence within our school.

“I love it, it’s really cool,” says DARE Role Model Rawan.

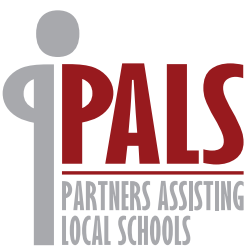
Thank you to Sergeant David Hartley Brown and Corey Jamieson for helping us with this wonderful initiative!



Partnering from Kindergarten to Grade 12 and Beyond



- Partnerships
- Volunteering
- Mentoring
- Role Models
- Coaching
- Focus on Literacy
- Having Fun
- Tutoring
- Breakfast/Lunch Programs
- New Opportunities
- After School Programs
- Career Exploration
- Making a Difference



Deborah Fisher
fisher.deborah@jdirving.com

Susan Tipper
tipper.susan@jdirving.com

We ALL have something to offer!

Great Fundy Coastal Cleanup

Are you interested in helping out the environment? The Atlantic Coastal Action Program (ACAP) Saint John will be participating in the annual Great Fundy Coastal Cleanup and we are looking for volunteers to help pick up marine debris from two different beaches in Saint John: Red Head Beach and Long Wharf Beach. Join us on Saturday, August 17th, 9-11 a.m. at either location. ACAP Saint John will provide garbage bags and gloves for all volunteers. For more information on how you can get involved, check out our website at www.acapsj.org.



A volunteer at last year's cleanup
(Photo: ACAP)



One Change Clean up 2019

ONE Change Clean Up 2019
Saturday June 1, 2019
10 am

Please Call 658-2982 to register!!



BBQ & Prizes



Let's Brighten Our Neighborhood as ONE

Saint John Jewish Historical Museum Now Open for 2019 Season

The Saint John Jewish Historical Museum will be open to the public from Monday, May 13th to Friday, November 1st, 2019 at 91 Leinster Street. Hours are 10 a.m.-4 p.m., Monday to Friday. During July and August, the museum is also open 1-4 p.m. on Sundays. Other times are available by appointment for groups (schools, churches, day camps, societies, etc.). For further information please contact the Museum at (506) 633-1833 or sjjhm@nbnet.nb.ca

Admission fees are \$5.00/person, \$10.00/family, \$50.00 for groups of ten or more.

Summer Program at Seaside Park Elementary

by Jennifer Fulton, Director of Community Programs

The Boys and Girls Club of Saint John is excited to be offering a summer day camp program at Seaside Park Elementary School for youth ages five to eleven.

The program is offered Monday to Friday, 7:30 a.m.-6 p.m. We have a variety of theme weeks and activities planned including Fun with Food, Buskers Bonanza, Mad Science Myth Busters, Splish Splash, Mystery Inc., Game Show Mania, Four Seasons, Imaginarium, Wild Things, and more.



If you would like to learn more, or register for our programming, go to www.sjbgclub.com, email ruth.smith@sjclub.ca or call 634-2011.



Free cooking program!

Would you like to learn how to cook? Would you like to know more about healthy eating? Would you like to discover the joy of cooking and eating together in a group? Would you like to participate in a once-a-week cooking class for four weeks in June?

If you answered "yes" to any of these questions, please call Debbie McLeod (658-5159) to sign up for this free cooking program, which will be held at the Charlton Place Community Room.



All you want to do is get some exercise and take care of life while you're at it.. So you take a walk to the grocery store, but....

**SORE HIP + GRAVITY X WORN OUT SHOES =
BIG PAIN!**

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Thera-Ped Foot and Ankle Clinic

238 Metcalf St.

By Appointment: 632-9397

www.thera-ped.com / blog.thera-ped.com / facebook.com/thera-ped

Tons of Fun for Everyone!

Saint John EX

August 27 - August 31

Enter our Haybale Art Competition,
no entry fee, cash prizes, hay supplied,
call 633-2020 ext.1 for information





1st place \$200
2nd place \$175
3rd place \$100

See you at the Ex!

A path to hope



Renovations at the house on Exmouth Street. (Photo: SJHDC)

[continued from p. 1]

In Saint John there are more than 1100 youth who are NEET – Not in Employment, Education, or Training. UYES! participant Damian was one of them. “My life has changed a lot,” says Damian. “I get to spend a lot more time with my daughter. I have a normal life so I can do normal things.

That sense of belief that they have the right to a normal life is a huge step forward. Keith continues: “It is hard to achieve anything when you are couch-surfing, hungry, and hopeless. Many of these young people have been in survival mode all their lives. They’ve never had the chance to look beyond next week. What they needed was some support to set up the right conditions for success. Now they have it. And they are reaching their goals!” Darryl Haggerman of Outflow Ministry adds, “Students now have a venue where they can actually see the possibility that, “Hey, I can get off the streets. I can be a worthwhile member of society.”

You know that house on Exmouth Street that the UYES! youth are renovating? When it’s done, it will bring UYES! full circle by providing housing for youth!

UYES! partners are the Teen Resource Centre, Outflow Ministry, SJ Learning Exchange, SJ Community Loan Fund, and SJHDC. For more information, contact those partners or have a look the video on the SJHDC Facebook page.

Safe Harbour House

by Nick Shepard, Outreach Coordinator

Safe Harbour House is a transitional home for youth. We are referred young people ages 16-19 who have no safe home and are ready to begin working towards independent living. We help assist them in finishing school, getting them employed, and finding their very first apartment.

As Outreach Coordinator, I have two roles. One is in transitioning our young people from Safe Harbour House into that apartment and then providing follow up support, but I also work with homeless youth ages 18-24 who were not residing at Safe Harbour House.

I’m excited about joining our City’s circle of care team and becoming one more resource for those in need of help. For more information, please contact me at nshepard@partnersforyouth.ca

Unplug to Connect on June 7th!

by Amanda Downey, Program Director, Boys and Girls Club of Saint John, Inc.

Save the date! Join us on June 7th, 2019 for #UnplugToConnect. We encourage Saint John to spend more time with friends, family, and co-workers, and less time in front of their screens. For one hour or more, pledge to unplug from your devices and connect with the people around you! We believe that building relationships is an important life skill, and we strive to create a sense of community for children and youth. Check our page www.facebook.com/saintjohnclub in the upcoming days as we will be posting our events for #UnplugToConnect, including a chance to win a family prize pack!



Integration Starts Here

The Saint John Newcomers Centre

Le Centre de nouveaux arrivants de Saint-Jean

L'intégration commence ici

165 rue Union Street, Saint John, NB
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 tel/tél: 506.642.4242

<p>Play the same number every week</p>	<p>\$2 to play per week</p> <p>Pre-pay by calling the club or stopping in</p>	<p>Deadline to pay is 9am Thursday into the green boxes and 10am Friday at the Club</p>	<p>We have 26 Green Box locations. Check our website for more details</p>
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Newcomer shares stories of cultural differences in the workplace



Doris Zhu (Photo: YMCA)

by Emma Hickey, YMCA

Doris Zhu and her family moved to Canada from China in July 2015. In China, Doris had worked for years with a Marriott International hotel. In Saint John, Doris has recently found a full-time job at Delta Hotels by Marriott as the controller for the hotel.

Moving to Canada presents challenges for every newcomer but Doris has been able to see firsthand the differences between western and eastern workplace culture, as well. Working as an accountant in the same industry — and for the same parent company — in two different countries has been a unique experience.

Because Doris is new at her job in Canada, she's been working hard to learn everything she can, sometimes still at work at her computer when the rest of her colleagues get ready to leave at the end of the day.

"If you always work overtime, that's what's normal for everybody," Doris says. "So I didn't think there was another way."

One day, Doris's manager expressed concern about how late she was working, worried that Doris wasn't able to create a balance between her work and personal lives.

"I was so surprised," Doris says. "No one would say that before." Doris explains how she is thankful for her new work-life balance in Canada and to be working with a supportive team.

Connecting With My Community!

by Shantelle Boyce

The community has a lot to offer those searching for something to brighten their lives. Whether you are looking for a fun Saturday outing with your kids (Bee Me Kidz), a cup of coffee with the pals (Catapult Cafe, Stone Soup), or just needing a helping hand (Saint John Tool Library) there are so many ways to play or get involved.

I went from being just your average stay-at-home mom to going to Bee Me Kidz every week. Now I am an Intern at Saint John Women's Empowerment Network at PowerUp!

There are so many opportunities and amazing people to meet. All you have to do is show up! Contact your Community Leader to get involved.

Field House to Open in September



YMCA's new Field House (Image: YMCA)

by Nicole Vair, YMCA

The YMCA of Greater Saint John is excited to begin operating the Saint John Field House, which is set to open in September. The Y is now accepting registrations for Child Care and After School care.

Stay tuned to the Y website, saintjohnny.ymca.ca for career opportunities and more information about this exciting new facility.

Besides Child Care, the Saint John Field House will offer a Fitness Centre, Newcomer Services, two Turf Fields, a 200 Meter Track, a Community Centre, and a Multi-Purpose Room.



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Join The Saint John Newcomers Centre for Multicultural Day on June 27!



(Photo: Valentine Boinitski)

by **The Hardman Group**

Multiculturalism is a presence we aim to exalt every day, not merely paying lip service to a word, but to truly act in a manner that embraces the ability for a variety of cultures and creeds to unite as citizens of this great nation.

The Saint John Newcomers Centre is our region's champion for reaching into the past, bringing it into the present, and moving into the future. This will be celebrated from 12:00 p.m. – 5:00 p.m. at Market Square through traditional attire, food, dance, and traditions that together form the cultural mosaic that is our community and its people!



Making a long-held dream a reality!



Shirley Gillingham
(Photo: Living SJ)

by **Living SJ**

For nearly 20 years, Shirley Gillingham knew what she wanted: a career in accounting. Now, thanks in part to support from the Saint John Learning Exchange, she is making it a reality. Shirley got her GED and has been working on advanced math. Along the way, she received financial incentives for meeting incremental goals, part of a pilot project testing how incentives may help motivate people towards bigger education and employment goals. It is supported by the Social Innovation Fund, a five-year, \$10-million provincial investment in creative ways of countering generational poverty. In the fall, Shirley will start the business accounting program at the New Brunswick Community College.

“Once I put my mind to something, I’m all in,” she says. “I can’t sit on my hands.”

Bienvenu à Béatrice Vermaut, Travailleuse d’établissement dans les écoles

par **Emmanuelle Wingfield, Conseiller francophone pour l’établissement des nouveaux arrivants**

Dès son arrivée à Saint-Jean, Béatrice commence à travailler à la garderie francophone, puis saisit très vite l'opportunité de devenir éducatrice spécialisée en intervention précoce. Elle travaille avec toutes les équipes (école, services sociaux, professionnels médicaux, district, éducateurs, ...) autour de la petite enfance et avec les familles.

Béatrice Vermaut travaille désormais avec les familles des nouveaux arrivants clients du Centre de Nouveaux Arrivants. Elle apporte le soutien pour l'école, accompagne les enfants dans le processus de francisation ce qui va leur permet de réussir les études et de mieux s'intégrer au Centre Scolaire Samuel de Champlain.



Béatrice Vermaut
(Photo: Samuel de Champlain)



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Tasty Tuesdays: lunch and drop in



(Photos: Jill Roberts)

by Jill Roberts, RN

The Market Place Wellness Centre is pleased to be working in partnership with the Westside Food Bank, the Carleton Community Centre (CCC) and Harbour View High School to offer a Tasty Tuesday Program.

Each week, the Culinary Technology class at HVHS, under the direction of teacher Jacinta Gallagher, prepare a meal that is offered to community residents between 12 noon and 2 pm. A community volunteer serves up dishes like chili, hearty vegetable soup, and corn chowder. Recipes are made available for those who wish to test them at home.

Please stop by the lower level of the CCC (Food Bank/Market Place Wellness entrance) and enjoy your lunch there, or feel free to head upstairs where you can access a computer, read the paper, or chat with others. Special thanks to the 2018 Working 4 Change Team for making this possible!



Summer Fun at 880 Danells Drive

by Wendy Coughlin

In June we will be hosting students from Beaconsfield Middle School who will be planting marigolds for us in our gardens. We will be treating them to watermelon. Summer at 880 Danells Drive means BBQs and we are planning lots of them. Hopefully the weather will cooperate.

Canada Weekend we are planning a large BBQ with salads. New Brunswick Day is always another large celebration for our residents. We always wrap up our summer activities with a Corn Boil for Labour Day. Looking forward to lots of fun and good food!

New garden in Crescent Valley

by Olivia Clancy, RD, Food Security Coordinator, CRVC

Construction is underway in Crescent Valley! Our new community garden (on the corner of Belyea St. and Taylor Ave.) is getting closer to being complete every day.

If you are interested in learning more about gardening, come to one of our regular gardening workshops.

The workshops are free of charge and cover many different topics related to gardens and growing produce! To find out more about our workshops and to keep up to date on our progress, please check out our Facebook page The Growing Place (@thegrowingplacecvc).

For support to fund the Growing Place, thanks to:

- The Greater Saint John Community Foundation;
- NB Economic and Social Inclusion Corporation;
- NB Department of Social Development;
- NB Department of Post-secondary Education, Training, and Labour; and
- the Environmental Trust Fund.

Thanks to the City of Saint John, the Department of Social Development, North End Food Bank Association, and ACAP Saint John for their partnership, and to the volunteers who are making this project possible.



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Vial for Life

by Jill Roberts, RN

The “Saint John Vial for Life Program” is one of many similar initiatives that take place worldwide. The program name can vary, but the overall goal is the same.

Vial for Life is designed to provide emergency responders with an accurate, up-to-date medical summary, including: a list of current medications; known allergies and illnesses; and next-of-kin contact information.

The information sheet is placed in a plastic vial and the vial is labelled with a bright yellow sticker. It is then placed in the refrigerator on the egg rack or taped inside the wall of the refrigerator. A second Vial for Life sticker is then placed near the front door, or in another prominent place, to alert first responders that the vial with medical information is available.

This is especially important if an individual is unconscious, forgets valuable information, or is unable to communicate when emergency personnel arrive. Every second counts! If you or your organisation would like more information, please contact Jill Roberts, RN, at 674-4307.



Questions about our services? Call anytime or visit us at www.BrenansFH.com

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Helping the helpers: The Salvation Army



Sandbagging site on Saint John's West Side
(Photos: Salvation Army)

by Louise Armstrong

The Salvation Army helped during the Flood Operations of 2019 by providing hydration and nutrition to those working tirelessly in ensuring all residents affected by the flood were supported.

The Community Response Unit provides a variety of drinks, snacks, and a hot lunch that is cooked and served directly off the truck.



A Saint John firefighter gets a well-earned snack break during the flood operations



Around the Block interview: Councillor David Hickey

by Lorna Brown

David Hickey, 24, was recently elected City Councillor for Ward 3. This Ward includes many of our readers' neighbourhoods, such as the South End and the Lower West Side. He sat down with *Around the Block* to talk about his vision for change.

You launched your successful campaign to become Councillor for Ward 3 at the Social Enterprise Hub in the Waterloo Village. Why?

My number one priority is, and has been since Day One, poverty. We have a 34% poverty rate in this ward and a 49% child poverty rate. One in two kids in this ward don't have housing security or food security, and that is completely unacceptable. If we want to have growth as a community and a city, it has to include poverty reduction.

What should the residents of our communities know most about you as a person?

The biggest thing is I want to be an advocate for them. One of the most frustrating things for those who have not been involved in the process is when someone takes an issue to a politician and is told, that's not me, go see this other person. If it's not me, I will help you find the right person. There is no "wrong door." When you get someone in the door, especially from a priority neighbourhood, you have to do the work to make sure that they stay there, that the system is working its best for them. Just turning people away is not the right thing to do.

What are the non-negotiable items on your agenda for Ward 3?

My biggest concern is that when cuts do come down, they usually come down on the most vulnerable; those are the easiest services to cut. I consider that services that are working to help our most vulnerable are absolutely essential services. When cuts come, those residents rarely have anyone to stand up for them.

You have said you want to engage with the residents of the priority neighbourhoods. How will you do that? What is your vision for linking the residents of priority neighbourhoods to the opportunities of which you speak?

I was door-knocking in the South End and met a woman who told me, "I grew up in poverty, my parents grew up in poverty, and now I am raising my kids in poverty. I have seen so many people come and go talking about 'growth' and no matter what it is, 'growth' hasn't included me." My vision is: We need growth that includes everyone. That means protecting housing affordability, having mixed-income housing in our neighbourhoods, and having good quality, affordable housing. Housing and food are absolutely critical.

How will you be able to move the vision forward?

I see two roles for City Council. The first is day-to-day operations, passing bylaws, but the second is thought leadership. My goal is to build a vision for the City that everyone has a chance to buy into and get involved with. We need to put that lens on all our decisions. Yes, we do need to increase our property tax base to provide better services, but you don't do it by squeezing out the people who already live here! We have amazing organizations, for example here at the Hub, PULSE, the Carleton Community Centre, changing attitudes and changing that dynamic. I am excited to join a team that is going beyond survival mode, looking at what our city can be in five years, ten years. And when we can get our *people* out of survival mode, into education and long-term career planning, that's when you fracture generational poverty and things start to change.

You have talked about solution-based policy. What is that?

The biggest thing about policy for me is that it is outcomes driven. I want us to engage with the community organizations to see, how do we get that 34% down to 33 and then down to 32? And then down to 30? With solutions-based policy we say, here are the exact deliverables we are hoping to get out of this policy. And then over time we measure whether we have achieved them and see what we need to adjust.

What would you say to residents of the priority neighbourhoods who read this and want to get engaged or want to reach out to you?

Contact me at (506) 721 5690 or david.hickey@saintjohn.ca



David's campaign launch at the Social Enterprise Hub



Here to work for you.

Contact: 721-5690
david.hickey@saintjohn.ca

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HICKEY**

Your Common Concillor in Ward 3

#EnergySavingsTip

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City playground schedule Summer 2019

by Lynn Kaine, Parks and Recreation, City of Saint John

Here are the sites that the City operates for Summer Playground Programs:

- Lakewood Heights
- Champlain Heights
- Glen Falls
- Beaconsfield,
- Barnhill
- Lorneville.

Non-city operated sites which we support:

- Nick Nicolle One Change
- CVRC
- Carleton CC
- Milford CC
- Teen Resource Centre
- Latimore Lake CC

Programs run from June 24th till Aug 16th - all free of charge!



RESUME WORKSHOP

Mondays @ 10am

The Agar Work Room

1 Agar Place (off waterloo street) in Service Canada building

To register, please call
658-5580 or email

fiona.watson@nbed.nb.ca



www.careersthatwork.ca

Food purchase contest Deadline: June 20th at noon

by Juanita Black

This is issue 65 of *Around the Block* and our food purchase contest, sponsored by Saint John Energy, which provides two \$15 fresh fruit and produce orders for each issue of *Around the Block*. To enter the draw, you need to find hidden anywhere, in the pictures, the ads, or in the stories throughout *Around the Block*, two Saint John Energy logos (not including this notice, the SJ Energy logo on page 1, or the Saint John Energy ad on page 14).



Send your answers, with your name, address, and phone number to sjcommunitynewspaper@gmail.com or call 647-4850 and leave a message with your name, answers, and contact details. You need to identify the page and location of each hidden logo.

Only one entry per household. Correct answers will go into a draw for one of the \$15 orders.

The contest will end Thursday June 20th, 12 p.m. Winners will be called with the location where you can pick up your order.

The contest winners of issue #64 were Marlyn Morrell and Rebekah Pearce. We will list the winners of the issue #65 contest on the Human Development Council Facebook page on Friday June 21st.



Around The Block Team (Issue 65)

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Lower South End: Mary LeSage
Crescent Valley: Anne Driscoll
Waterloo Village: Penni Eisenhauer
Lower West Side: Krista Creamer and Jill Roberts
Proofreaders: Rona Howald, Joanne Britton, Mark Driscoll, Belinda Kumar, and Lorna Brown
Community volunteers: Lyn King and Debbie McLeod
Layout and Design: Juanita Black and Lorna Brown



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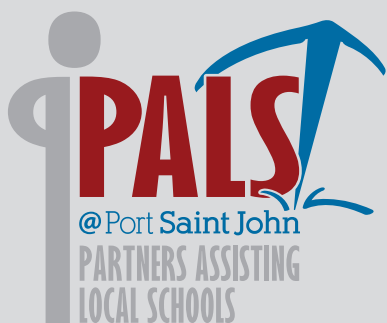
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Entry to Community Day is free to all. Food items and 50/50 tickets are sold for a small fee with proceeds going to support the work of PALS.