



Around *the* Block

Issue 67 October/ November 2019 sjcommunitynewspaper@gmail.com

Published six times a year by the Saint John Human Development Council

Loan Fund celebrates 20 years!



A job well done atop the Solar Hub, 139 Prince Edward Street
(Photo: Saint John Community Loan Fund)

By ATB and Loan Fund staff

The Saint John Community Loan Fund is celebrating 20 years of achievement with a public event on Thursday November 21st from 4:30-6:30 p.m. at the Social Enterprise Hub, 139 Prince Edward Street – a building that the Loan Fund and its partners built in the Waterloo Village.

The Loan Fund's mission is to help individuals and organizations attain greater self-reliance and to improve social conditions through entrepreneurship. They work with creative and enterprising partners on poverty reduction and community well-being.

The event in the Atrium of the Hub is open to the public and will feature music, videos, and a reception. The anniversary celebration will shine a light on the achievement of the clients who have been through Loan Fund's training programs, many from the priority neighbourhoods, some speaking in the videos and some in person.

To find out more about the Loan Fund, see the *ATB* interview with General Manager Seth Asimakos on p 14. Seth says, "It's important to celebrate what we have done, but more important to recognize that we can do more. We started very small, we've achieved outcomes by investing locally in our community and in our neighbourhood, we've invested in individuals starting businesses, and working with partners in collaboration we've invested in larger projects, and it's important to recognize that – that we started as a little idea and that we've been able to sustain ourselves and have some significant impact. And if we can attract more investment and with more collaboration in a larger region, then we can accomplish a lot more!"

"A sense of belonging": new school/community hub proposed for South End



An attentive crowd learns details of the proposed new school in the South End, September 17th (Photos: Randy Hatfield)

By Lorna Brown, Editor, *Around the Block*

On September 17th, 2019, an impressive crowd gathered at Saint John the Baptist/King Edward School to listen to a presentation about the proposed new K-8 school for the central peninsula.

According to Develop Saint John's media release on September 5th, the Central Peninsula School Task Force retained award-winning HMFH Architects who worked with "key stakeholders at an input session last summer as well as spending time in the community to listen to what people had to say."

Heather Chase, Chair of People United in the Lower South End (PULSE) and a member of the Task Force mentioned the "opportunity to create both a new school and an integrated and accessible year-round community hub that everyone can use."
(Continued on page 9)

From the Editor's desk Lorna Brown,
647- 4850, sjcommunitynewspaper@gmail.com

Anniversaries are a time of celebration and reflection. *Around the Block* has been the voice of the priority neighbourhoods for 11 years. The Saint John Community Loan Fund (above left and p. 14) has been helping people lift themselves up for 20. What I have been reflecting on is our anniversary issue's other theme: wellness.

"Wellness" most often means taking good care of our bodies, to allow us to live life to the fullest and prevent many illnesses. More and more, mental wellness is coming into our conversations in Saint John; see p. 8 for how to join the Parade for Change on Oct 23rd to support those struggling with mental health issues.

But wellness as an approach is positive for every aspect of our lives. For example, community policing is part of social wellness - helping address problems before they grow (see the article on p. 12). The wellness of our democracy depends on our individual participation - every one of us getting out to vote so we can have a say in the future of our communities. The Saint John Human Development Council has put in a four-page liftout (E1-E4) on voting and why it's important. Please: go vote on Oct 21st.

Social justice and community development programs in our priority neighbourhoods are whole-life wellness efforts; ultimately they help people to find purpose, and give them the tools to achieve their purpose. As Seth Asimakos said in his interview (p. 14), this changes the tides. May you all seek wellness, and find it. And ask for help if you need it - so many people care about you!

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SAINT JOHN





Old North End • Old North End • Old North End • Old North End • Old North End • Old North End

Reclaiming the neighbourhood!

by Julia Cool

It has been busy in the North End in recent weeks. We have an amazing project going on here at ONE Change; we have partnered with the Saint John Tool Library, the Do It Yourself (DIY) Centre and many more organizations, which joined together in reclaiming one of the boarded homes on Victoria Street. The weekend of September 13th, with over 40 volunteers and 160-200 hours of cumulative work, they filled three dumpsters, gutting the house. There is still a lot left to be completed in the months to come but we are excited to see life coming back to this home.



North End community build crew
(Photo: ONE Change)

ONE Future = bright future!



(Photo: ONE Change)

by Kendra Gautreau

ONE Change and the Nick Nicolle Centre have welcomed two new faces. Meet Kendra and Jill, coordinators of the new ONE Future youth employment skills program. ONE Future is focused on tackling youth employment-related challenges. It brings together instructors from Workplace Essential Skills (WES) and New Brunswick Community College (NBCC) along with workplace training opportunities in our community.

If you are an unemployed/low-income youth, between the ages of 15-30, and are interested in receiving real training from NBCC in either Technology Mentorship or Community Development, and working in your community, then Kendra and Jill are interested in hearing from you! Please call 658-2980 or email: onefuture.onec@gmail.com.

Programs for kids



Happy kids in the After School Program
(Photo: Christa Petts)

by Latoya Grant

Here at the ONE Change, we have a variety of different programs. In our After School Program, children from Grades K to 5 learn new things, make crafts, play games, have a snack. We are introducing our Makerspace as well. We also have evening programs the kids can participate in this year, as well as a dance class. As well, we have various sports such as basketball, soccer, and ball hockey. There is also chess, arts and crafts, and a girl's night, and a dance every Friday night. The children always enjoy the time they spend at the centre.

Community dinner on Wednesdays



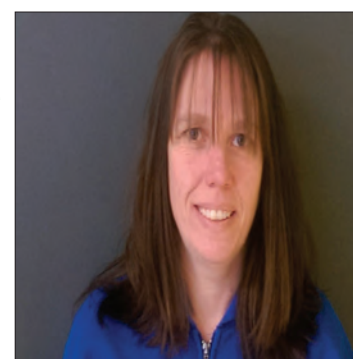
The kitchen crew at work (Photo: Christa Petts)

by Christa Petts

We are so excited about our fall programs starting. Community Dinner began on September 18th, 2019, 12 p.m. We would like to welcome back all our volunteers: Louise Buick, Eric Garnett, Marie Kindred, Joan McInnis, Gerry Leavitt, Rose Young, Terry Aitcheson, Bob Carter, John Cailey, and Helene Williams. Our kitchen crew work hard to make amazing home-cooked meals every Wednesday. We would like to welcome back all our residents, who come and join us every Wednesday. We love meeting and chitchatting with all our friends and family here at ONE Change.

North Neighbourhood Contact

Christa Petts
christa.onec@gmail.com
Nick Nicolle Community Centre
85 Durham Street
658-2980





South End • South End • South End • South End • South End • South End • South End • South End • South End

Comings and goings: People United in the Lower South End (PULSE)

By Mary LeSage, PULSE

We had a fantastic summer! Thanks to our partners (Inner City Youth Ministry, Greater Saint John Community Foundation, Horizon Health, Saint John Free Public Library, Saint John Boys and Girls Club, Port Saint John, and more) who supported the Summer Lunch Program Backpack Initiative.

Please watch our Facebook page for a Community Day that will take place at Rainbow Park in the very near future to help out with finishing off the play park!

Don't forget to join us on October 31st at 251 Wentworth Street from 5:30-7:30 p.m. Would you like to support PULSE and buy a poster? For \$10, you can put a "We support PULSE" poster in your window. And send the trick or treaters our way!

Please remember our monthly Food Purchase Club Money is due October 11th and November 15th, and comes back to you the following Friday. We have \$15 and \$25 orders available! We even have a Pay it Forward option where you can provide a single person, a couple or a family with fresh fruits and vegetables!


As always if you haven't got your income tax filed, we can help you out with that!

We are always looking for volunteers, come in and talk to me and see what you can do to help out your neighbourhood.

Stay tuned for exciting news about our Emergency Pantry opening!

Cst. Duane Squires can be reached at 977-1733 or duane.squires@saintjohn.ca






LIVINGSJ
Ending Generational Poverty

Congratulations to
AROUND THE
BLOCK
on your
anniversary!

Thank you for sharing
your inspirational stories!



Thank you to Saint John Hyundai

By Mary LeSage, PULSE

Many thanks to the staff and clients of Saint John Hyundai who reached out to us to help 'Stuff A Santa Fe' event with school supplies! You didn't disappoint! Because of you, we were able to help over 20 families with school supplies! On behalf of the south end residents, thank you for your partnership!

Good news story



Major Orest: "A little off the sides"
(Photo: The Salvation Army)

By Major Tracy Goyak, Church & Community Pastor, Salvation Army Hope Community Chrch

The Salvation Army hosted a Wellness Day on Tuesday, September 17th. The Salvation Army partnered with Eastern College Barbering students to offer free haircuts. We also had a massage therapist on site offering free massages and a registered dietician presenting to the friends of The Salvation Army on healthy eating and proper reading of food labels. The day ended with a healthy lunch. 76 people attended.

Safe Harbour House

By Nick Shepard, Outreach Coordinator, Partners for Youth

What is Safe Harbour House ? Safe Harbour House provides youth ages 16-19 with a supportive environment and help equip them with the tools to live independently.

To accomplish this goal, Safe Harbour staff work with each youth on their own plans related to education, employment, mental health, addictions recovery, building supportive relationships and life skills development. How long each youth lives at Safe Harbour depends on their own level of readiness to transition out into their own space.

If you are a young person ages 16-19 and in need of housing in order to get your life back on track, you can visit our website Partnersforyouth.ca and fill out the online application form. Youth can also be referred by any agency they may already be working with.

South Neighbourhood Contact

Mary LeSage
pulseinc@bellaliant.com
251 Wentworth Street
632-6807



Grand opening: The Growing Place

By Olivia Clancy, RD, Food Security Coordinator, CRVC

We had a wonderful celebration on Monday, Sept 23rd, at The Growing Place Community Garden in Crescent Valley to celebrate our grand opening and successful first season. It was a beautiful day to officially open the garden. Sponsors, supporters, community partners, and neighbours were in attendance as we cut the ribbon and enjoyed food from the Middle East Café and Stone Soup, as well as music from Sistema NB. Vendors from the neighbourhood sold homemade food and preserves at the pop-up farmers' market set up in the greenhouse. The excitement is building for next season and winter gardening in the greenhouse. Special thank you to our funders and supporters who came to support the garden!



The ribbon cutting with funders, supporters, and students from Hazen White-St Francis School (Photo: CVRC)



The Executive & Board Of The
Crescent Valley Community
Tenants Association
Would Like To Congratulate
"Around The Block"
On The Amazing
11th Anniversary
Of Their Community Newspaper.

Crescent Valley Neighbourhood Contact

Anne Driscoll
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130 MacLaren Blvd.
693-8513



Canada Child Benefit cheque: change the date!

By Juanita Black, Resident, Crescent Valley

Many years ago, as a single parent on income assistance, I remember thinking the date should be changed for the Canada Child Benefit (CCB). There is a long wait between the Income Assistance cheque and the CCB cheque.

Currently, the CCB is usually issued on the 20th of each month, and for anyone on income assistance you receive a payment at the end of the month. And then the cycle starts again, no more money coming in for approximately three weeks until the next CCB arrives.

As I said in my letter to the *Telegraph Journal*, this is stressful and challenging for parents trying to feed their children, for the children themselves, and for food banks that are trying to help those families.

Moving the CCB up to the 15th of each month would have practical benefits right away:

- It would allow our families to budget better, in two-week cycles. This would reduce stress and increase quality of life and nutrition.
- It would lessen some of the long line-ups at local food banks.
- It would boost the morale of those on assistance, because they would receive funds just like people not on assistance, every two weeks (or so).

Changing the date cannot be impossible; the Government of Canada already gives out the CCB earlier than usual each December. This simple change would have far-reaching positive impacts for the people most in need.

It would be the Canadian thing to do.

HAPPY ANNIVERSARY!

—THE GROWING PLACE
& CRESCENT VALLEY RESOURCE CENTRE



The Honourable Trevor Holder MLA Portland - Simonds

Constituency Office:
229 Churchill Blvd. Suite 11
Tel: (506) 657-2335
Email: trevor.holder@gnb.ca

Office Hours: Monday: 8 a.m. - 4 p.m.
Tuesday, Wednesday and Thursday: 9 a.m. - 1 p.m.
Friday: Closed



News from Carleton Community Centre

Exciting news from the Carleton

The Carleton Community Centre is pleased to announce that we have partnered with the Boys and Girls Club of Saint John! Beginning this fall, staff from the Boys and Girls Club will be delivering all children and youth after-school and evening programming at the Carleton! The BGC is a leading provider of quality programs for children and youth that support their healthy physical, educational and social development.

If you are interested in applying for a position working with children and youth in our after-school or evening programs, please join us for our Recruitment Information Session.
Note: Applicants must be at least 18 years old with a high school diploma.

The Carleton Community Centre, Inc. and the Boys and Girls Club are eager to begin our fall programs. Look for registration information coming soon! We can't wait to see you!



Recruitment Information Session

Thursday, September 26, 2019
Carleton Community Centre
6:00 p.m. - 7:00 p.m.

For more information
Call 658-2920 or email info@carletoncommunitycentre.ca
www.carletoncommunitycentre.ca




Delivery opportunity!
Want to join *Around the Block's* motivated delivery team and pick up a little cash? We are looking for someone to deliver the bimonthly community newspaper on the Lower West Side. If you are interested, contact Juanita Black at juanita@sjhdc.ca or (506) 651-3044.

Congratulations Around the Block!

~11 years~
of
Good News
Stories!



From your friends at
Quality Learning New Brunswick
Qlnb.blogspot.com



The Honourable Dorothy Shephard
MLA Saint John Lancaster

640 Manawagonish Road
Saint John, NB E2M 3W5
*Constituency Office is located
at side of building facing Church*

Tel: (506) 643-2900
Fax: (506) 643-2999
Dorothy.Shephard@gnb.ca
www.gnb.ca

New Centre Director at CCC:
Dustin Leclerc

welcome



Carleton Community Centre, Inc.

The Carleton Community Centre Inc. is pleased to announce the appointment of **Dustin Leclerc** as our new Centre Director.

Dustin has held various management roles in the non-profit sector. As relationship manager for the United Way, Dustin helped to raise \$1.78-million for the United Way, a leading agency in creating measurable impact in our region. He is passionate about making strong and valuable connections and working towards positive change in our community. Please join us in welcoming Dustin to the Carleton Community Centre.



Market Place Wellness updates

Market Place Wellness Centre, Carleton Community Centre

- Specimen collection is now Mondays and Tuesdays, 8 a.m.-3 p.m. Appointments only: 648-6681, press #3
- Food Bank, winter hours: twice per week, Tuesdays and Fridays, 1-3 p.m.
- Smoking Cessation Program: call 674-4335 for an appointment
- Free Health Coach Services: please call Lesley, 608-6498
- Free Gentle Path Counselling Services (state "West"): call 652-7284, press 0
- Social Development case worker on site Tuesday 1-3p.m., or by appointment
- Senior-led fitness program/ Falls Prevention for ages 50 and up ("Zoomers"), free. Schedule: Tuesdays 10 a.m. and Fridays 11 a.m. All participants must have an initial assessment. 674-4335.
- Pickle Ball: Mondays, Tuesdays and Wednesdays p.m., full at present.
- Community Garden Plots - Registration for 2020 will be at the end of the year.
- Social Worker/Dietitian/Counselling: by appointment, 674-4335
- Art Class: Tuesdays, 10 a.m.-12 noon commencing November 4th. Please contact Kimmy.cookson@gmail.com or 506 651-4537
- Yoga: Monday, Wednesday and Thursday, 10 a.m. @ C.C.C. \$7
- Tasty Tuesdays downstairs: 12-2 p.m.
- Drop-in Bridge: 1-3 p.m. Mondays and Fridays

West Neighbourhood Contact

Jill Roberts
Jill.Roberts@HorizonNB.ca
120 Market Place 674-4307



New project provides nutrition to learners

By Penni Eisenhauer and Lorna Brown

WESLinks Pantry Project at the SJ Learning Exchange, in partnership with the Waterloo Village Neighbourhood Association, had its official launch at WVNA's September 25th meeting. We had a great presentation from the learners who have been working on this initiative for the past six months.

The Pantry Project's purpose is to address the issue of food security for students at the Learning Exchange by providing food, especially for breakfast and lunch, but also healthy snacks and even basic hygiene items. Tracking data shows that the pantry is most often used from the 15th-19th of the month, during the last days of the three-week gap between income assistance and the Canada Child Benefit on the 20th.

The project has had a tremendous amount of success and support from the community and business with donations. If you would like to support this project please email WESLinksPantryProject@outlook.com or call 648- 0202.



Learning Exchange students use the WESLinks Pantry on the honour system, taking only enough food for that day's breakfast and lunch, and tracking their use on sheets on the fridge and pantry (Photo: Lorna Brown)



Recovery Day 2019

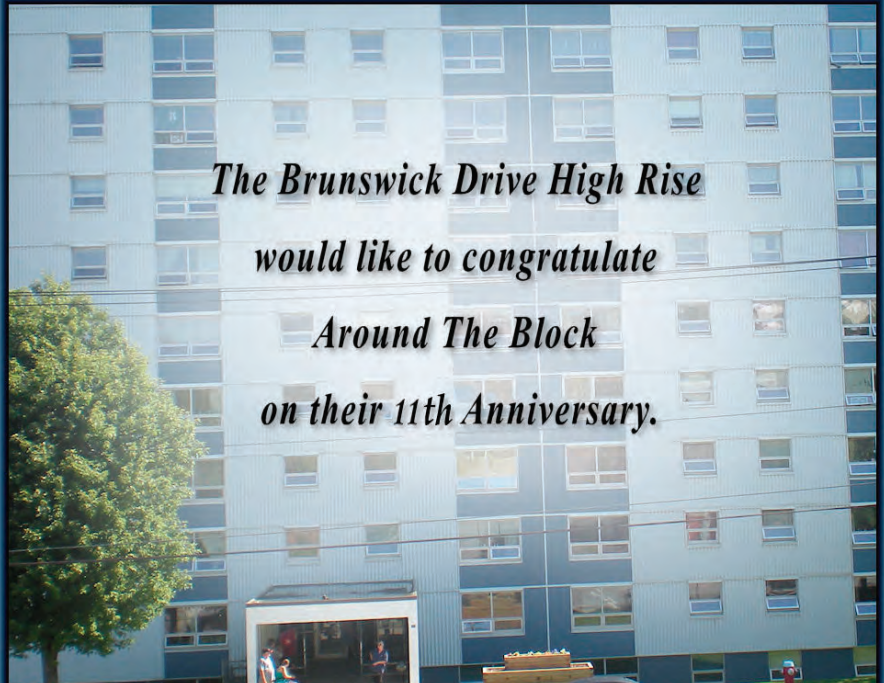
On September 19th, 2019, a big crowd in King's Square was inspired by personal stories of hard-won triumph and by the Sophia Choir's message of hope and support to those seeking recovery. (Photos: Lorna Brown)





**CONGRATULATIONS
AROUND THE
BLOCK ON YOUR
11TH ANNIVERSARY!!**

**Pathways
to Education**



*The Brunswick Drive High Rise
would like to congratulate
Around The Block
on their 11th Anniversary.*

Gerry Lowe
MLA Saint John Harbour

Constituency office is at the Mall
100 Prince Edward Street, suite #124
Saint John, N.B. E2L 4M5
tel: 506-643-2001
email: Gerry.Lowe@gnb.ca

Hours: Monday - Friday 8:30 a.m. - 1:30 p.m.



**Waterloo-Village
Neighbourhood Contact**

Penni Eisenhauer
commorg.penni@gmail.com
Saint John Learning Exchange
139 Prince Edward Street
647-8047



Youth Enhancement Program supports wellness at Hazen White-St. Francis

By Ann Barrett

The Youth Enhancement Program Inc. is a charitable organization that seeks funding to help supplement the Hazen White-St. Francis nutritional programs.

For this school year, the NB Children's Foundation has granted \$15,000 for these programs. This extra funding is needed so all students have a nutritious breakfast, lunch, and healthy snacks during the day and before after-school programs. This adds to the wellness and energy levels of the students and helps them to be ready to learn.

Thank you to NB Children's Foundation for your continuous support over many years.



Youth Enhancement Program, Inc. (YEP) receives cheque to help support the nutrition programs at Hazen-White/ St. Francis School. Receiving cheque (left) is Ann Barrett, Secretary / Treasurer of YEP from Marilyn Lester, President of NB Children's Foundation. Photo: Monica Chaperlin

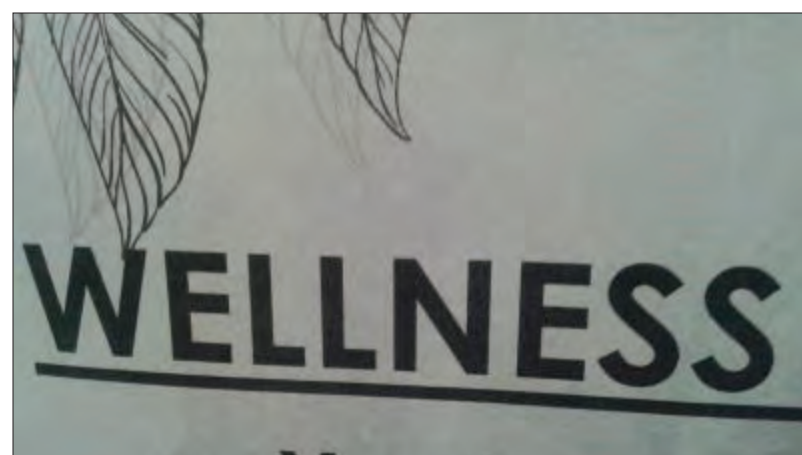
Wellness at SJBKE

By Ben Gillcrist, Community Schools Coordinator, St. John the Baptist/King Edward School

Wellness informs everything we do at St. John the Baptist/King Edward- the realities of working in a Community, both as student and staff member, demand a certain degree of self-reflection - when you spend all of your time putting your best foot forward for others, sometimes you forget to take steps for yourself. Stress and worry take a toll on everyone, so we are always looking for ways to infuse our days with activities and uplifting moments.

SBJKE has a fine Staff Wellness Committee that has really taken up the task and have greatly expanded their operations. Staff events like collective hockey game trips/social gatherings, random and selected draws, and little favours or reminders on staff desks or workstations reinforce our sense of collegiality and worth - a little goes a long way, and the bigger things remind us that we're all part of a very important whole- again, in a high stress inner city school, the importance of this element can't be overstated.

Wellness for our students is essentially 'job 1'. Our school mantra is taken up with making sure that kids are OK first - we approach our learning goals through this lens and combine wellness with regular outcomes- reinforced by a wonderful broad school community and partners, who help us uplift our kids through many activities, clubs, and so forth. Taken together, we are all wellness champions!



Congratulations Around the Block on your 11th Anniversary

P.R.O. Kids is a charitable program operated by the City of Saint John that matches children and teens in financial need, with organized, registered recreation activities.

Application Deadlines

| | | |
|-----------------------------|-------------|---------------------|
| Winter Program begins after | December 1 | Apply by Oct 31 |
| Spring Program begins after | March 1 | Apply by January 31 |
| Summer Program begins after | June 1 | Apply by March 31 |
| Fall Program begins after | September 1 | Apply by May 31 |



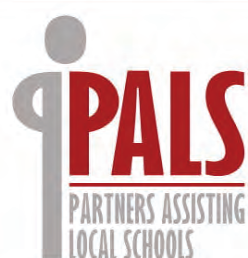
P.R.O. Kids
POSITIVE RECREATION OPPORTUNITIES
FOR KIDS

 SAINT JOHN

www.prokidssj.ca

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- Coaching
- Focus on Literacy
- Having Fun
- Tutoring
- Breakfast/Lunch Programs
- New Opportunities
- After School Programs
- Career Exploration
- Making a Difference



Deborah Fisher
fisher.deborah@jdirving.com

Susan Tipper
tipper.susan@jdirving.com

We ALL have something to offer!

55+ group

By Major Tracy Goyak, Church & Community Pastor,
Salvation Army Hope Community Chruch

The Salvation Army will be hosting a 55+ Group every second Tuesday of the month (except for December) from 10 a.m.-12 p.m. Seniors will meet together for an hour of education, fun, and fellowship and end with a lunch. All seniors welcome.

Parade for Change, Oct 23rd, 7 p.m.

- Purpose: To show support for those struggling with mental health
- Starting point: Kings Square
- Route: Down King Street to the Boardwalk

Individuals, schools, community groups, businesses - all are invited to walk in the Parade for Change. Feel free to bring posters and banners.

After a walk in silence down King Street, there will be guest speakers, shared stories, and opportunities to connect on the Boardwalk till 9 p.m. For more information see the Bridge of Hope-Saint John Facebook page.

October programs at Sophia

During the month of October, Sophia Recovery Centre will be running a number of programs with the ultimate goal of improving the wellness of women in our community:

- Morning Meditation (every day at 9:30)
- Overcoming Codependency
- A Woman’s Way through the Twelve Steps
- Big Book Discussion
- Yoga
- The Art of Prayer
- Building Your Recovery Tool Kit

For more information, please see our website (www.sophiarecoverycentre.com) or call 633-8783. We also encourage women who struggle with addiction of any type or those who are hoping to strengthen their recovery to drop by our centre at 83 Hazen Street. One-on-one sessions with recovery coaches can be made by appointment.

Congratulations to Around The Block on their 11th Anniversary!





3 Quick Health & Wellness Tips:

1 Remember your flu shot every year

2 Put down your phone and go outside for half a hour everyday

3 Stay hydrated and drink 2 liters of water everyday

A healthy and engaged team is crucial to our community success!



Empty Stocking Fund registration for Christmas 2019

By Blair Thompson, Rivercross Church

Registration starts soon for the Empty Stocking Fund!

What to bring:

- Current Medicare card for yourself and for each person you register
- Proof of address – one of the following: driver’s license, bill, rent receipt, or health card

Locations and dates

- Rivercross Hope Mission, 211 Main Street (Far Door, past Food Bank): November 1st-10th, November 12th-18th, 9 a.m.-noon
- Crescent Valley Resource Centre, 130 McLaren Blvd: November 4th and 6th, 1-4 p.m.
- Saint John Newcomers Centre, 165 Union Street: November 14th, 1-4 p.m.

You may also register with a social worker or other organizations. Remember: Please do not register for the Empty Stocking Fund more than once. If you register at one location, you are not allowed to register anywhere else.

BBBS 3rd Annual Inspire Mentoring Awards, Nov 7th, 2019

By Rhoda J Welshman, BBBS

On November 7th, Big Brothers Big Sisters of Saint John will hold the 3rd Annual Inspire Mentoring Awards at the Delta Marriott Hotel. Not only a successful fundraising stream, this event serves as a platform to celebrate mentoring of all kinds taking place right here in our community.

Celebrate with us as we recognize the 2019 recipients; Derek Oland, Janice MacMillan, Don Darling, Deborah Fisher and Isaac McLellan. Hear stories that will inspire you for years to come. Stand with us as we raise our voice in mentoring; we are #BiggerTogether. For more information please visit www.bigbrothersbigsisters.ca/saintjohn or call 635-1145.

Questions about our services? Call anytime or visit us at www.BrenansFH.com

It’s traditional...

There are many traditions surrounding funerals. The oldest have been with us for centuries, the newest; they’re being created every day. It’s our tradition to do everything we can to ensure that each family that turns to us gets the service they expect, the respect they deserve, choices that suit their budget and everything they need to find meaning for today and hope for tomorrow.





Sharlene MacDonald

Lethe Kerr

Karen Belyea

Kate Lavhey

John W. Doyle

Stephen MacMackin

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Federal Election Special

Around the Block



• Saint John Human Development Council • www.sjhdc.ca

Editor: Randy Hatfield, Executive Director, SJHDC

Election content prepared by Chelsea Driscoll, SJHDC

At least once every four years Canadians get the chance to make their voices heard by exercising their right to vote. Being a democracy is part of what makes Canada the great country that it is. But democracies only work if people participate. One of the most important ways to participate in a democracy is to vote.

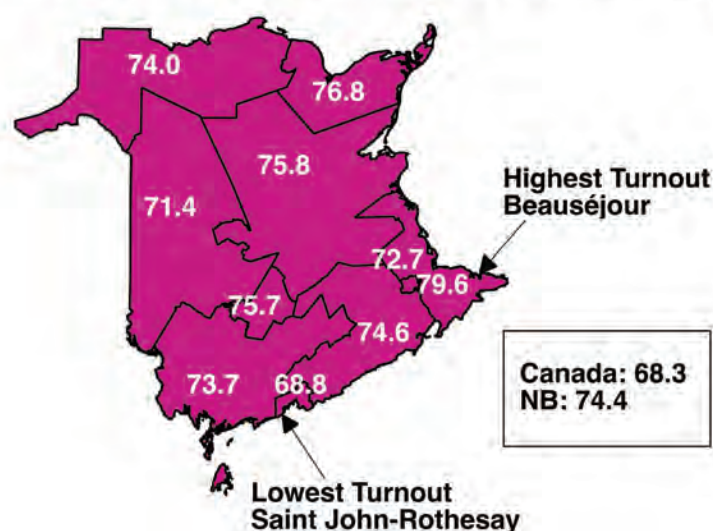
On October 21st Canadians will be going to the polls to vote in the 43rd Federal Election. *Around The Block* and the Saint John Human Development Council want to encourage everyone in our community to get on the voters list, get informed, and vote—and we're here to help! Need a reason to vote? Take a look at "Why Vote?" below. Not sure how to vote? All the steps are listed for you on page E2. Also, be sure to check out the "Three Levels of Government" on page E3 and keep the federal issues in mind when listening to candidates. Let's make our voices heard in the 2019 federal election!



For updates and info about the election and local issues, like our Facebook page!
Saint John Human Development Council

You can also check out our website where we have included a special section for election info! Simply choose the 2019 Federal Election drop down to find the 10 riding profiles for New Brunswick! www.sjhdc.ca/riding-profiles.html

Voter Turnout in NB 10 Ridings (%)

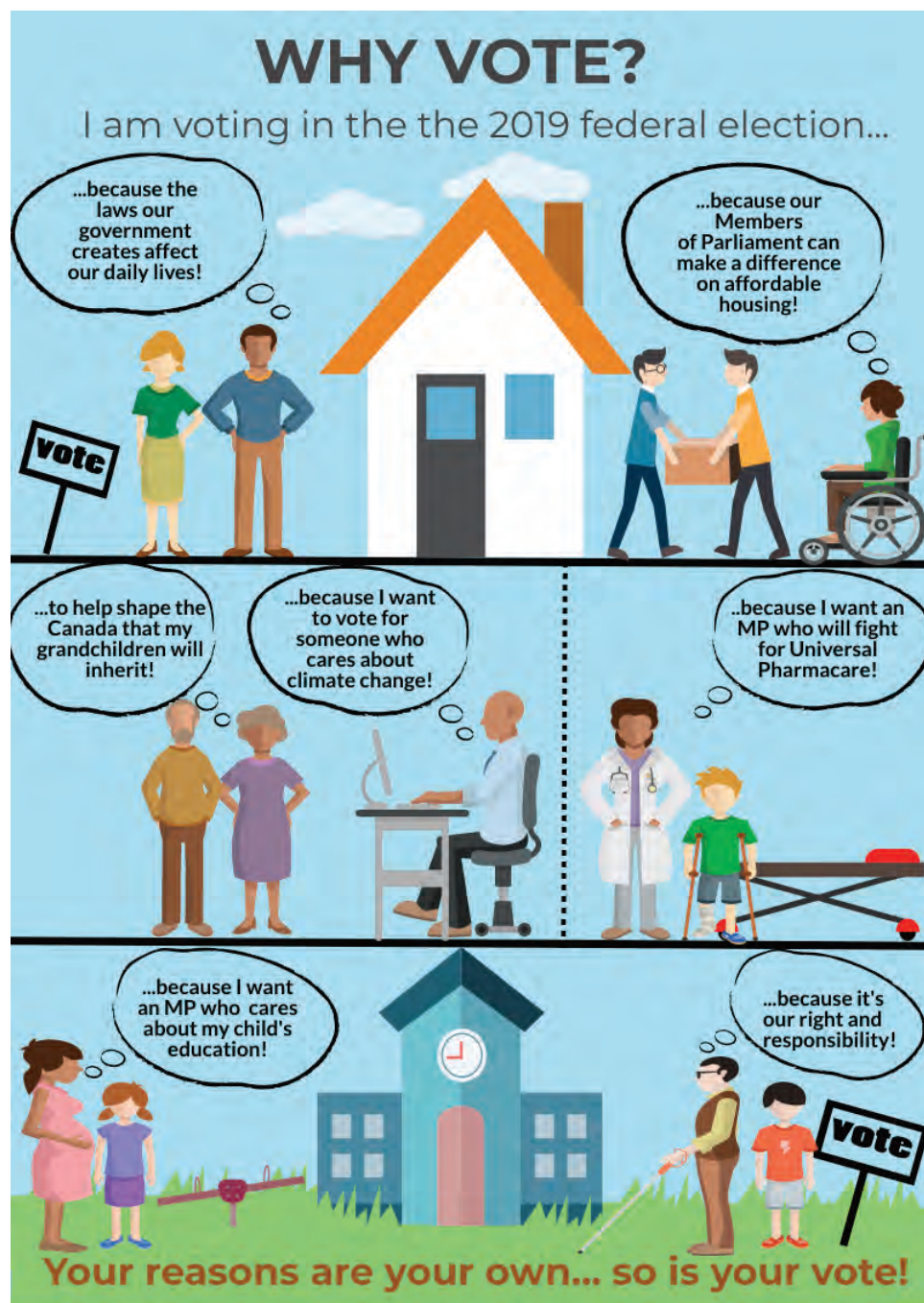


Saint John-Rochester, WE Can Do Better!

Did you know that in 2015 the Saint John-Rochester riding had the lowest voter turnout rate of any of the province's ten ridings? Only 68.8% of the people who could vote cast their ballot. Although this was up from 58% in the 2011 election there is still lots of room for improvement. In 2015 New Brunswick had the third highest provincial turnout rate of 74.4 percent, so we did better than most provinces and territories. PEI came first with a rate of 76.9% and Yukon came second with a rate of 75.4%. The national rate was 68%.

Got the kids? Take 'em with you! Voting can be fun for the whole family!

"Voting is something you should be proud to be able to do, it's really a celebration. When two of my three children turned 18, their first vote was a big deal and we celebrated! My youngest son, who is 15, has come with me to vote in every municipal, provincial and federal election since he was a baby - he can't wait for his turn!" ~ Allison Ferris, Housing Alternatives



**"If you don't vote,
you lose the right to
complain."~**

George Carlin

Federal Election Special



• Saint John Human Development Council • www.sjhdc.ca

How To Vote In 5 Easy Steps!

Step 1: Register to vote

Registering is the first step. It's basically signing up to vote. The quickest and easiest way to register is online. You can register to vote, or double check to make sure you are already registered on the Elections Canada website: www.elections.ca

Step 2: Decide when to vote

You have three options when choosing when to vote:

- You can vote on Election Day, Monday, October 21st, 8:30 a.m.-8:30 p.m.
- Busy on Election Day? No problem! There are four advance voting days: October 11, 12, 13, 14. Advance Polls are open 9 a.m.-9 p.m.
- Want to get voting off your "to do list" before the Advanced Polls, or on a day that is more convenient for you? You can head over to the Elections Canada office at Linden Place (199 Chesley Drive) and vote before Tuesday, October 15 at 6 p.m. Your Elections Canada office is open Monday to Friday 9 a.m.-9 p.m., Saturday 9 a.m.-6 p.m., and Sunday 12-4 p.m.

Step 3: Find your Polling Station

Where you go to vote is called a Polling Station. To find out where yours is you can look on the back of your voter registration card.

The address of your polling station for Election Day is listed first on your voter card. The address for the advance polls is right below. You can also go to www.elections.ca and type in your postal code. Or, you can call Elections Canada to find out where your polling station is at 1-800-463-6868.

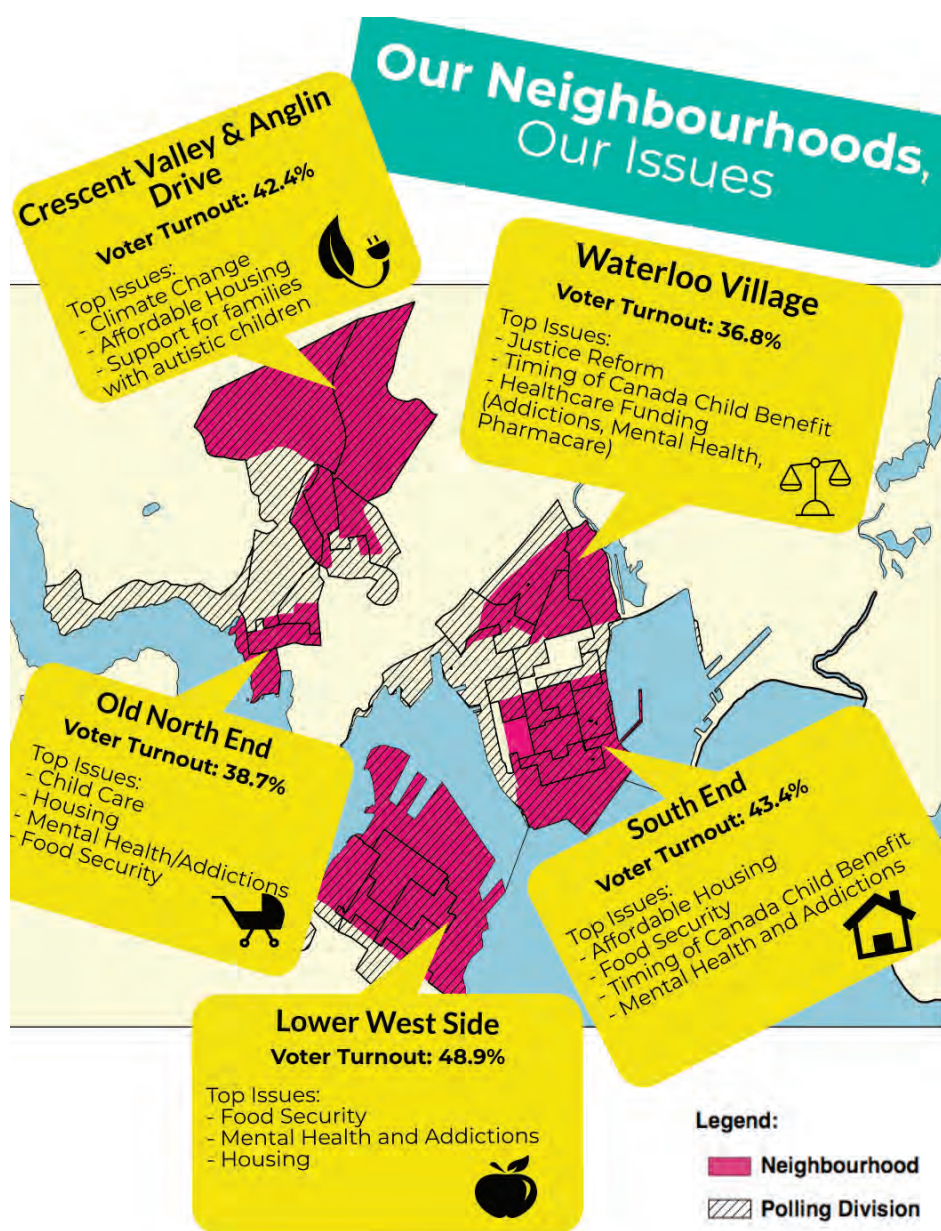
Step 4: Get your ID or proof of address ready

If you forget to register, don't worry! You can register at the polling station when you go to vote. You have three options:

1. Bring a piece of ID with your photo, name, and home address on it. This piece of ID must be issued by the government. For example you can bring your driver's license, or provincial ID card with you.
2. You can bring two pieces of ID: One with your name on it (health card, Canadian passport, credit or debit card, etc.) and one with your name and home address on it (bank statement, power bill etc.). The full list of ID pieces that are accepted is on the Elections Canada website. www.elections.ca
3. If neither of these options work don't worry, you can still vote! You will need to declare your identity and address in writing and bring a friend who is on the voter list to vouch for you.

Step 5: Go vote!

Head to your polling station to vote!



Our neighbourhoods, our issues

It's election time again! That means there are lots of issues being talked about by politicians. We see it everywhere; in the newspaper, on TV and when candidates come to your door.

But are they talking about the issues that are important to you? Do you wonder if politicians care about what matters to your neighbourhood? Here is what your community contacts had to say about the top issues in each neighbourhood! They also said that politicians should be seen more in the neighbourhoods before and after the election.

In the last election voter turnout was quite low in the five neighbourhoods. If you did not vote last time, make sure you do this year! Voting is one way to make your voice (and your neighbourhood's voice) heard.

This year vote for someone who will make a difference in your neighbourhood!

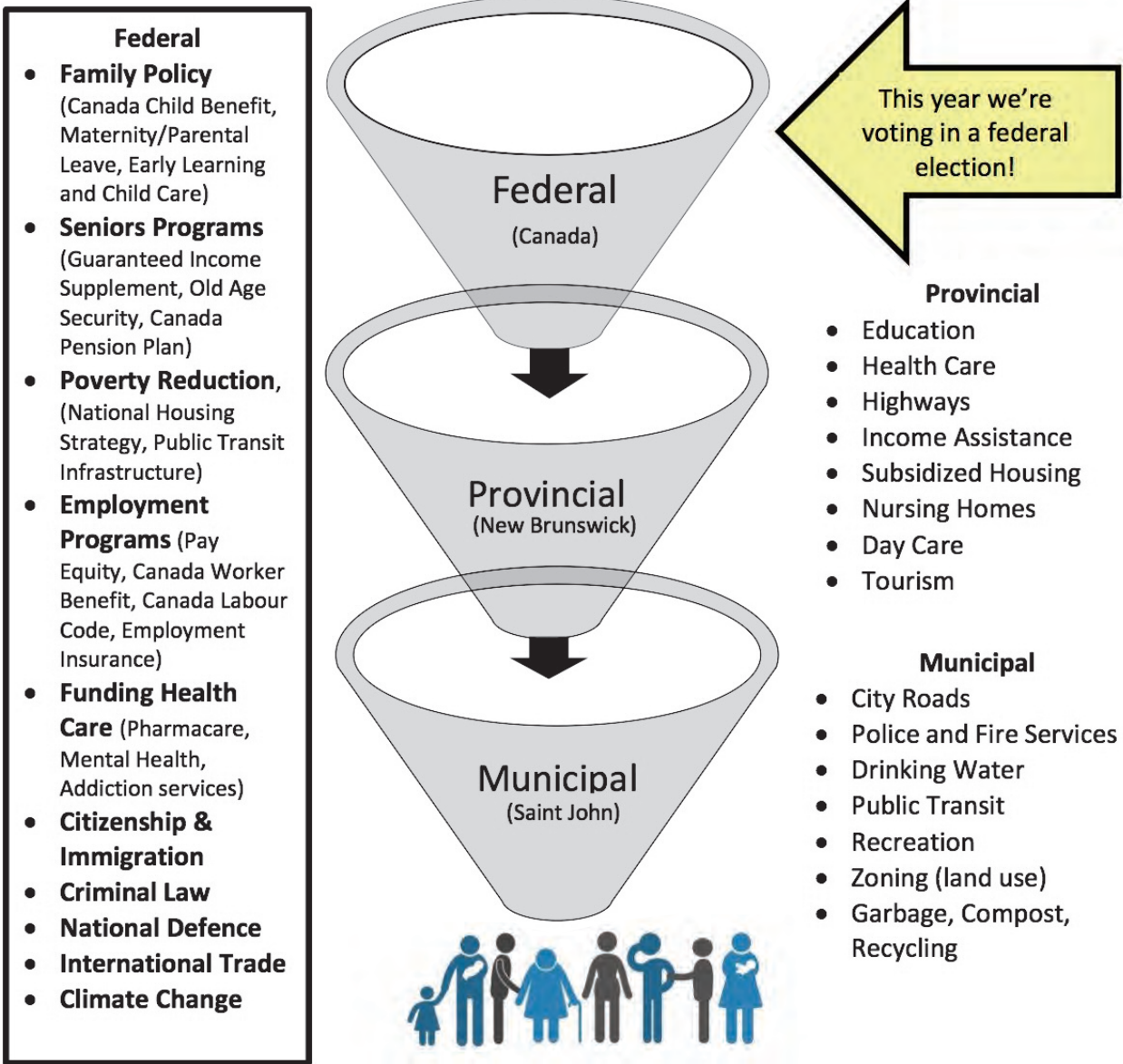
Who can vote?

You can vote in the 2019 Federal Election if you are:

- a Canadian citizen;


- will be 18 years of age on or before October 21.

The 3 Levels of Government: Who’s Responsible for What?




This picture shows you some examples of the types of things each level of our government is responsible for. The list is not complete but gives you an idea of what the federal government does and doesn’t do. If you have problems with roads or drinking water, you would contact the City, for example, not your Member of Parliament. Keep this list in mind when you talk to candidates and when you are voting.


Poverty Rates in Our Riding!



Overall: **20.6%**




Child: **28.7%**




Senior: **13.5%**

Core Housing Need in Our Riding!


2.4%
of household are **unsuitable**



8.6%
of household are **inadequate**



23.0%
of household are **unaffordable**



Federal Election Special



Around the Block



• Saint John Human Development Council • www.sjhdc.ca



Neville Barnett, Independent

Neville immigrated to Canada from India in 1978 age 16. He worked as a Customer Service Agent for Air Canada between 1991 -2016, located mostly at the Saint John airport. Neville has three children ages 19,17 and 7 and is currently a stay at home dad with part time job at a store.

You can contact Neville at:
neville.o.barnett@gmail.com



Armand Cormier, New Democratic Party (NDP)

Armand Cormier is a software programmer who knows from experience what it's like to work and still struggle to make ends meet. He wants to build a country where we take better care of one another by establishing pharmacare, dentacare, universal childcare, and well-paying jobs in a new green economy.

You can contact Armand at:
[fb.com/armandcormierforsaintjohnrothesay](https://www.facebook.com/armandcormierforsaintjohnrothesay)
Armand.Cormier@ndp.ca
ArmandCormier.ndp.ca



Stuart Jamieson, Independent

Stuart Jamieson was born and raised in Saint John. He attended Beaconsfield School, Saint John High, and SJIT where he took carpentry. He was first elected in 1987 and served as a Minister of Agriculture and Rural Development, a Minister of Tourism and Parks, and as a Government House Leader.

You can contact Stuart at:
<https://www.facebook.com/stuart.jamieson.583> or [@fsjamieson](https://www.instagram.com/fsjamieson)
(506) 647-0470
fsjamieson@gmail.com



Wayne Long, Liberal Party of Canada

Since elected in 2015, Wayne has proudly served as the Member of Parliament for Saint John–Rothesay. Wayne is a lifelong resident of Saint John and was a prominent member of the business community for over 25 years. Wayne has been an outspoken advocate for progressive social programs and poverty reduction initiatives.

You can contact Wayne at:
(506) 672-0488
teamlong2019@gmail.com



Ann McAllister, Green Party of Canada

Ann McAllister was born in Rothesay, New Brunswick and has enjoyed a career of teaching English and serving as her church's music director. Ann's number one priority is helping turn the tides of traditional New Brunswick politics and defending our environment.

You can contact Ann at:
Website: turnthetide.ca
Twitter [@TurnTheTide_SJR](https://twitter.com/TurnTheTide_SJR)
Email: greenparty.sjr@gmail.com



Adam Salesse, People's Party of Canada

Adam Salesse was born and raised in Saint John. He earned a B.B.A. with a Major in Accounting, Economics and Finance from UNBSJ. He's a business owner and volunteer. He is a Board Member for the South Central Citizens' Council and a founding member of P.U.L.S.E., (People United in Lower South End).

You can contact Adam at:
506-214-6344
adam4sj@gmail.com
www.adam4sj.ca



Rodney Weston, Conservative Party of Canada

As the Saint John-Rothesay MP between 2008-2015, Rodney worked hard to make a positive difference in the priority neighbourhoods. He secured funding for the Saint John Y, affordable housing and grassroots community organizations that are making a positive impact. If elected, Rodney will fight for these initiatives again!

You can contact Rodney at:
Phone: 634-8683
Email: info@voterodney.ca
Website: VoteRodney.ca



“A sense of belonging”: new school

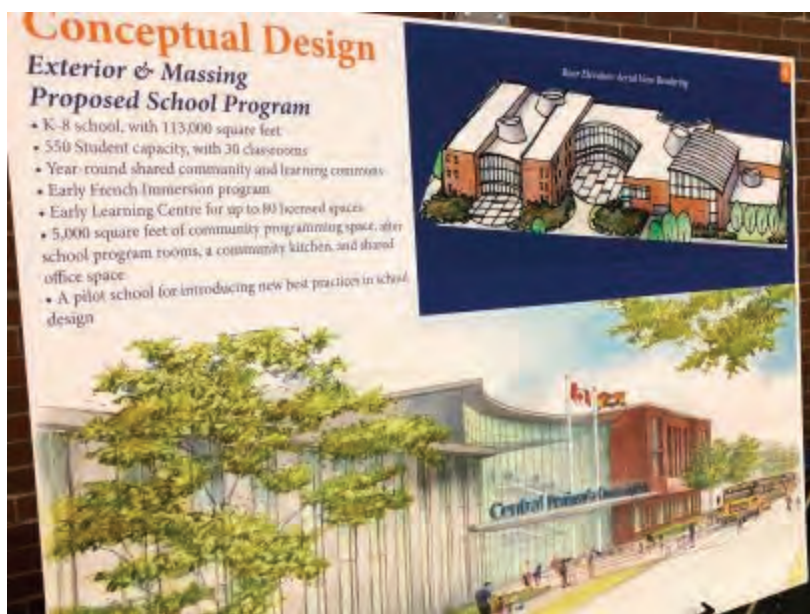
(continued from p. 1)

The media release also notes that the school “will energize the efforts to establish the central peninsula as a vibrant, mixed-income neighbourhood” to which Chase adds: “It’s been over 30 years since a new urban school was built in New Brunswick.”

An Ernst and Young report “estimates that over the fifty-year life of the building, annual social savings could be as high as \$26.5 million as a result of such things as improved health, graduation and employment rates as well as significant tax revenue as the neighbourhood transitions to a mixed-income community. This innovative school approach would effectively pay for itself, making a very powerful return on investment for the province.”

Steve Carson of Develop Saint John noted that Anglophone South District Education Council (DEC) has “reconfirmed this project as the number one priority for the District. The ultimate decision on when the project will proceed and its exact location rests with the Provincial Government.”

South End resident Shantelle Boyce has two children currently attending SJBKE. She puts the project in perspective, showing how it is more than just a school: “Having that space for the community is something that the peninsula is lacking. We have a lot of groups but if you want help, you have to go here, there and everywhere.” She notes the benefits for Waterloo Village from how close together the Hub and the Teen Resource Centre are for young people seeking basic services such as food and education, and how the Old North End has the Nick Nicolle Centre to give a sense of community, in neighbourhoods with many people living in the circumstance of poverty. “Poverty is not just about money – it’s about a mindset. Lifting people out of poverty is not about giving people money, it is about giving them a place of community and a sense of belonging.”



HAPPY 11TH ANNIVERSARY AROUND THE BLOCK!

The Saint John Community Loan Fund, located in the Social Enterprise HUB, offers programs in enterprise development and financial management. Stop in to see us to learn more, or for help with savings, loans, quality housing & office space.



www.loanfund.ca



Bounce Back!

By Amanda Downey, Program Director, Boys and Girls Club of Saint John Inc.

The Boys & Girls Club of Saint John is launching a “trauma-informed” sports program called Bounce Back League (BBL) for kids ages 8-12.

BBL aims to improve the physical and mental health of children by combining organized sport with the power of being part of a team. Staff are trained to use cutting-edge trauma-informed approaches that equip kids to better handle the ups and downs of life.

The Club is running indoor/outdoor BBL baseball starting on October 3rd from 6-7:30 p.m. Check out our website and Facebook page (www.facebook.com/eveningprogram/) for more information on how to register!



Around the Block Proud Supporter



THE COMMUNITY
FOUNDATION
building a greater saint john

PO Box 20061
Brunswick Square
Saint John, NB E2L 5B2
343-5159
info@sjfoundation.ca

www.thecommunityfoundationnj.com

YMCA of Greater Saint John Celebrates National Seniors Month



Seniors connecting with seniors
(Photo: YMCA of Greater Saint John)

**By Morgan Daye, Communications Coordinator
YMCA of Greater Saint John**

October 1st will kick off National Seniors Month and the YMCA of Greater Saint John has the perfect gift for older adults; introducing the Senior Membership Package. People ages 65 and up qualify for this rate that includes, an annual fall risk assessment, annual health check, special monthly newsletter, 20% off YMCA merchandise, and new members save the \$50 joiner fee.

YMCA Memberships are valid at the Saint John Regional Y, the Irving Oil Field House and the ROTHESAY HIVE Age Friendly Community Centre. In recognition of National Seniors Month, the ROTHESAY HIVE is opening its doors to non-members on October 1. Drop in for a visit to see what it's all about.

Irving Oil Field House Brings YMCA Programs to the East Side



The new Irving Oil Field House
(Image: YMCA of Greater Saint John)

**By Morgan Daye, Communications Coordinator
YMCA of Greater Saint John**

The new Irving Oil Field House, operated by the YMCA of Greater Saint John, is now open in Exhibition Park on the East Side. The Y is excited to give members another location to enjoy YMCA programming.

This 127,000 square foot facility houses two indoor turf fields, an 8-lane, 200m indoor track for walking and running, a fitness centre with space for group fitness classes, YMCA Child Care, Newcomer Connections services and more.

The child care wing opened on September 3, the fitness centre will open on September 25 and the turf and track will open October 16. Stop by for a tour and explore new turf!

ONE
MEMBERSHIP
THREE
LOCATIONS

Happy 11th
Anniversary,
Around the Block!

**All YMCA
Members
have access to:**

- Saint John
Regional Y
- Irving Oil
Field House
- ROTHESAY
HIVE

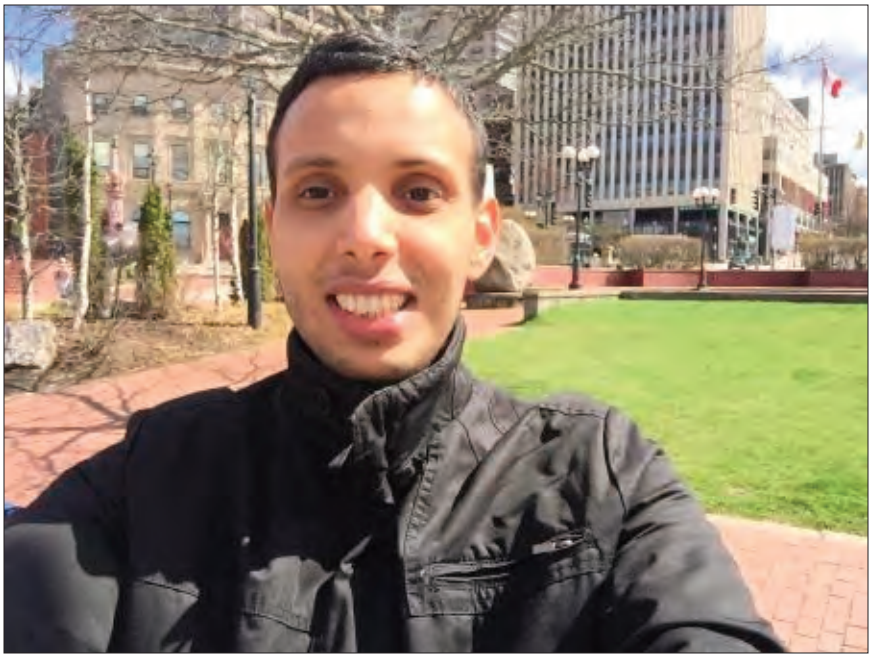
FIRE DEPARTMENT
THE CITY OF SAINT JOHN

SERVICE D'INCENDIE
THE CITY OF SAINT JOHN

**The Saint
John Fire
Department
congratulates
Around The
Block on the
occasion of
its 11th
Anniversary.**

Saving lives and property since 1786

Établissement et la technologie avec Arby Sidi



(Photo: Arby Sidi)

Par, Emily MacMackin Spécialiste des communications, Centre de nouveaux arrivants de Saint-Jean

Arby Sidi est le nouveau Conseiller pour l'établissement des nouveaux arrivants (francophone) au Centre de nouveaux arrivants de Saint-Jean.

Arby est natif de Nouakchott la capitale de la Mauritanie. Il a fait des études en mathématiques, gestion et informatique à l'université de Nouakchott. Il a travaillé dans le Programme Alimentaire Mondial pour continuer ensuite dans le secteur bancaire.

Arby travaille avec les nouveaux arrivants et leurs familles dans la création d'un plan d'établissement en fonction de leurs besoins spécifiques et de leur statut d'immigration. De plus, Arby utilise la technologie de ALiGN pour aidé les chercheurs d'emplois à trouver les opportunités professionnelle à Saint-Jean.

Editor's note:
The article to the right, by Marwa Hasan, is reprinted with permission from the Saint John Newcomers Centre, with our thanks for use of previously published material from their newsletter and thanks to Marwa herself. Enjoy!

Culture-shocked: an Egyptian in Canada



Marwa Hasan
(Photo: The Saint John Newcomers Centre)

By Marwa Hasan (Photo: The Saint John Newcomers Centre)
I thought that being an avid reader and a thorough researcher would prepare me for my arrival, but my preparation fell short of what I have witnessed firsthand as a newcomer in Canada. In fact, because of this, I am happy to share my first month's culture shock with you.

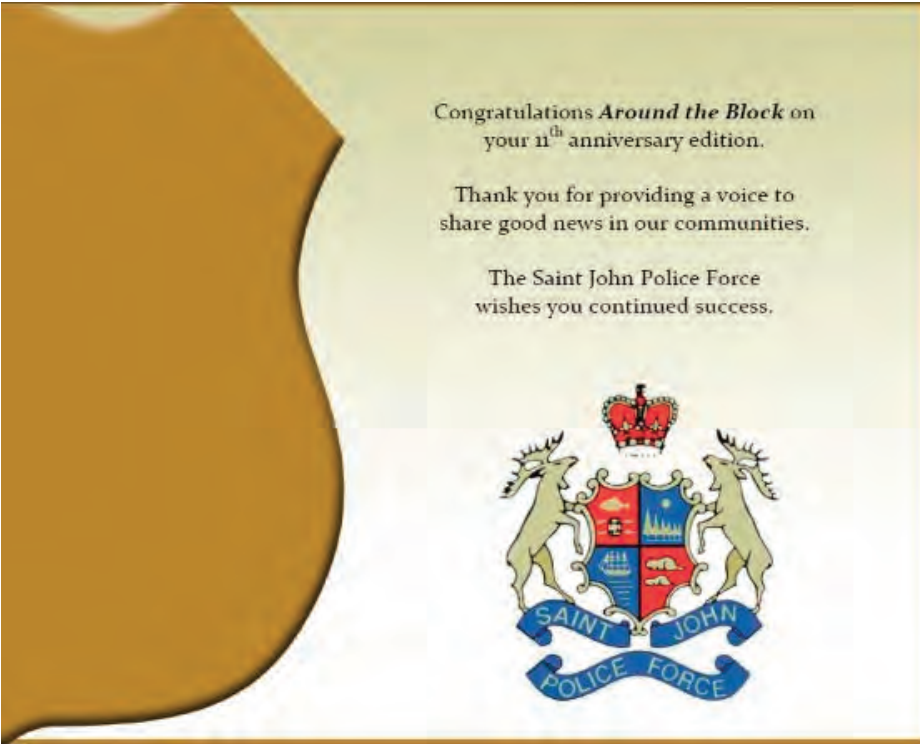
So Chill
Coming from the hustle and bustle of Cairo, Egypt you can barely feel time, everything moves super fast. However, here everybody takes t h e i r t i m e. I find this useful when I meet someone and they actually take the time to get to know me, or when I am first in line and people behind me are not as annoyed as I expect them to be. It does not come in handy when I'm waiting for a job offer which could take more time than I'm used to.

Eating healthy is a luxury
In Egypt, I would buy a dozen kilos of fresh fruits and vegetables for under \$8 CAD. In Canada, it is a luxury to eat fresh goodies, so much so that I am considering farming!

Shopping made easier
This is more of a surprise than a shock, but here you can find anything you want especially when it comes to DIY and home decor. Meanwhile back in Egypt, you have to jump through hoops to find those things.

Adjusting to the weather
Coming from 40° C makes me enjoy and appreciate the summer; honestly, it resembles Cairo's winter. To my surprise, my body is adjusting and I cannot wait to experience the winter shock!

Open arms
It is lovely how everybody has been welcoming since we arrived, strangers smile, say hello, and sometimes ask about where we came from and what we do. I love it when they give us hints about the city's history or valuable tips and tricks of places and events. My favourite part is how extremely empathetic and caring the people can be. This is the main reason why I fell in love with Saint John.



Job Seekers, Lead with your personality!





The Saint John
Newcomers
Centre



Le Centre
de nouveaux arrivants
de Saint-Jean

City budget cuts – how might they affect your neighbourhood?

By Randy Hatfield, Executive Director,
Saint John Human Development Council

Cuts to the City’s budget are coming. And if the past is a predictor of the future, then we can probably say good-bye (again!) to community policing. Cuts are also likely to bus service, recreation programs and services, neighbourhood groups and the community’s non-profit organizations that rely on the Community Grants fund. The Grants fund is already too small to meet the needs of the organizations that depend on it to deliver services and programs to our communities.

Unless Saint John’s Common Council can find new sources of revenue, the City will have to cut up to 12 million dollars from its 2021 budget. For next year’s 2020 budget, the City can still rely on a “special” provincial contribution that could preserve existing levels of service. But the City will probably start making cuts next year in order to avoid sudden, deep cuts the following year.

The problem with cuts to City services is that they almost always impact poorer residents more than residents living above the poverty line. Community policing, for instance, is a proven benefit to the neighbourhoods they serve – the South End, Waterloo Village, Crescent Valley, the Old North End and the Lower West Side. It was eliminated during the last round of cuts, only to be (mostly) restored when the province provided special funding. Community policing works – it keeps our neighbourhoods safe. It is like wellness in the health-care system: community policing helps prevent many problems from starting in the first place – and that actually saves money in the end!

Many of our neighbours are struggling to make ends meet. They need safe communities, affordable and accessible public transit, plentiful recreation activities for their children, libraries open on the weekends and sustainable frontline non-profit services. Cuts to City services have a disproportionate impact on poorer residents. Our Mayor and City Councillors need to know that our neighbourhoods need more programs and services, not fewer.

We need to hear from you! Let us know what you think. How would cuts to community policing, bus service, recreation and neighbourhood organizations affect you? In the next issue of ATB, several community partners will be offered the opportunity to offer their opinion. Please contact your neighbourhood organization and let them know your thoughts on this subject.. We need a say – a loud voice – on how the City balances its budget.

At a Glance – Highlights from Saint John’s 2019 Budget

| | |
|-------------------------------------|---------------|
| Total Expenditures | \$160,257,783 |
| Police services | \$26,058,539 |
| Firefighting services | \$24,601,147 |
| Transit Service | \$7,977,405 |
| Recreation Programming | \$653,332 |
| Imperial Theatre | \$360,205 |
| Community Grants (30 organizations) | \$179,721 |
| Crescent Valley Resource Centre | \$23,500 |
| ONE Change Inc | \$23,500 |
| <i>Around the Block</i> | \$22,000 |
| Waterloo Village Association | \$22,000 |
| PULSE | \$21,000 |
| Carleton Community Centre | \$20,000 |
| Teen Resource Centre for Youth | \$20,000 |
| New Year/Canada Day Celebrations | \$15,000 |
| Remembrance Day Ceremonies | \$1500 |







Play the same number every week



\$2 to play per week
Pre-pay by calling the club or stopping in



Deadline to pay is 9am Thursday into the green boxes and 10am Friday at the Club



We have 26 Green Box locations. Check our website for more details

Contact Us

634-2011 goldrush@sjclub.ca www.sjclub.com



Partridge Island Cleanup



Partridge Island cleanup volunteers
(Photo: River Bay Adventures)

By Shauna Sands Conservation Coordinator, Atlantic Coastal Action Program (ACAP)

On International Coastal Cleanup Day ACAP staff teamed up with River Bay Adventures and other volunteers to clean up Partridge Island, a Canadian National Historic Site. We spent the morning paddling to the island on sea kayaks and spent the afternoon cleaning up garbage and marine debris. Throughout the day, we collected over 30 bags of trash, ate some delicious food, and did lots of exploring.

This day couldn't have been possible without support from DMK Marine, Port Saint John and, of course, our fantastic volunteers.

This was a great experience that none of us will forget!



Storytents and more



QLNB's Wendell Dryden reads to a supper crowd at the Anglin Drive Storytent this summer (Photo: Quality Learning NB)

By Cheryl Brown, Quality Learning NB

The Anglin Drive Neighbourhood Tenants' Association hosted the Quality Learning NB Storytent program, which ran once per week for six weeks. One of our local youth was hired to be a Storytent reader. This year, 29 children attended this program with 15 signing up for Summer Reading Club, reading 479 books! We are thankful for the support of the Department of Social Development, the City of Saint John, and the Saint John Free Public Library. We are happy to say that our library reopened in September for the fall and winter on Tuesdays, 5:30–7 p.m. Come on by and borrow a book! ***

The Department of Social Development and Quality Learning NB have partnered to open lending libraries in the laundry rooms on Roxbury Drive. The Saint John Free Public Library has provided a donation of adult and teen books to get the libraries off to a great start!

These very accessible libraries will support book borrowing and reading over the fall and winter months, when it is too cold to run Storytent. Access to books is very important for supporting developing readers and for developing a love of reading. We have made sure to provide books in English, French, and Arabic!

Your neighbours since 1854

Sisters of Charity
of the Immaculate Conception
www.sistersofcharityic.com



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Since 1986

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*Orthopaedic Footwear /
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thera-ped.com / blog.thera-ped.com / facebook.com/thera-ped

Around the Block interview: Seth Asimakos

By Lorna Brown
Seth Asimakos is General Manager of the Saint John Community Loan Fund, who this year are celebrating their 20th anniversary with an event on Nov 21st at the Hub (see page 1).

What journey led you to the Loan Fund?
I had worked in Nicaragua and Colombia in community economic development. I came to Saint John for six months to work at the Refugee Support Centre covering a maternity leave. I spoke Spanish, and most refugees at that time were Latin American. After I finished my master’s in planning I came back, interested in doing more work in poverty reduction and community economic development. The Urban Core Support Network run by Brenda [Her Honour Brenda Murphy, now Lieutenant Governor] organized a conference around poverty reduction in 1996 that had \$3000 left over. I suggested we use it to seed a loan fund. Cathy Wright of HDC and I wrote a proposal to the Government of New Brunswick, and I left my job and started creating the Loan Fund.

What did you hope to achieve on Day One? What was the first goal?
We had big dreams. We wanted to create a community loan fund similar to Montreal’s and Boston’s to help people start a business, get back to work, create income of their own. We added financial literacy training and entrepreneurship development because I never believed that credit was a magic bullet – nothing is. You have to use different tools. We and HDC were co-housed in the City Market; eventually we both had grown and we had to leave. I pitched to our board that we should buy a place and live the tagline that it’s about “creating income, building assets, becoming more self-reliant.” I knew the building that would work was on Prince Edward Street, a three-unit vacant building that had commercial space on bottom and two apartments above. Luckily a donor was very interested in housing for single moms, so she helped us acquire the building, which we renovated to create our office for the next seven years, plus provide affordable apartments above. Eventually we bought the lots next door to build the Hub.

What’s the thing you are proudest of? What achievement?
I like the fact that we spread our wings and took risks and we built the Hub in 2016. That was a big thing for a little organization, to convince enough groups to put money into it and to hold a significant mortgage. And none of this can be done without a lot of people believing that this vision makes sense, like board members, partners, investors and donors. Another thing to be proud of is simply the fact that we have got to 20 years, because non-profit work is difficult! You’re always pitching. It doesn’t matter how innovative and entrepreneurial you are or how many people you’ve helped or the amazing outcomes you have, you never get exactly the amount of money that you need to actually do the stuff you have to do. What we envision is that we’ll get to that point where we are more ... self-reliant.

Is gender parity important for the Loan Fund?
Certainly since we started we have had a great deal of focus on women, especially women who are single mothers and living in poverty, because they make up a large portion of the profile of poverty in Saint John. Our entrepreneurship training program is focused on women, and even our Financial Literacy Program involves more women than men. On our board we have a policy that mandates 50% minimum are women for that very reason.

In one success story on your web site, the client notes with gratitude the time and patience that you had shown them. What are the most significant barriers for your clients coming in, in terms of a change of mindset, making that leap?
It’s incremental. Often people will have gone through another program, such as Power Up, and realized that now it’s time – we may be the next step. Any work has to be incremental; it’s not an overnight achievement. We see it a lot, we work with people and see them hit walls, take one step back and two forward. And so it’s

very important to meet people where they are, allow failure and to support them and to help them take that next step. You don’t go from the bottom step to five steps up. You go step by step.



Seth Asimakos (Photo: Saint John Community Loan Fund)

How did the Solar Hub project come to you?
If we are going to be an innovative Hub and we are trying to fight for social and economic justice, then we should fight for environmental justice too, as far as we can. The Solar Hub is just another way to have that discussion, to promote alternative ways of doing things.

You are about: skill building, enterprise development, employment creation and neighbourhood renewal. What’s the greatest opportunity you see in neighbourhood renewal?
For people to see that you are investing in neighbourhood is important. When we took the first vacant building, people walked by amazed and thanked us. So there are buildings that are not great, there are vacant lots, and the key I think is to create a mixture. I know the province is very intent on that too; when they support affordable housing projects they want to see mixed income. I am not a big proponent of building 50 units. I know that people need it but I don’t know if that is the right way to do it. I’d rather see six- and eight- and ten-unit buildings. The Victoria Square project in the North End will infill with six-to-twelve-unit buildings.

What’s the greatest challenge the Loan Fund is currently facing?
It’s always money but for me, we’re at 20 years and we operate in three streams of activity: finance, training, and real estate - **for a social purpose**. In all these activities we could achieve a lot more by scaling through the region if not NB. We are still a very small fund, and in order to be sustainable, we’d have to be at about \$8M. That’s our goal in the next five years. Our biggest challenge? Is not thinking big. If we don’t think big, if we are not visionary, we won’t change things. There is always a huge challenge convincing funders, investors, that doing things with triple bottom lines makes sense. If we’re building real estate to hire a social enterprise to work with us on that, even though it might take longer, it trains young people along the way. At the end of the day we create a building that houses people at an affordable rate but we also help individuals gain skills and establish purpose in life. If young people don’t have purpose, actually if anyone doesn’t have purpose, life can be difficult, and that’s how people get in trouble. But as soon as you create a purpose in life and you are given the opportunity to go after it, little bits at a time, that’s when we actually change the tides. That’s the only way to do it. You have to meet people where they are at, give them small opportunities, let them achieve success and keep going.

Food purchase contest

Deadline: November 21st at noon

by **Juanita Black**

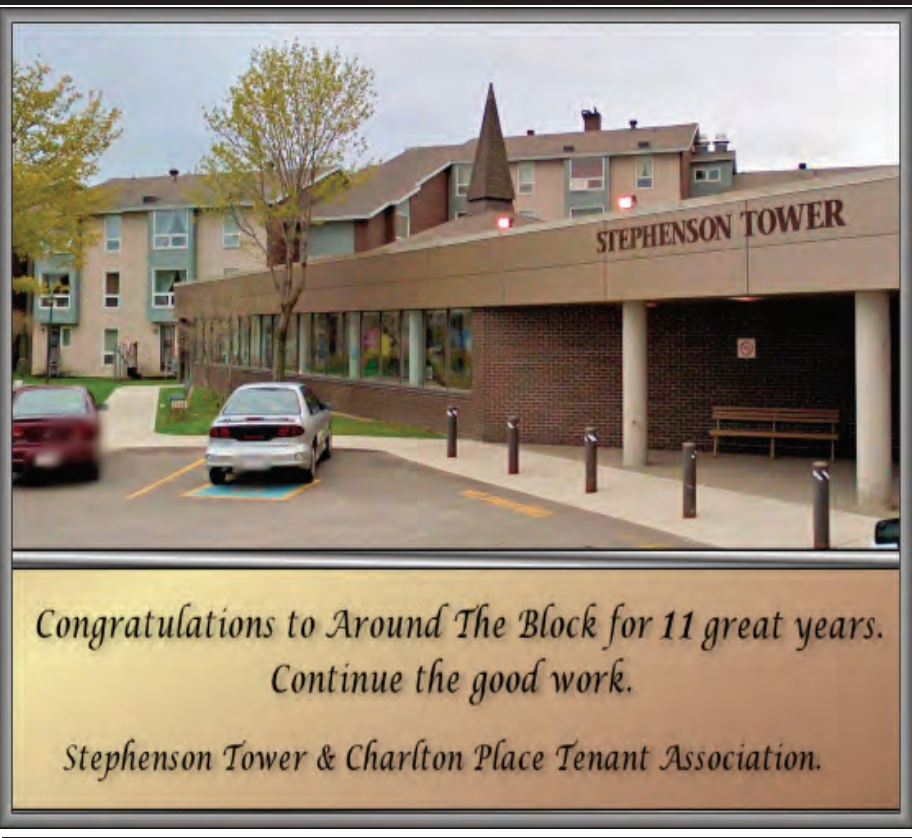
This is issue 67 of *Around the Block* and our food purchase contest, sponsored by Saint John Energy, which provides two \$15 fresh fruit and produce orders for each issue of *Around the Block*. To enter the draw, you need to find hidden anywhere, in the pictures, the ads, or in the stories throughout *Around the Block*, two Saint John Energy logos (not including this notice, the SJ Energy logo on page 1, or the Saint John Energy ad on page 8).



Send your answers, with your name, address, and phone number to sjcommunitynewspaper@gmail.com or call 647-4850 and leave a message with your name, answers, and contact details. You need to identify the page and location of each hidden logo.

Only one entry per household. Correct answers will go into a draw for one of the \$15 orders. The contest will end Thursday November 21st at 12 p.m. Winners will be called with the location where you can pick up your order.

The contest winners of issue #66 were Melissa Clark and Marlyn Morrell. We will list the winners of the issue #67 contest on the Human Development Council Facebook page on Friday, November 22nd.



Around The Block Team (Issue 67)

Publisher: Saint John Human Development Council
Editor: Lorna Brown
Old North End: Chrisa Petts
Lower South End: Mary LeSage
Crescent Valley: Anne Driscoll
Waterloo Village: Penni Eisenhauer
Lower West Side: Jill Roberts
Proofreaders: Rona Howald, Joanne Britton, Mark Driscoll, Cindy Bishop, and Lorna Brown
Community volunteers: Lyn King and Debbie McLeod
Layout and Design: Juanita Black and Lorna Brown

The Parent-Child Assistance Program (PCAP)

The cycle of poverty and addiction in families is closely linked to trauma.

- Women who have experienced trauma are at higher risk for addiction issues.
- Addiction in the home creates a challenging environment to raise healthy children.

This type of stress creates a cycle of poverty, trauma, and addiction that is hard to escape.

PCAP's goals **are:**

- to help mothers build and maintain healthy independent family lives
- to assure that children are in safe and stable homes

PCAP is **not:**

- Social Development or Child Protection
- doctors
- sharing any of your information without your permission.

Eligibility

A potential client must:

- Have been pregnant in the last two years (includes live births, stillbirths, miscarriages, and terminations)
- Have used alcohol or drugs during pregnancy (including marijuana, methadone, suboxone)
- Be living in poverty in Saint John
- Agree to be contacted by PCAP

To make a referral, please call (506) 214-1186. Anyone who is aware of the woman's struggles can make a referral. Women are also free to self-refer.

Parent-Child Assistance Program
139 Prince Edwards Street
Saint John, NB E2L 3S3
PCAP.SJ@Outlook.com



Strong Women Helping to Strengthen Our Community

The Imperial Theatre was packed on the cool November evening. Concert goers milled about in the lobby with an excitement only felt at Christmas time as the crowd was anxious to take their seats. Last November, the Friars family and friends performed their 15th annual Celebrate concert in front of a sold-out crowd at the beautiful Imperial Theatre! The five priority neighbourhoods were chosen as recipients of the concert; in 2015 the neighbourhoods were chosen as recipients as well. We are all feeling doubly blessed! New this year The Friars family have established the Friars Family Celebrate endowment fund through the Saint John Community Foundation which will continue to support the work being done in the five priority neighbourhoods. This is a gift that will keep on giving.



The Friars Sisters presented a cheque for \$50,000 to the Priority Neighbourhoods and \$21,530.75 to the Friars Family Celebrate endowment fund.

NEIGHBOURHOOD ACTION GROUP

"When our family chose the "Five Priority Neighbourhoods" as the 2015 recipient, it was our hope that we could raise awareness of the wonderful work being done in these neighborhoods led by the people who live there, and to also raise funds to support that work," said Tracy Friars "We are thrilled that hope has been more than realized and that is due to the generosity of our sponsors our audience and the contribution made by all those who performed at the event."

"We are neighbourhoods who are characterized by poverty, but that doesn't define us," says Penni Eisenhauer, neighbourhood coordinator of Waterloo Village. "We are working together to find solutions. We are taking action to affect positive changes. The funds from the Friars concert will allow us to offer more programs and services that have a direct positive impact on our residents and our neighbourhoods."

The funds will further support efforts to improve the quality of life of residents and build thriving neighbourhoods. Programs and services currently offered in the neighbourhoods support citizens' health and wellness, neighbourhood safety and beautification, and community engagement. This is accomplished through educational and employment readiness programs, healthcare clinics and services, food purchase clubs, cooking classes, hot lunch programs, community gardens, community clean ups, and social and recreational activities.

About Us

The Neighbourhood Action Group stewards the efforts of the Five Priority Neighbourhoods in Saint John to build safe, supportive and healthy communities. The group is led by representatives from Crescent Valley, Old North End, South End, Waterloo Village and Lower West Side.

