



Around *The* Block



Issue 64 April / May 2019 sjcommunitynewspaper@gmail.com

where we celebrate the good news from our communities in Saint John NB

Former Crescent Valley resident receives 2019 Leader to Watch Award



Left - right Jennifer Brown and Dr. Shelley Rinehart
(Photo by YMCA)

by Nicole Vair, Manager, Marketing & Communications

The YMCA's Red Triangle Award Gala will take place on April 11th at the Saint John Regional Y. A fundraiser for the Y's Strong Communities Campaign, this event ensures that the YMCA is open to everyone and no one is turned away due to financial barriers.

This year's Red Triangle Leader to Watch recipient is a former resident of Crescent Valley, Miss Jennifer Brown. This award recognizes an individual that is a role model for other young adults in our community. The individual demonstrates leadership and enthusiasm in their work, in learning and in volunteering in our community. These are qualities Jennifer displays through the many hats she wears.

Jennifer is an active volunteer and role model in our community. She is passionate about eliminating poverty throughout the region and works to advocate for many young people. She is determined to make a difference by sharing her story and working to ensure others are provided with opportunities to succeed.

The 2019 Red Triangle Award recipient is Dr. Shelley Rinehart. Shelley is passionate about her community and displays her love for community development through her dedicated volunteer work.

Romero House volunteers



ROMERO HOUSE SOUP KITCHEN
647-649 BRUNSWICK DRIVE
SAINT JOHN, NB
E2L 3S9
(506) 642-7447

by Evelyn McNulty- Executive Director

Romero House has been in operation for 37 years providing hot, nutritious meals to those in need in our community every day. Over the years, our service has expanded to include clothing and household items, emergency groceries, health care, school supplies, haircuts, foot care, and our street outreach Mobile.

As most are aware, we operate solely on free will donations, and volunteers are an integral part of our organization. Our volunteers participate in all aspects of our services and in many cases are able to share their experiences and passions with us. With such a big variety of people always present, Romero House is always humming with activity and there is always something to be done.

We currently have four full-time staff and are very blessed to have over 100 regular very dedicated volunteers. Our volunteers bring a variety of life experiences to the "table" as do those we serve, and together we have created a safe and caring community within our building. Our doors are open to everyone - all are welcome and all our valued.

Here at Romero House, we take great pride in our volunteers and their commitment and faithfulness to those we serve. Last year, together, we served 82,339 meals to those in need in our community.

Coordinator's Comments Juanita Black, 647- 4850, sjcommunitynewspaper@gmail.com

Welcome to issue 64 of *Around the Block*. Our theme this issue is "Volunteers."

In the *Oxford Dictionary* the definition of a volunteer is "a person who voluntarily expresses a willingness to undertake a service of one's free will."

Many of our communities depend on the hours their volunteers give freely to events that might take place on weekends or holidays, events that might not otherwise take place. A volunteer working side by side with staff from a community group allows the residents to enjoy many celebrations. To see volunteers from one community going to another community is not unusual. Each community has volunteer t-shirts that clearly let them stand out in a crowd. Volunteers work in community gardens, volunteer on boards, are active in their schools, and help out no matter what season it is - and do it freely.

This issue of *Around the Block* celebrates the many volunteers across our city; they truly deserve our thanks.

This also marks my last issue with *Around the Block* as coordinator. I am happy to have started as a volunteer and have had the opportunity to have worked with so many of you as volunteers - from those who are part of the neighbourhood associations, the proofreaders, board and committee members, and the many more who have been a part of this community newspaper over the last ten years. Thank you and farewell.

Proud Sponsors of Around The Block



SAINT JOHN





Old North End • Old North End

Julie Cormier

by Christa Petts

Julie is a resident of the Old North End. She volunteers with many organizations such as Sophia Recovery Centre for Women, Rocmaura Nursing Home and ONE Change. Julie works two jobs and always finds the time to help any way she can. She visits her mom every day at Rocmaura Nursing Home.

Julie loves music and every now and then we can hear her singing a lovely tune. Her priority is taking care of her family. Julie has one daughter who is the centre of her world. She is an amazing mom who encourages her daughter and family in whatever they choose to do.



Julie and Mary Cormier
(Photo by Christa Petts)

James Connor volunteer at NNCC

by Chealsea Brown

James Connor moved in the North End when he was seven years old and has been a part of the ONE Change family since the summer of 2017. He started working in the summer camp program at the Nick Nicolle Community Centre (NNCC) and continued to work at the centre in the fall of 2017.



James Connor
(Photo by Chealsea Brown)

The kids at the Nick Nicolle have a strong bond with him, especially the teens. The teens look up to him as a role model. He always finds time to volunteer in the community, Thursday nights he runs the open gym for the children in the community.

ONE Change volunteers

by Christa Petts

Our volunteers give so much time and work hard. They go above and beyond to help staff and our community. Volunteers make a huge difference every day. I would like to thank all our volunteers who stood behind us to make 2018 such a great year. Each year that passes, we grow together with our volunteers. We all form friendships and become family as we work together to make our community better in every way.



Left - right Louise, Barry and Rose
(Photo by Christa Petts)

Barry Galloway, our Executive Director, and all the staff would like to thank each and every one of you for all you do.

Dynamo volunteer

by Jane Hemmings

Leona Rodrigue is a dynamo who leads a free "Zoomers on the Go" fitness class for those 50 plus, Tuesdays at the Nick Nicolle Community Centre. At 80 she has the energy and physique of someone decades younger. Occasions such as Christmas, Valentine's Day, etc. are marked with decorations and treats.

One of our "Zoomers" recently passed away and a remembrance with a "vacant chair" and roses for our group were provided. Leona takes her volunteer "job" seriously. We appreciate class AND Leona.



Leona Rodrigue
(Photo by Joanne Barry)

Call 632-5537 to learn how to join a "Zoomers on the Go" Falls Prevention Program in your neighbourhood.

Stephen Thompkins



Pictured is Stephen and a youth
(Photo by Courtney Hunter)

by Courtney Hunter

For a little over a year now, Stephen Thompkins has been an amazing volunteer with us at The ONE Change. He works 40 hours a week at his job as a Chef at Britt's Pub and comes to the centre once his shift is over at least four days a week to spend time with our after-school program!

He volunteers and does a cooking class Tuesdays and Thursdays. It is always fun having Stephen around; you never know what jokes he has planned for us that day. The kids and we staff absolutely love having Stephen around.

The Honourable Trevor Holder MLA Portland - Simonds

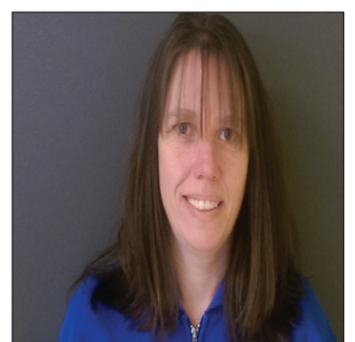
Constituency Office:
229 Churchill Blvd. Suite 11
Tel: (506) 657-2335
Email: trevor.holder@gnb.ca

Office Hours: Monday: 8 a.m. - 4 p.m.
Tuesday, Wednesday and Thursday: 9 a.m. - 1 p.m.
Friday: Closed



North Neighbourhood Contact

Christa Petts
christa.onec@gmail
Nick Nicolle Community Centre
85 Durham Street
658-2980





South End • South End

Comings and goings at P.U.L.S.E.

Please join us for our Open House on April 5th, 12th and 26th. We will have treats and door prizes. You can sign up for a garden plot, check out a book from our library, or sign up to volunteer.

- Registered Nurse Kathy London-Anthony will be at P.U.L.S.E. to address your health needs every Friday from 12 – 2 p.m.
- Please remember our monthly Food Purchase Club Money is due Friday, April 12 and May 17 and the order comes back to you the following Thursday (for Good Friday) or Friday. We have \$15 and \$25 orders available. We even have a Pay it Forward option where you can provide a single person, a couple or a family with fresh fruits and vegetables.
- Cst Duane Squires can be reached at 977-1733 or duane.squires@saintjohn.ca.
- Remember our office hours are as follows: Monday 9 a.m. - 2 p.m. Tuesday 9 a.m. - 1p.m., Wednesday closed, Thursday 9 a.m. - 1p.m., and Friday 9 a.m. - 2 p.m.



2019 INCOME TAX CLINIC



CERTAIN RESTRICTIONS APPLY:

- Single person: Income of \$30,000 or less
 - Couple and family: Income of \$40,000 or less
- FOR MORE INFORMATION CALL 632-6807
LOCATED @ 251 WENTWORTH STREET

Saturday April 11 and 25
Wednesday April 10 and 24

11 a.m. - 1 p.m.
5:30 - 7 p.m.



Youth volunteers make an impact

by Rachel Murphy

One of the most important roles within a community is someone who freely volunteers their time in order to raise it up. At the South End Community Centre (SECC) we have been lucky to have two young women who are always willing to lend a helping hand during our programming. Sarabeth and Anna Rogers are always there to help in many different ways such as guiding younger kids in our cooking program and taking photos during our busy events.

These two always have a bright and cheerful attitude when asked to help. SECC staff have been lucky enough to watch them both grow into kind and generous people, and we cannot wait to see what the future has in store for them.



Boys & Girls Club
of Saint John Inc.



SAINT JOHN SEA DOGS

PROUD COMMUNITY SUPPORTER



Canadian Tire Jumpstart Charities brings inclusive park to Rainbow Park



by Julia Wilkinson, Communications Manager, Canadian Tire Corporation

In partnership with the City of Saint John, Canadian Tire Jumpstart Charities announced today that it will build a universally accessible playground in Rainbow Park under Jumpstart's Inclusive Playground Project. The playground structure will be a gift from Jumpstart to the City of Saint John as part of the Charity's 'Play Finds A Way' movement, which focuses on removing accessibility barriers to sport and play.

"Thanks to Jumpstart's Inclusive Playground Project, Rainbow Park will continue to serve as a gathering place for the community to unite around play," says Mayor Don Darling. "The original playground was built by citizens, companies, schools and volunteers who believed that the best way to honour a child's memory was to build a place where happy memories can be made. A new structure will allow for future generations to benefit from that same commitment to children and community."

"Jumpstart is proud to work with the City of Saint John and support the community's commitment to its future generations," says Scott Fraser, President, Canadian Tire Jumpstart Charities. "As we saw in 2018, the impact of Jumpstart Playgrounds on kids, families, and communities is profound, and we are proud to help preserve the original sentiment of Rainbow Park by providing accessible play."

Volunteers - the unsung heroes

by Mary LeSage, Operations Manager, P.U.L.S.E.

We are so fortunate at P.U.L.S.E. to have fantastic volunteers, whether they are packing fresh fruit and vegetable orders or dropping them off to the residents who can't quite make it in to pick them up. We are also blessed to have a monthly donor who 'Pays It Forward' and at Thanksgiving and Christmas provides a meal to a deserving family. Thank you to retired police officer John Richardson for keeping our lot cleared of snow. Thank you to our beautiful neighbours, Teala and Karen, who filled our planters with lettuce to feed our families of the south end in the summer.



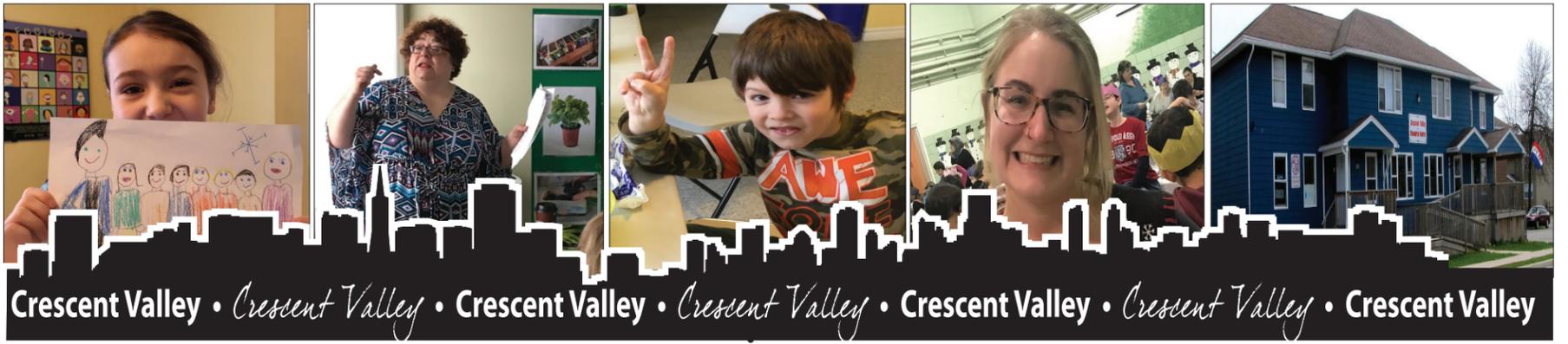
Volunteers from the food purchase club

Last but certainly not least, thank you to Nancy Bartlett for coming in and doing taxes all year round, making sure all of her i's are dotted and t's are crossed for our south end residents.

South Neighbourhood Contact

Mary LeSage
pulseinc@bellaliant.com
251 Wentworth Street
632-6807





Celebrating new Canadian Citizens



Nadhim Mansoor and his family: left to right - Nadhim, Abdullah, Raghad Tamimi (wife), Fesal, Saaed and Sara.

by Anne Driscoll, Executive Director, CVRC

The staff of the Crescent Valley Resource Centre (CVRC) is bursting with pride for our co-worker Nadhim Mansoor; Nadhim and his four children received their Canadian citizenship at a ceremony in Saint John in January. Since arriving in Canada (Saint John) in December 2014 Nadhim has been busy settling his family and ensuring his children have the foundation to be successful in Canada. As the CVRC Community Engagement Coordinator since 2016, Nadhim helps fellow newcomers navigate their way around the complexities of living in a new country.

Bravo, Nadhim! We are so happy to have you on our team at CVRC, and Saint John is lucky you chose to settle your family here.

نحن موظفي مركز موارد الكريستنت قالي نعتز بكل فخر
بزميلنا في العمل ناظم منصور؛ ناظم وأولاده الأربعة
اكتسبوا الجنسية الكندية بحفل تكريم بكانون الثاني بسيننت جون
منذ وصولهم إلى كندا (سيننت جون) بكانون الأول لعام ٢٠١٤،
ناظم عمل جاهدا على تأمين عائلته ووضع الأساس السليم
لأولاده ليكونوا ناجحين بحياتهم في كندا
كمنسق التواصل الأهلي في مركز الكريستنت قالي منذ عام
٢٠١٦، ناظم ساعد القادمين الجدد بحياتهم في بلد جديد
وما يواجهونه من تحديات فيها
هنينا ناظم! نحن سعداء جداً لأنك عضو في فريقنا؛
وهنينا لسيننت جون لإختيارك الإستقرار فيها أنت وعائلتك

Shout out to the “Good Eggs” in the neighbourhood

Win an Easter Basket

by Justin Shepard, Community Engagement Coordinator, CVRC

We’re celebrating Easter-time in Crescent Valley by holding a draw for baskets of Easter goodies! There will be three baskets included in the draw. To enter come by the Crescent Valley Resource Centre (CVRC) at 130 MacLaren Blvd. and add an egg to our “Good Egg Tree.”

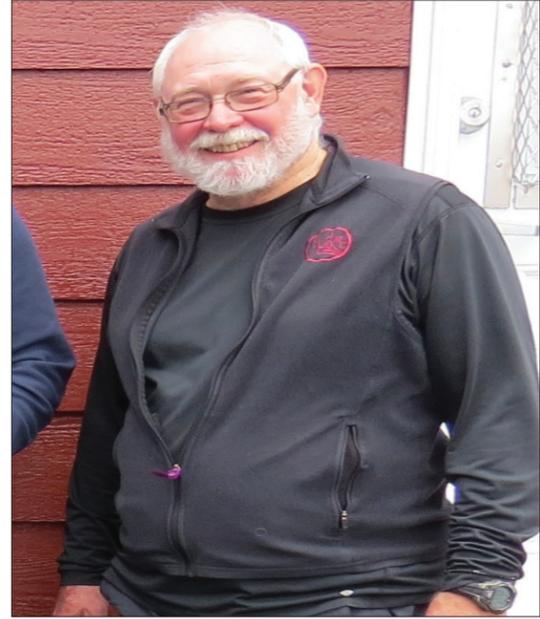
Write down the name of someone who’s a “good egg” and why you think so. Maybe they’re generous, helped you shovel your walkway this winter, or are just generally always a nice person. Once you do that, your name will be placed into our Easter Basket draw! The draw will be made on April 17. Be sure to stop by the CVRC and add to our “Good Egg” Tree.

Crescent Valley Neighbourhood Contact

Anne Driscoll
CVRC.driscoll@gmail.com
130 MacLaren Blvd.
693-8513



A great CVRC volunteer



Craig Campbell
(Photo by Anne Driscoll)

by A. Ann Barrett, President, CVRC

Have you ever wondered who is always thinking of new projects to help improve Crescent Valley? Who spends many hours volunteering with Crescent Valley Resource Centre (CVRC) committees?

We want to introduce and thank our special volunteer, Craig Campbell. Craig volunteered many years back by involving CV residents in outdoor activities – canoeing, cross country skiing, Nordic walking. He then got us interested in biking. He now chairs the Bike Share Program that repairs donated bikes for give away. Next Craig initiated interest in providing more garden plots and a large greenhouse. After hours of meetings Crescent Valley will see The Growing Place active this summer.

The Growing Place gardening workshops and plots

by Olivia Clancy, Crescent Valley Resource Centre (CVRC)

Don’t miss our upcoming FREE gardening workshops, held at CVRC, 130 MacLaren Blvd. Transportation from the Priority Neighbourhoods is available - please call CVRC for information, 693-8513. Please register for each session; call 693-8513.

Saturday, April 13, 10:30-12:00: You’re a Winner! Have you ever wondered how to enter your beautiful flowers and vegetables at the Saint John Exhibition? You can win money and show off your gardening skills at the same time. Guest gardener Rose Butler will show you how. You will leave the workshop knowing everything you need to know about exhibiting and winning ribbons and prize money! Please register by April 11th.

Saturday, April 27th, 10:30-12:00: Planning Your Vegetable Garden: a workshop with Erich Raab, a professional gardener from St. Andrews. He will help you get the most out of your veggie garden. Come learn about garden layout, spacing, and much more! Please register by April 25.

Applications for a garden plot in The Growing Place are now available and are open to all. Come visit CVRC at 130 MacLaren Blvd and fill one out or find the form on CVRC’s Facebook and web pages. A plot will cost \$15 for the season. Want more info? Want to get involved? Contact Olivia Clancy, CVRC’s food security coordinator: cvrc.clancy@gmail.com or 693-8513.



Lower West • Lower West

Thank you, Roy Walker

by Krista Creamer, Executive Director, Carleton Community Centre

We would not be as successful as we are without the help of our many volunteers. Our volunteers are the backbone of our organization, and the reason we can provide so many programs and services to our community.

One of our volunteers who really makes a difference is Roy Walker. From volunteering at the West Side Food Bank, to helping with building maintenance and community events, Roy is always there when we need him. With a welcoming smile, hard work and determination we know we are in good hands when Roy offers to help. We are so very grateful for all Roy does for the community. Thank you for all your hard work and dedication.



Roy Walker
(Photo by Krista Creamer)

Volunteers at 880 Danells Drive

by Wendy Coughlin

Volunteers are the backbone of any community organization. We are very fortunate at our building to have so many that get involved in all of our events throughout the year. Our small building has only 32 residents, yet I can honestly say that volunteer participation is almost 100 percent.

Our residents care about each other and are more than willing to help each other on a daily basis. I am proud of our residents for all their efforts and feel blessed to live in a building that is so caring. Thanks to each and every one of you for all you do.

The CCC thanks their volunteers

by Jamie Worden

There are so many people who volunteer at the Carleton Community Centre (CCC), it is impossible to list them all. We have had women from POWER UP! do some much-needed deep cleaning, we have volunteers every Monday helping do people's taxes, and numerous volunteers helped with our Family Day event.

A few individuals stand out, although they try not to. Loretta Boyle has helped CCC in so many ways from helping to clean the kitchen, spending her Family Day holiday with us, serving food, and helping with kids' games. She doesn't just lend a hand here at the Carleton, she also lends a hand elsewhere. Recently, she was spotted on Bayshore Beach doing some spring cleaning. Thank you, Loretta, for all that you do.



Carleton Community Centre, Inc.



The Honourable Dorothy Shephard
MLA Saint John Lancaster

640 Manawagonish Road
Saint John, NB E2M 3W5
Constituency Office is located
at side of building facing Church

Tel: (506) 643-2900
Fax: (506) 643-2999
Dorothy.Shephard@gnb.ca
www.gnb.ca

Thank you, Ronnie Beckingham

by Jill Roberts

Ronnie Beckingham is a long-time volunteer, who deserves to be recognized for all that he does to support his community. He is very dedicated to the community of West Saint John.

He volunteers regularly at the West Side Food Bank and the Knights of Columbus breakfasts at the Assumption Centre, and has taken on a great deal of responsibility at the Carleton Community Garden.

Ronnie regularly mows the large garden, waters and weeds gardens, and helps to care for the food bank plots. He goes about his volunteer work in a quiet, unassuming manner and never looks for accolades.



Ronnie Beckingham
(Photo by Jill Roberts)

Market Place Wellness updates

Market Place Wellness Centre, Carleton Community Centre
674-4335, 120 Market Place - Monday to Friday 7:30 a.m-3:30 p.m.

- **Specimen Collection:** Monday and Wednesday, 8 a.m. - 3 p.m. by appointment only. 648-6681 #3.
- **Food Bank:** Winter hours started September 4th: Tuesdays and Fridays 1- 3 p.m.
- **Smoking Cessation Program:** Call 674-4335 for an appointment.
- **Free Health Coach Services:** Call Lesley, 608-6498.
- **Free Gentle Path Counselling Services:** Call 652-7284, press 0, and say "West."
- **New Produce Packs:** \$10 each. Call 658-2920 or 674-4307.
- **Social Development Case worker:** on site Tuesdays 1- 3 p.m. or by appointment.
- **Senior-led fitness program / Falls Prevention:** ages 50 and up ("Zoomers"). Free. Tuesdays 10 a.m. and Fridays 11 a.m. All participants must have an initial assessment. Call 674-4335.
- **Pickle Ball:** Monday, Tuesday and Wednesday evenings, Contact Mike, 672-9566.
- **Line Dancing:** Mondays 10 a.m. \$6 fee applies.
- **Community Garden Plots:** Registration in 2019.
- **Social Worker / Dietitian / Counselling:** by appointment. Call 674-4335.
- **Art Class:** Tuesday, 1 - 3 p.m. Please contact Kimmy.cookson@gmail.com
- **Yoga:** Monday, Tuesday, and Wednesday 10 a.m. \$7.00 fee

West Neighbourhood Contacts

Jill Roberts
Jill.Roberts@HorizonNB.ca
120 Market Place 674-4307
or

Krista Creamer
KRISTA@carletoncommunitycentre.ca
82 Market Place 658-2920





The Village • **The Village** • *The Village* • **The Village** • *The Village* • **The Village** • *The Village* • **The Village**

Winter is over - the crisis is not



by Chris Gorman, Saint John Human Development Council, Project Manager HIFIS 4

Homelessness in Saint John won't magically disappear just because the temps are rising and the snow is melting. As we transition to spring and turn our attention to potholes, flooding, and the first glimmers of green grass, we can't put this issue on the back burner until next winter. It's too important. There's too much to do.

Last issue of *Around the Block*, we shared that the Community Council on Homelessness (CCH), in partnership with the New Brunswick Department of Social Development, has been leading a housing blitz that had already moved 10 people from emergency shelters to permanent housing. We are excited to now share that 17 people have been housed and while this is a huge win for Saint John, we still have a long way to go. Landlords like Gordon Ferris are invaluable partners, but the list of homeless individuals is growing longer every day and resources are running low.

Homelessness is a serious challenge, but Saint John is a tough city, filled with fighters. The CCH is going to continue to fight so that none of our friends, neighbours, or fellow Saint Johners have to worry about sleeping out in the cold next winter. Will you join us in this fight? To get involved in the fight contact Chris Gorman at Saint John Human Development Council. Chris@sjhdc.ca

Volunteers help with planting



Volunteers from Hazen White-St. Francis School planting edible trees in their community.

by Shauna Sands, Conservation Coordinator, ACAP Saint John
Atlantic Coastal Action Program (ACAP) Saint John has been conducting volunteer-based environmental initiatives in the region for a quarter of a century, where the volunteers and community partners are critical to our success.

During the 2018 field season, with the help over 900 volunteers, 18 different cleanups were organized (removing 5,105 kg of debris from the Greater Saint John area) and 1,100 native trees and shrubs were planted along streams. These success stories could not have been made possible without the help of our volunteers!

If you are interested in getting involved, check out our 23rd Annual Marsh Creek Cleanup – Earth Day Edition being held on Saturday, April 27th, 2019 between 8:30 a.m. 12 p.m. Email office@acapsj.org for more information.

Rock your socks for World Down Syndrome Day

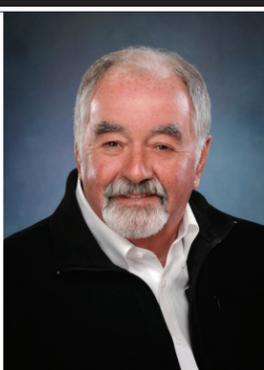


Staff members of the Social Enterprise HUB took part in Rock Your Socks Day on March 21st.

Gerry Lowe
MLA Saint John Harbour

Constituency office is at the Mall
100 Prince Edward Street, suite #124
Saint John, N.B. E2L 4M5
tel: 506-643-2001
email: Gerry.Lowe@gnb.ca

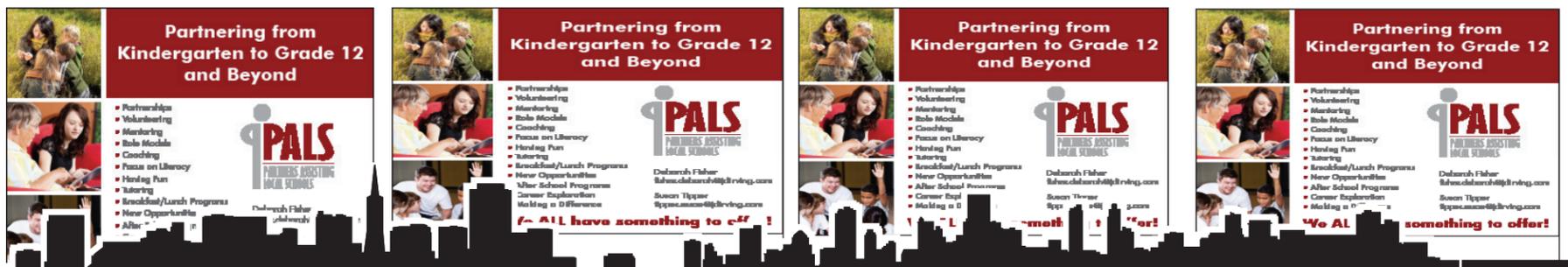
Hours: Monday - Friday 8:30 a.m. - 1:30 p.m.



Waterloo-Village
Neighbourhood Contact

Penni Eisenhauer
commorg.penni@gmail.com
Saint John Learning Exchange
139 Prince Edward Street
647-8047





Youth in our Communities • Youth in our Communities • Youth in our Communities • Youth in our Communities

Firefighters volunteer at SJBKES



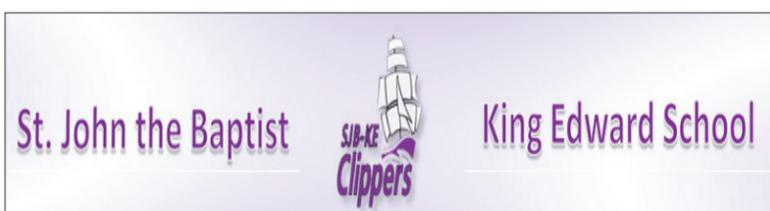
Some of the Firefighters that volunteer their time at SJBKES

by Ben Gillcrist, Community Schools Coordinator, St. John the Baptist/King Edward School

St. John the Baptist / King Edward School (SJBKES) is blessed in having superlative volunteers who assist us in so many ways, particularly where food security is concerned. Nowhere is this more evident than in our nutrition programs - among our cadre of many special people involved therein, we are very fortunate in having the patronage of the Saint John Firefighters.

These wonderful gentlemen come the first Monday of every month (always in force!) to help Holly and our volunteers prepare lunches for the day while also prepping for subsequent ones, and are the first to step up when other volunteers are away. This past month they were in two days in a row preparing everything and getting food out - this means taking our 'wagon train' of carts around the school to every single classroom.

Their numbers, which combine retirees and active fireman, are swelled by good will, good humour, and total empathy and understanding with respect to our at-risk children. They are part and parcel of our SJBKE Clipper Family and we can't imagine our school year without them. Thank you, guys, for all you do!



HWSF Lunch Volunteers



Left - right, Audrey, Dr. Ruth, Audrey (missing is Erin)
Photo by Victoria Lawrence

by Victoria Lawrence, Community Schools Coordinator, Hazen White/St. Francis

Hazen White St. Francis (HWSF) is extremely lucky and thankful to have wonderful and dedicated volunteers that help us out on a weekly basis. Four of these volunteers - Dr. Ruth, Erin, Audrey, and Audrey (yes, we have two Audrey's!) - come in every Wednesday, rain or shine, and help us to prepare lunch. On Wednesdays we make approximately 220 grilled cheese sandwiches. Students also receive cucumbers.

This is a big undertaking for a small team, usually taking about 3 hours to prep, assemble, grill, and clean. Grilled cheese is a favorite amongst our students, so we are extra thankful that they are able to come to our school each week and help us prepare this delicious lunch for our whole school.

Thank you, PALS/Community Partners

by Krista Turnbull, Community Schools Coordinator, Seaside Park Elementary School

Each year at this time, I reflect upon the substantial contribution our Partners Assisting Local Schools (PALS) and community partners make to our school. Not a day goes by but what we don't see a number of dedicated volunteers coming in and out of our school. As we see signs of winter finally bidding us farewell, I also think of the dreadful winter days we survived. Very rarely did that deter our volunteers from showing up - that is true dedication to the children. I often chat with the students about the enormous contribution our volunteers make to our positive school environment. It surely would be a very sad place without the enriching friendships that are formed with these special folks.

To each and every one of you, those who visit the school, and those who assist in so many other supportive ways from your office, "thank you" from everyone at Seaside Park Elementary!

Seaside Park Elementary volunteers

by Abigail Clarke, Grade 4 student, Seaside Park Elementary

A volunteer is a very helpful person that does something to assist someone else. A volunteer can be anyone, like a babysitter or a librarian. They are also kind enough to do what they do for free.

Thank you to all of those lovely volunteers for helping us out at our school. You can even be a volunteer today! I know two amazing women who volunteer during my class library visit each week. They are very helpful. They put away the books, check out books, and are very kind to the kids! Thank you very much, librarians, and all our other school volunteers.

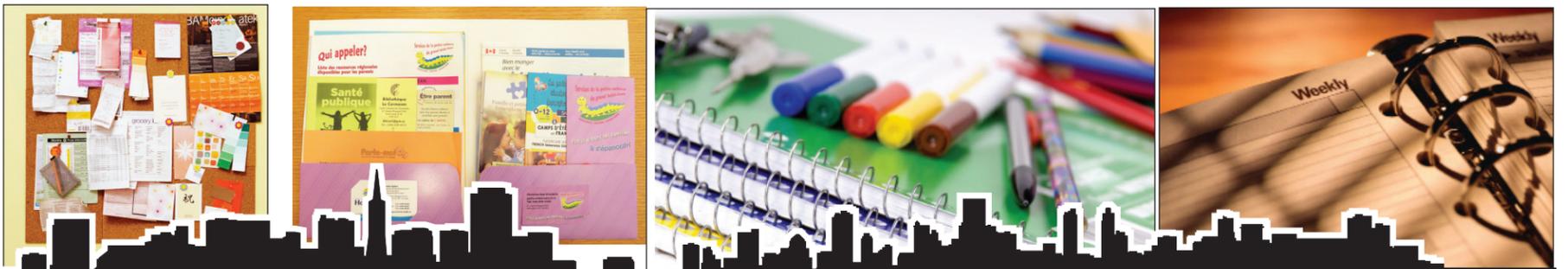
Partnering from Kindergarten to Grade 12 and Beyond

- Partnerships
- Volunteering
- Mentoring
- Role Models
- Coaching
- Focus on Literacy
- Having Fun
- Tutoring
- Breakfast/Lunch Programs
- New Opportunities
- After School Programs
- Career Exploration
- Making a Difference

Deborah Fisher
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Susan Tipper
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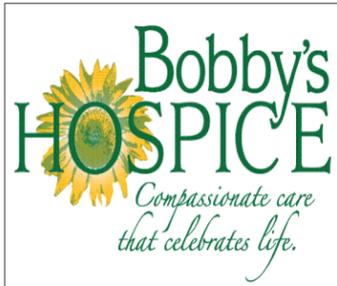
We ALL have something to offer!



Community Notices • *Community Notices* • Community Notices • *Community Notices* • Community Notices

Play Cards for Hospice Luncheon

The Friends of Hospice are hosting a Play Cards Luncheon on Wednesday, May 15th, 2019, from 12 - 4 p.m. at St. Pius X Church on Somerset Street in Saint John. Tickets are \$12/person and can be purchased through Leotta Almon at (506) 696-4487.



Enjoy a very special lunch with friends and play cards to support Bobby's Hospice. Every year, Bobby's Hospice cares for over 200 people in our community living with a terminal illness and coping with loss. For more information visit the Hospice website at www.hospicesj.ca, find us on Facebook at Bobby's Hospice, or call the office at (506) 632-5593.

Seniors Resource Centre tax clinic

FREE Income Tax Returns, Seniors' Resource Centre
Brunswick Square 3rd level 633-8781

March and April
Tuesdays 9 – 11:30 a.m., 1 - 2:30 p.m.
Thursdays 9 – 11:30 a.m., 1 - 2:30 p.m.
For Seniors 50+ on low income:
Singles: \$35,000/year Couples: \$45,000/year
Also wheelchair-accessible for any age

A Day In Her Shoes

by **Nicole McLean, Community Relations Coordinator**

Canadian Mental Health Association of New Brunswick, Saint John office and Market Square present A Day in Her Shoes on May 8th at Market Square Atrium. The evening will include hors d'oeuvres, wine, musical entertainment, Saint John's best spring fashion show, a 50/50 draw, silent and live auctions, and a keynote speech from local entrepreneur, Yennah Hurley who will share her journey with mental health.



Events like A Day in Her Shoes allow the Saint John office to extend their reach in the greater Saint John area by means of mental health programs, presentations, and advocacy. Funds raised stay in Saint John.

Tickets are \$40 each. To purchase tickets: Eventbrite.ca, 633-1705, Manchester Shoe Salon and Samuel & Co. in Market Square.

Sea Belles fashion show

Sea Belles annual spring fashion show with Le Chateau and Alia n TanJay. Date: Wednesday, April 10th. Time: Doors open at 6 p.m. Fashion Show 7 - 9:30 p.m.



Description: This popular annual fund raising event will feature Spring/Summer Fashions from Alia n TanJay and Le Chateau, as well as door prizes, refreshments and, of course, entertainment by the Sea Belles A Cappella Chorus. This will be a great Mothers' Day gift for important women in your life! Tickets are \$20.00. Fundraiser profits go to the Sea Belles A Cappella Chorus (chorus travel to competitions) with a percentage going to Romero House and Sophia Recovery Center.

Sponsored by: Alia n TanJay and Le Chateau
Location: Portland United Church, 50 Newport Crescent, Saint John, Contact: \$20 Tickets available by calling 506 651-4920 or from any Sea Belle member.

Disability awareness symposium

Participants in the Working 4 Change program will be hosting a public symposium at the Nick Nicolle Community Centre, 85 Durham Street, on Thursday May 30 from 1 – 5 p.m. The symposium is about disability awareness and inclusion in the workplace.

Light refreshments will be served. For more information call Andrew at 721-6439, Thank you to: Andrew Waycott, Eva Feddery, Debbie Waycott, Nancy Broome, and Stephanie Craig.

#EnergySavingsTip

All it takes is \$5 to find out if your fridge seal should be replaced. Check your fridge door's seal by closing it on a \$5 bill. If the bill stays tightly in place then the seal is OKAY. If not, your fridge has to work harder to keep things cold & therefore increasing energy usage. Get the door adjusted or the seal replaced to increase efficiency.

Learn more about energy efficiency by following us:

www.sjenergy.com
658-5252

Saint John Exhibition 2019

August 27-August

Knitting, crafts, jams, baking, vegetables, flowers....we've got a spot for whatever you've got

It's never too early to start thinking

Calling all exhibitors! The Ex is just around the corner!

2019 exhibitors handbooks available soon, call the office 633-2020 or check our website at www.exhibitionparksj.com

Cash prizes!
No fee to enter!

Play the same number every week

\$2 to play per week
Pre-pay by calling the club or stopping in

Deadline to pay is 9am Thursday into the green boxes and 10am Friday at the Club

We have 26 Green Box locations. Check our website for more details

634-2011 goldrush@sjclub.ca www.sjclub.com



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Des bénévoles formidables pour une fête formidable!



(Photo by Claude Emond)

Par **Jonathan Poirier**, Agent des communications et relations publiques de ARCf de Saint-Jean

Le 16 mars dernier a eu lieu la 5e édition de la fête multiculturelle Piments et sirop d'érable. Organisé par l'ARCf de Saint-Jean avec la participation du Centre de nouveaux arrivants de Saint-Jean, cet événement permet à la communauté de savourer une vingtaine de plats canadiens et internationaux en plus de pouvoir écouter des performances musicales variées.

Une telle fête est possible grâce au dévouement d'une cinquantaine de bénévoles ayant cuisiné et participé au déroulement de l'activité. Piments et sirop d'érable est un événement de partage culturel inclusif permettant de tisser des liens entre les communautés et les nouveaux arrivants. C'est merveilleux de sentir à quel point le monde est connecté à Saint-Jean à travers une telle activité.



Bénévole francophone au Centre des Nouveaux Arrivants



Left - right, Basel Weis and Rémi Richard
(Photo by Guy Verna)

par **Guy Verna**

Depuis trois ans, Rémi Richard fait du tutorat bénévole pour le Centre des nouveaux arrivants de Saint-Jean. Il explique qu'il aime enseigner et aider d'autres jeunes. Rémi est en 12e année au Centre scolaire Samuel-de-Champlain. Il s'intéresse à la politique, la science, l'histoire et la philosophie.

Ayant participé à plusieurs forums politiques pour jeunes, il continue d'être engagé dans sa communauté telle que, être un membre fondateur du comité de la voix des jeunes du Nouveau-Brunswick.

Rémi anime aussi un programme de conversations en français (« Le cormoran ») pour ceux voulant apprendre la langue française à la bibliothèque de son école.

The Saint John
Newcomers
Centre



Le Centre
de nouveaux arrivants
de Saint-Jean

Questions about our services? Call anytime or visit us at www.BrenansFH.com

It's traditional...

There are many traditions surrounding funerals. The oldest have been with us for centuries, the newest; they're being created every day. It's our tradition to do everything we can to ensure that each family that turns to us gets the service they expect, the respect they deserve, choices that suit their budget and everything they need to find meaning for today and hope for tomorrow.



Sharlene MacDonald Letha Kerr Karen Belyea Kate Lavhey John W. Doyle Stephen MacMackin

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634-7425 634-7424 849-2119

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Thera-Ped Foot and Ankle Clinic

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www.thera-ped.com / blog.thera-ped.com / facebook.com/thera-ped



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Gaining local and international volunteer experience in Saint John



Kelsey Thompson, volunteer, and her Wednesday English Language Group (Photo by: Emily MacMackin)

by Kelsey Thompson

My name is Kelsey Thompson. I am a volunteer at The Saint John Newcomers Centre. Volunteering at the centre is an extremely rewarding experience. I had the opportunity to learn about cultural competency, gain public speaking confidence, and even took a first aid class!

I am learning about the real, valuable positive affect volunteering has on people and communities. If you like tackling a challenge, become a volunteer with the Saint John Newcomers Centre. You might discover a hidden skill or talent you did not know you had! Come join today. Come be a part of something life-changing!

Giving back to your community

by Emma Hickey, Communications Liaison, Newcomer Connections

The YMCA is dedicated to building healthy communities. Everything we do in the community is made possible by the many generous donors, but not all donations require a dollar sign. Did you know that in 2018, 670 volunteers at the YMCA of Greater Saint John worked over 20,000 hours? Sharing your time and talents to build healthy communities provides a huge impact.

Volunteer opportunities exist in all programs offered by the Y. No matter your experience or how much time you can commit, you can make a big difference in your community. You can donate your time in YMCA child care, health, fitness and the aquatics programs, membership services, the newcomer connections programs, older adult programming, and many more.

If you are interested in donating your time to the Y, you can visit our volunteer postings page on our website or contact Samantha Howe at s.howe@saintjohnny.ca



Thank you, Eastern College



Volunteers from Eastern College cutting hair (Photo by Debbie McLeod)

by Debbie McLeod, Coordinator, Social Development

Thank you to Eastern College, the Barber Program, for providing free haircuts to all of our seniors. The students were so friendly, interactive and creative with the people receiving haircuts. Jeanette, the instructor, was so wonderful with her approach to the students and to the seniors. The students visited all of our senior buildings and provided this wonderful service.

The winter was so harsh it made it extremely difficult for residents to get out so a free haircut without having to go outside was much appreciated. A big thank you to Eastern College for supporting this and a big thank you to Jeanette for organizing this for us.

GET YOUR PIECE OF THE MONEY PIE

When you file your annual income tax and benefit return you may be eligible to receive benefits or credits, which could include:

- GST/HST Credit
- Working Income Tax Benefit
- Canada Child Benefit
- Canada Learning Bond (Up To \$2,000)
- School Supplement Benefit
- Healthy Smiles, Clear Vision Plan
- Registered Disability Savings Plan (RDSP)



For help preparing your income tax and benefit return, the Community Volunteer Income Tax Program (CVITP) may be able to assist you.

This FREE PROGRAM is available to those with modest incomes and simple tax situations.

For more information go to: www.canada.ca/taxes-help or call 1-800-959-8281.



What To Do If You Have a Refund

- **Set up Direct Deposit:** you'll get your refund faster: To find out how to set up direct deposit visit: Directdeposit.gc.ca
- **You don't need to go to a cheque cashing store and pay fees!**
- **A Government of Canada cheque (up to \$1500) can be cashed at Any bank (bring ID): You don't have to have an account there**



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SPCA – Rescue League

by Joan Richardson, Shelter Manager

It is our pleasure to celebrate and thank our amazing volunteers for all their hard work throughout the year. They have a love for animals and it shows because...

They walk dogs and cuddle cats. They foster animals with special needs. They welcome and they greet. They run Bingo each week. They work at the Kibble Bank and special events. They wash dishes and do laundry. They sort and they organize. They fundraise, and they fundraise! They build and repair, shovel, salt and sand. They pick up and deliver, do just about anything to lend a helping hand. They give of their time and promote our cause. They help us to improve the care of the many stray and unwanted animals in our community. Thank you!



Kelly Anne Kelly

by T. Roy

Kelly Kelly - a name synonymous with the word volunteer. What would the history of Anglin Drive be without its Tenant Association's President?

Kelly Anne Kelly? Kelly has dedicated 20-plus years to her beloved community, all while battling life altering medical issues. She has hosted cleanups and annual back-to-school dances.

Through the help of Learn and Go she and team mates completed their project by securing funding and upgrading our playground's equipment and replenishing the paint and pea gravel. Kelly wholeheartedly loves her neighbourhood and its people.

Kelly, we thank you for all your years of hard work and dedication. Your community loves and appreciates you.



Kelly surrounded by neighbourhood youth (Photo by Pat Porter)

Congratulations to Juanita L. Black, on her retirement from *Around the Block*



The Community Foundation would like to congratulate Juanita L. Black as she retires from Around the Block. Juanita has been involved with the newspaper since day one and has been Coordinator since the 2nd issue.

During her career, Juanita has won several awards for her work in the community including The Vibrant Communities Canada Innovation Award, The Queen Elizabeth II Diamond Jubilee Medal, The City of Saint John Merit Award, The YMCA Peace Medal, The Elizabeth Fry Society: "Rebels with a Cause" Award, The Crime Prevention Association of NB Certificate of Recognition, The George Lawson Memorial Award and she has also been awarded a Crescent

Valley Community Tenants Association Life Membership for all of her hard work and dedication in Crescent Valley.

Juanita is an exceptional leader and a tireless advocate for The Crescent Valley/Anglin Drive area and beyond to all of the priority neighbourhoods in Greater Saint John.

Juanita, as it happens, also celebrated her 65th birthday on Friday, March 29th.

Happy Birthday Juanita!

In lieu of gifts, donations to the Juanita L. Black Bursary Fund would be appreciated. Donations can be mailed to The Community Foundation or online:



www.thecommunityfoundationSJ.com



PO Box 20061, Brunswick Square
Saint John, NB E2L 5B2
343-5159 ~ info@sjfoundation.ca



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Giving back to the program that started it all



Lisa Morris (Photo by Kate Wallace)

Submitted by Living SJ

Volunteering makes Lisa Morris feel like she has a voice. She started giving back as a young mom, newly arrived in Crescent Valley. An early participant in Learn & Go, a program of the Saint John Women's Empowerment Network to help people make change in their communities, she's now a program mentor through her job at Irving Oil, a long-time Learn & Go partner.

Learn & Go has been scaled thanks to the Social Innovation Fund, a five-year, \$10-million provincial investment in new ways of combatting generational poverty. "Being more involved will help bridge the gap between poverty and the working poor and maybe help organizations/government better understand the barriers we face," Lisa says.



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10 locations . Over 50 camps . Endless fun!
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Resilience



Pictured left is Rokan, and right, Rokan and her family

by T. Roy

Three years ago, Rokan Ali and her family of six fled war-torn Syria. They arrived in Saint John and settled into the Anglin Drive community in the winter of 2016. Rokan quickly became fluent in the English language and became a valued translator for her family and other newcomers. She has excelled in all her studies and in every sport in which she has participated. She is a school leader and she volunteers with her school's lunch program. Rokan also volunteers her summer and weekends giving back to the YMCA by providing childcare.

Rokan, a positive role model for all youth, has shown amazing strength in adversity! Thank you, Rokan, for your admirable strength! You are an inspiration to all!

Your neighbours since 1854

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of the Immaculate Conception

www.sistersofcharityic.com



YMCA volunteers are building future leaders and strengthening community



by Emma Hickey, Communications Liaison, Newcomer Connections

Volunteers at the YMCA of Greater Saint John are changing lives every day, and in so many different ways.

Heather Muir has been volunteering with the Child Care department for more than a year. The YMCA relies on volunteers like Heather to assist in children's swimming time. Ratios in the pool are different than the classroom, and educators are very thankful for assistance on swim days. "I used to actually teach swimming to kids," Heather said. "When I saw this, I thought it was the perfect fit."

When Elena Chavarria moved to Saint John, she also looked for a way to get involved in her new community. When she met with YMCA Newcomer Connections' Volunteer Liaison, she was drawn to the opportunity to be a Homework Club Tutor. "I have tutored before, so I wanted to be able to help high school students with their work," Elena said. "Not only was it helping students, but it was also about helping newcomers, which – as a newcomer myself – I could relate to." Elena hopes that by helping kids discover how fun learning can be, she can encourage them to take advantage of every opportunity offered to them. And Elena's not the only volunteer working to engage youth.

The 10 young professionals who serve on the YMCA Youth Council are creating change by volunteering to engage youth and expand on leadership development opportunities, while also identifying gaps in programming.

"I have seen future leaders be made while volunteering on the Y's Youth Council," said Kjeld-Mizpah Conyers-Steede, a UNBSJ student. "The saying that leaders are not born, they are made," is being proven through the work of the YMCA."

Nick Plourde, volunteer at the Club



Nick Plourde (Photo by Jill Farrar)

by Jill Farrar, Program Manager, Saint John Boys & Girls Club

It can be difficult to find good volunteers, but we have found a great one with Nick Plourde. He started volunteering with us at the Club (Saint John Boys and Girls Club) in 2017, and has been with us ever since.

Coming from Ottawa, with a background in chemical engineering, Nick chose to volunteer with us so he could be a part of providing a safe space for youth and help children and youth grow and develop their skills. It doesn't hurt that he loves sports just as much as the kids. Nick volunteers with us every Monday for Ball Hockey Skills & Drills and our Summer Ball Hockey League.



**Boys & Girls Club
of Saint John Inc.**

Integration Starts Here L'intégration Commence Ici

The Saint John
Newcomers
Centre

Le Centre
de nouveaux arrivants
de Saint-Jean

506-642-4242
sjnewcomers.ca

NOTICE OF ANNUAL GENERAL MEETING

The ONE Change Inc.

**The Board of Directors of The ONE Change Inc.
Hereby gives notice of its Annual General Meeting**

Date: Tuesday the 30th of April 2019
Time: 6 p.m.
Place: Nick Nicolle Community Centre 85 Durham Street,
 Saint John, NB.

Connecting People by Building Community

Refreshments will be served, and you will have an opportunity to hear about the great things happening through ONE Change and our partners.

For more information, please contact us at: (506) 658-2980

HOPE TO SEE YOU THERE



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Smythe Street thanks volunteers

by Eric Eliassen

The residents of 33 Smythe Street would like to take this opportunity to thank everyone who has volunteered in one way or another in helping make every event successful over the past several years. It is volunteers that make every festivity in the building run as smoothly as possible.

Thank you again for your relentless work as it certainly doesn't go unnoticed.

Saint John Soccer Association

by Kyle Reade

We offer Spring Soccer at Emera turf exclusively starting April 2nd for all ages.

U4, U6, U8, U10 and U12 all practice on Tuesdays and Thursday, and U13, U15 and U17/U18 play Tuesday, Thursday, and Sunday. We do have funding opportunities and anyone looking at this option is asked to email: saintjohnsoccer@gmail.com or to register online :

<http://www.saintjohnsoccer.pointstreaksites.com/view/saintjohnsoccer/spring-5>



GOT DRUGS?

Get rid of unwanted drugs legally and safely

Community Drug Drop Off

Harbour Station Parking Lot

Drive through, Drop off, Enter to win a prize

Drop off your expired or unused medications, placing them safely in the hands of authorized personnel.

Saturday, May 11th, 2019, 11am to 2pm

We accept: Prescription medications, liquid medications, ointments, lotions, sprays, vitamins, patches and pet medications. This program is free, safe and anonymous.



Partners taking action to reduce substance abuse - reduce crime - prevent poisonings



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Saint John, New Brunswick, E2L 4Z6
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In support of



Surviving the Streets

Saint John Human Development Council

Abuse/Assault

Emergency.....	911
Domestic Violence Outreach.....	632-5616/649-2580
Fundy Region Transition House(Women&Kids).....	466-4485
Hestia House (Women&Kids).....	634-7570
Police (Non-Emergency)	
Kennebecasis Regional Police.....	847-6300
Saint John Police Force.....	648-3200
RCMP (Non-Emergency)	
Grand Bay- Westfield.....	757-1020
Hampton.....	832-5566
Sexual Assault Response Team.....	632-5758
Social Development (Government-NB).....	1-866-441-4340
Sussex Vale Transition House (Women&Kids).....	432-6999

Addictions

Alcoholics Anonymous(@GracePresbyterian).....	634-7765
Gamblers Anonymous, Saint John.....	647-7543
Narcotics Anonymous (@GracePresbyterian).....	634-7765
Portage Youth 14-21.....	1-888-733-9800
Ridgewood Addictions and Mental Health.....	674-4300
Sophia Recovery Centre (Women).....	633-8783

Clothing/Food

For a schedule of hot meals offered around town, contact the Salvation Army.....634-7166

East Side

Food Purchase Club@StMarySiBartholomews.....	696-1347
Lakewood Headstart Association.....	696-6164
Saint John East Food Bank.....	633-8298
Value Village.....	696-5301

Kennebecasis Valley

Kennebecasis Valley Food Basket.....	847-5854
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North End

North End Food Bank.....	634-7403
Produce Packs/ Food Purchase Club @NickNicolleCommunityCentre.....	658-2980
@CrescentValleyResource.....	693-8513
Rivercross Church Mission Outreach.....	642-8060
Salvation Army Thrift Store.....	632-8391

Uptown (South/Central)

Community Food Basket.....	652-2707
Food Purchase Club (@StJoesCommunityHealth).....	632-5537
(@PULSE).....	632-6807
Romero House.....	642-7447
Salvation Army (Hope Cafe).....	634-7166
St Vincent de Paul.....	634-3097
Teen Resource Centre (TRC) (Youth).....	638-2372

West

Guy's Frenchys Family Clothing Outlets.....	635-8944
Produce Packs @CarletonCommunityCentre.....	674-4335
West Side Food Bank.....	635-1060

Code Red Packs (Menstrual Products)

AvenueB.....	652-2437
North End Wellness Centre.....	649-2704
Port City Pharmacy.....	663-9898

Employment/Life Skills Training

Coverdale Centre for Women.....	634-1649/672-6285
Employment Development (Government-NB).....	643-7258
Fresh Start Services for Women/YWCA.....	638-1409
GED Information (Government-NB).....	643-7258
Job Bank.....	1-888-434-7070
John Howard Society.....	657-5547
Key Industries.....	634-6888

NBCC (Continuing Education).....	658-6600
ONE Change (North End).....	658-2980
Options Outreach Employment Inc.....	652-3977
Outflow Training and Employment Centre.....	658-1344
Saint John Learning Exchange.....	648-0202
School District (Anglophone South)	
Hampton Education Centre.....	832-6143
Saint John Education Centre.....	658-5300
Service Canada.....	1-800-622-6232
Teen Resource Centre (TRC) (Youth).....	638-2372
Uyes (Youth 15-30).....	632-5765
YMCA.....	693-9622
Women's Empowerment Network.....	642-9033
The Work Room @Agar Place.....	658-5580
@KVHS.....	848-6693
@Simonds High School.....	643-7422

Financial Assistance

Community Volunteer Income Tax Program.....	1-855-516-4405
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Year-round income tax assistance

@PULSE.....	632-6807
@NickNicolleCommunityCentre.....	658-2980
@SalvationArmy.....	634-7166
Employment Insurance Inquiries.....	1-800-206-7218
CRA Benefit Inquiries (GST, CCB, etc).....	1-800-387-1193
Social Development (Assistance).....	1-866-441-4340
Student Loans (NB).....	1-800-667-5626
(Canada).....	1-888-815-4514

Harm Reduction

AvenueB Harm Reduction Inc.....	506-634-1673
(Needle Exchange, Naloxone Kits, Condoms).....	652-2437

HIV Anonymous Testing.....	658-3998
RECAP.....	657-5699
STI Information Line.....	1-877-784-1010

Clinics/Hospitals

After Hours/Walk-in Clinics:

Crown Street Medical Clinic.....	635-2273
KV Medical Clinic.....	849-2273
Milledgeville Medical Clinic.....	642-3627
Rathesay Ave.....	652-6941
University Ave Medical Clinic.....	657-9355
West Side Medical Clinic.....	693-2273

KV Oasis Youth Centre.....	847-2383
Market Place Wellness Centre.....	674-4335
North End Wellness Centre.....	649-2704
Saint John Regional Hospital.....	648-6000
Sexual Health Centre.....	658-3998
St. Joseph's Community Health Centre.....	632-5537
St. Joseph's Hospital, Walk-In/Urgent Care.....	632-5555
Telecare Nurses (24 Hours).....	811

Help/Crisis Lines

Emergency.....	911
CH-IMO Suicide Crisis Line Inc.....	1-800-667-5005
Fredericton Sexual Assault Crisis Centre (24/7).....	(Call collect) 454-0437

Kids Help Phone.....	1-800-668-6868
Mobile Mental Health Crisis Services.....	1-888-811-3664

Identification

Health Card (@SocialDevelopment).....	1-866-441-4340
Birth Certificate, Medicare Card, Photo ID, Drivers License@Service New Brunswick.....	1-888-762-8600
Passport @ServiceCanada.....	1-800-622-6232

Legal Supports

Elizabeth Fry Society.....	635-8851
Family Law Information Centre.....	658-2261
John Howard Society.....	657-5547
Legal Advice Clinic (@GilbertMcGloanGillis).....	634-3600
Legal Aid NB.....	633-6030

LGBTQ2S+

Clinic 554 (All inclusive).....	1-855-978-5434
PFLAG.....	1-888-530-6777 (Ext 555)
(Gender Identity support line).....	1-888-530-6777
Saint John Pride.....	333-2224
Trans Lifeline.....	1-877-330-6366
UBU Atlantic (Transgender Support).....	sound@nbnet.nb.ca

Mental Health/Counseling

Canadian Mental Health Association.....	633-1705
Community Mental Health Services.....	658-3737
Family Plus / Life Solutions.....	634-8295
Gentle Path Counseling.....	652-7284
Mobile Mental Health Crisis Service.....	1-888-811-3664
PEER SJ (Drop-in) (Youth 16-25).....	658-5374

Pregnancy/Parenting

Clinic 554 (All inclusive).....	1-855-978-5434
Daycare Assistance Program @SocialDevelopment.....	1-866-441-4340
Family Resource Centre.....	633-2182
First Steps Housing Project (16-29 yrs).....	693-2228
Mother/Baby Clinic.....	648-6379
Motherisk Helpline.....	1-877-439-2744
Postnatal Breastfeeding Class.....	648-6379
Public Health.....	658-2454

Sex Worker Supports

Coverdale Centre for Women.....	634-1649/672-6285
Fresh Start Services for Women/YWCA.....	638-1409
Sex Trade Action Committee (@Avenue B).....	652-2437

Shelters/Housing/VAW Transition Houses

Coverdale Centre for Women.....	634-1649/672-6285
First Steps Housing Project (16-29 yrs).....	693-2228
Fresh Start Services for Women/YWCA.....	638-1409
Fundy Region Transition House(Women&Kids).....	466-4485
Hestia House (Women&Kids).....	634-7570
Housing Alternatives.....	632-9393
Outflow Men's Shelter.....	658-1344

Residential Tenancies Tribunal (Rentalsman) (@SNB).....	1-888-762-8600
Safe Harbour House (Youth 16-19 yrs).....	642-6647
Social Development NB.....	1-866-441-4340
(After Hours).....	1-800-442-9799
Sussex Vale Transition House (Women&Kids).....	432-6999

Other Services

Adult Protection (@SocialDevelopment).....	1-866-442-4340
Child Protection (@SocialDevelopment).....	1-866-441-4340
Child and Youth Advocate, New Brunswick.....	453-2789
Libraries:	
East Branch.....	643-7250
Main Branch (Market Square).....	643-7220
West Branch.....	643-7260
Kennebecasis Valley.....	849-5314
NB Human Rights Commission.....	453-2301
Rivercross Mission Outreach.....	642-8060
Saint John Transit.....	658-4700
Shower, Laundry, etc - Oasis (Youth) (@TRC).....	632-5615
Teen Resource Center Drop-In (Youth 13-18).....	632-5615

Need information on community services in Saint John area?

Call the Human Development Council's Community Information Line. We can provide general information on programs and services. We can also give confidential referrals to health, social, governmental, and community based services. For detailed information and street addresses for the programs and services in this pamphlet- 506-633-4636 ; saintjohninfo.ca.

Surviving the Streets is produced by the Saint John Human Development Council (HDC) and the Community Council on Homelessness (CCH) 506-634-1673 ; info@sjhdc.ca www.sjhdc.ca

SURVIVING THE STREETS



WHERE TO GO WHEN YOU NEED HELP

JUNE 2018



Food purchase contest

This is issue 64 of *Around the Block* and our food purchase contest, sponsored by Saint John Energy, which provides two \$15 fresh fruit and produce orders for each issue of *Around the Block*. You need to find hidden anywhere, in the pictures, the ads, or in the stories throughout *Around the Block* two Saint John Energy logos (not including this notice, the SJ Energy logo on page 1 or the Saint John Energy ad on page 8).



Send your answers, with your name, address and phone number to: sjcommunitynewspaper@gmail.com or call 647-4850. You need to identify the page and location of each hidden logo. Only one answer per household. Your name will go into a draw for one of the \$15 orders. The contest will end Thursday April 17th, 4 p.m. and you will be called if you are a winner with the location where you can pick up your order. The winners of issue #63 contest were Jessica Meahan and John McCaig.

We will list the winners of the current contest on the Human Development Council Facebook page on Thursday April 18th.

You Are Invited

Saint John Kings Adult Learning Inc.

GED TESTING CENTRE

GRAND OPENING

April 15, 2019

11:30am - 1:00pm

Suite 1010, 400 Main Street
Saint John, NB

Light Refreshments Presentations at 12:30

Saint John Kings Adult Learning Inc. Our goal is simple: To help learners reach theirs.

