

AROUND THE BLOCK

LEARN ABOUT THE CARLETON ALL-STAR CHEERLEADERS > SEE LOWER WEST eXPRESS PAGE 5

ISSUE 3, FEBRUARY 2009

sjcommunitynewspaper@gmail.com

PLEASE TAKE ME I'M FREE

Welcome to Issue #3

by Juanita Black

Hi readers, here we go with issue #3 and as you can see we now have a name. Welcome to "Around The Block". The name was selected out of 61 submitted and it was a close race right to the end. Thanks for all your votes.

As we are well into the cold winter months I hope you will enjoy some winter stories from our "Winter Blahs" theme. You will see more improvements in this issue: bolder subtitles, bigger pictures, and more space between stories. We also welcome Nikki Vautour as the new Neighbourhood Assistant from the Waterloo Village area. She will be working with other volunteers in her priority neighbourhood to bring you stories each issue. We also now have a new proof reading team of Linda, Mary, Rona and Cindy to keep track of our spelling and punctuation. I know I need them.

We also have two workshops scheduled with our volunteers. One is with St. Thomas University journalism instructor Mark Leger, on March 4th at 10:00 a.m. at the Community Health Centre. The second is with Peter Gross from the NB College of Craft & Design on February 20th at 10:00 a.m at the Community Health Centre. He will be bringing 8 to 10 of his photojournalism students to work with our volunteers.

I hope in this issue you will continue to see our focus on the positive stories that are coming from our communities. It is all the volunteers in each community that makes this newspaper so unique. If you have any ideas to share please drop me a line at sjcommunitynewspaper@gmail.com or call 693-0904.

Free Poverty Workshop

by Lyn King

Have you ever wondered what it would be like to walk in someone else's shoes? You can get a better idea of what it would be like to live on a very low income when you experience the Urban Core Support Network Poverty Workshop. Groups can vary in size from 5-100 people and the workshop length can be 1 hour - 2 hours, at no cost to your group. This is an interactive workshop, which simulates for a brief time, some of the experiences faced by women who live in poverty in our communities.



Photo Courtesy of Vibrant Communities
Participants in the Poverty Workshop hosted the Urban Core Support Network on January 19th enjoy a brief lunch

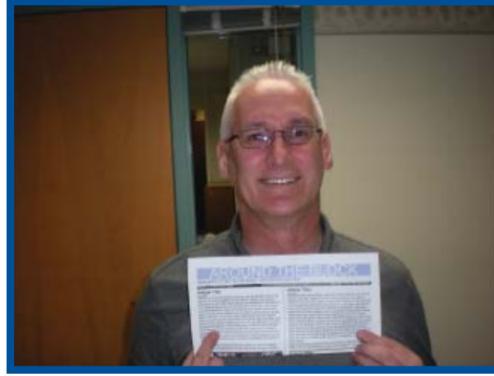
It is a tool that is designed to help us to better understand the issues faced by those who live in poverty and to give serious thought to how we can "make a difference." Become more aware of the impact of poverty by booking a workshop with UCSN. Contact Lyn King at 648-4745 or lynking@nb.sympatico.ca.

A Positive Focus on Neighbourhoods

by Wendy MacDermott

The Premier has been in town a lot lately! In December Shawn Graham announced funding for Vibrant Communities to expand our neighbourhood work. What this means is a neighbourhood assistant in the Waterloo Village neighbourhood, the South End, the Lower West Side, the Old North End, and Crescent Valley. We have learned that to improve our neighbourhoods we need to feel part of them and feel connected. The better you feel about your neighbourhood, the more you will want to make it even better. That is the job of the neighbourhood assistants; to find out your hopes for your neighbourhood and to make it easier for you to 'get involved'. Vibrant Communities will also be hiring a Neighbourhood Community Developer to help bring together the five neighbourhoods to learn from each other and to help each other. You have the power to make a difference! Please contact one of the neighbourhood groups or your neighbourhood assistant to find out more. (See page 12)

And the Winner Is.....



Paul Ross was the lucky reader who selected the winning name of our community newspaper. We asked Paul to share his thoughts on why he picked the name. Here is what he had to say:

"I wanted to name this paper because it brings local communities together through the events that are reported in each section of our large community. You can be isolated living in one section and not know what is going on "Around the Block". This paper ties neighbourhoods together reporting exciting events and celebrating achievements of citizens in our community. I really like the positive outlook that this paper takes in their reporting and look forward to enjoy reading the next edition. Thank You for this privilege."

Photo Courtesy of Juanita Black



The City of Saint John Community Centre's support a **Bully Free Environment**.

Our goal is to make the Community Centre setting safe, fun and welcoming for our participants. If you or someone you know if being bullied please talk to one of the city staff members that you see wearing a Pink t-shirt.

Pink Force



Photo Courtesy of Al Rouse

Hon. S. Jamieson, Hon. J. Keir, Hon. M. Schryer, Premier Graham, Tom Gribbons, Hon. E. Doherty, Mayor Ivan Court, Senator Joseph Day



Old North End

North End Youth, Thank You

by Michelle Bainbridge, Neighbourhood Assistant

Now that the new year has started I would like to report from ONE Change the part the teens have played and their involvement in our community. They are a great bunch of teens that need to be recognized for their commitment. A congrats to all of you who have taken the time to volunteer for things like child care, for being escorts at the environmental campaign, planting trees and flowers to make our community look beautiful, and going door to door with the flyers that needed to be handed out, just to mention a few. We all appreciate the effort and dedication you have shown and look forward to seeing what the New Year will bring.

Old North End Do Gooders

by Tammy Calvin

On her 3rd bout with cancer, at the age of 70, Carol Abric still manages to make her rounds throughout the neighborhood collecting bottles and cans. Carol enjoys doing what she can to help out those that are less fortunate. The bottles and cans that are collected are cleaned, sorted and bagged by Carol; she even stores them in her apartment until she has enough to fill a truck. All money collected is donated to a church. A special thank you to the people in the Alexander apartments who took charge of plugging in the lights for the Christmas tree in Victoria Square. It was very much appreciated.

Lorne School Closure

by Michelle Bainbridge, Neighbourhood Assistant

I have been asked to write a little something on the announcement of the school closure of Lorne. The community paper was set out to be about the positives in our communities and it is difficult to think of the positives at a time like this. Therefore, I would like to take a moment and talk about these positives in our community school over the past little while. Working with our partners is important!! Lorne, North End Community Centre, Main Street Baptist Church and the ONE Change have been working closely together developing programs, one of which is the staff meeting up with the kids at lunch time and walking over to the Mission (lunch program at Main Street Baptist Church), where we interact with local residents and where we are able to make connections between the youth and the adults in our community. Our numbers are showing that it is working and it would be a shame to lose what we have.

December Events

by Tammy Calvin

ONE Change hosted a first ever People Parade. Led by a fire truck, the parade of approximately 80 carolers marched from the North End Community Center to Victoria Square where there was a Christmas tree lighting ceremony complete with caroling, hot chocolate and cookies. After the parade all the children were invited to the NECC for a pizza party. The children also received teddy bears from the Saint John Sea Dogs Teddy Bear drop. It has been reported that the teenagers like their bears as much as the children.



Photo Courtesy of ONE Change
December 12th, People Parade

The 3rd Annual Twas the Night Before Christmas party was celebrated by approximately 350 people at the North End Community Centre. Food and drinks were enjoyed by all, along with live entertainment, lots of door prizes and presents for the children. Every child under 18 received a new pair of pajamas. Special thanks to residents Adam Bulmer and Bridgette Ellis for baking the delicious cupcake ornaments.



Photo Courtesy of ONE Change
Youth enjoyed pizza and pop after the tree lighting and parade.

Combatting the Winter Blahs

by Michelle Bainbridge, Neighbourhood Assistant

How do you beat the winter blahs?

1. Do you do random acts of kindness?
2. Do you plan your next vacation?
3. Do you turn on the heat lamp and pretend you are sun bathing?
4. Do you paint a room or your apartment?
5. Do you play hide and seek with your dog only to find out they can out run you?



Photo Courtesy of ONE Change

Over a hundred parents and their children from the Old North End gathered at their annual holiday event. Rogers Cable was on hand to present a cheque for \$3,000 to help ONE Change Inc. run its community activities in the neighbourhood.

In this photo: Kurt Peacock of ONE Change and his daughter, Kayla Williams and Michelle O'Dell (members of the ONE Change Youth Advisory Committee), Natalie Belliveau of Rogers Cable, Nathan (member of the ONE Change Youth Advisory Committee), Tammy Calvin of ONE Change, and in the front row Darnell Moses and Taylor Basque (children participating in the event). Thanks again for the collaboration!

The ONE Change Host to Student

by Michelle Bainbridge, Neighbourhood Assistant

The ONE Change had the pleasure of having an extra hand. For 7 weeks a co-op student was here to help out with the Dare program, administrative duties, developing flyers for events, and making reservations for the boardroom.

Quote from our student, "I took away the amount of work that goes into non-profit organizations. Respect the amount of effort made by communities in evolving such programs as ONE Change. I have seen the benefits of organizing events for teens and the success it has had keeping at-risk teens out of trouble in such a priority community."

6. Have you laughed at your own jokes so hard that everyone around you think you are the weirdest person alive?
7. Do you read a good book?
8. Do you rearrange your furniture, just for fun?
9. Or, have you just had a relaxing cup of coffee with an old friend?

Happy Days ahead.

SOUTH END

ISSUE 3, FEBRUARY 2009

Page 3

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Moving to the South End

by Suzanne Kingston

When I first moved to Saint John in 1990 the advice I was given was stay away from the South End, "It's a rough part of town." Despite this best intentioned advice the South End drew me in. After 18 years I haven't regretted it since!

My experience of the South End changed for the better, when my oldest child entered school. It was then that I and my family really felt part of the neighbourhood. It was then that I realized that many of the preconceived ideas about the South End were both false and true. Yes, people are struggling and yes, there are sad desperate stories, but there are also stories of people doing the best for their kids despite the incredible stresses in their lives. I have seen moms literally counting their pennies to cover taxi fare to the grocery store or planning weeks ahead to make sure they can cover the next Scholastic book order. I have seen lots of parents put their children's needs way ahead of their own to ensure their children's future is bright – sometimes that means going out to work but sometimes that means staying home. The cycle of poverty is likely to end with parents like this – I can think of this bright little girl I know – the odds are against her but she has a mom that will make the difference!

City Youth Ministries Continue to Support the South End Community

by Jennifer Edison, Neighbourhood Assistant



Photo Courtesy of Jennifer Edison
Beth McCullough

It was twenty years ago this year, that a hot lunch program was developed by Inner City Youth Ministries (located at St. John the Baptist Church on Broad Street) for students attending school in the south end, which many families still rely on to this day. Originally the hot lunch program was held at St. James Church twice a week for several years, with the support of St. John the Baptist School, the business community and the Anglican Diocese of Fredericton. The hot lunch program runs five days a week in the South End and in recent years has expanded to other areas of the city with one in the North End and one in the Glen Falls area.

Donnie Snook, Councilor of Ward 3, has been the Director for 11 out of the twenty years, his predecessors have included, Alden LeGassie and Chris Van Burke for 3 years,

and Rob Marsh for 6 years. This program would not be successful without the help of dedicated volunteers such as Beth McCullough who has been involved for 13 years. This program has been and continues to be a staple for families living in the South End. Inner City Youth Ministries also offers a variety of other programs and services that support families and students. An after school program for children in grades K-2 runs four days a week. There is also an emergency program that supports families in need or in crisis. Inner City Youth Ministries occasionally receives donations of tickets to Sea Dogs games and supports families by taking them swimming, to movies or trips to events at the Imperial Theatre that they may not otherwise have the privilege to participate in. They also offer a free Ice Hockey program for up to a 100 children on Saturday mornings. Inner City Youth Ministries is definitely an asset to our community.



Photo Courtesy of Jennifer Edison
Youth participating in Chicken Noodle Soup Club

Combating the Winter Blahs

1. Sliding in Queen Square
2. Skating at Rockwood Park
3. Tubing at Rockward Park
4. Sitting by the fire drinking hot chocolate
5. Organizing a Winter Carnival



Our Neighbourhood Festival 2009

by Carl Trickey

Past: In 2008, people from the South End Peninsula came together to plan a one-day event that celebrated their neighbourhood and the people who lived there. Activities were planned and the neighbourhood came out to enjoy a day of fun, friendship and all of the good things that make our neighbourhood our 'home' of choice. Even people that had moved from the neighbourhood came back to celebrate their roots.

Present: If one thing was evident from the success of South End Days 2008, it was that this neighbourhood was very proud of where it had come from and that it wished to create a new tradition for its future. Planning for South End Days 2009 has begun with much excitement and enthusiasm. It will be bigger ~ stretching over a three day period ~ and better ~ with more activities that respect a broader cross-section of the people that live, work, and play in the South End.

Future: Dates have been set for South End Days 2009 – July 17th to 19th, 2009. Lots of events are being considered and to make certain that it doesn't rain on our parade; plans are underway to house most events in a 'Big Top' tent, erected in a visible and accessible area of our neighbourhood.

Membership: Currently members of the South End Days Committee are Jennifer Edison (Neighbourhood Assistant), Niki Wilson, Cynthia Dupere, Kathryn Ferris, Scott McKinnon, Donnie Snook (Councillor – Ward 3) and Carl Trickey. We need to have a broader cross-section of residents to participate in the planning and volunteer sections of this event.

Contact: To stay informed about South End Days be certain to join the group – South End Days – 2009 on Facebook or leave contact information on the PULSE Line at 632-6807. We look forward to your comments/concerns/ideas and participation.

P.U.L.S.E. Inc. (People United in the Lower South End)

by Carl Trickey

P.U.L.S.E. Inc., a community initiative established to improve the quality of life of people living and working in the Lower South End, has moved into your new community facility located at 251 Wentworth Street, along with our Community Police Officer – Jeremy Edwards.



Photo Courtesy of Colin McDonald

The Interim Board of Directors consists of: Carl Trickey – President; Katherine Ferris – Vice President Residents; Shelley Gautreau – Vice President Community Partners; Sean Crowley – Treasurer; Dawn LeBlanc – Secretary; and Board Members: Colin MacDonald; Jim Kuehnel; Sheila Croteau; Leslie Hamilton-Brown; and Hilary McLeod.

The Board has been busy with the requirements of becoming established – becoming incorporated, opening bank accounts, establishing by-laws, ensuring land transfers, building issues, funding applications, charitable status application, rental agreements and lots of meetings with community groups and residents. A few smaller projects have been undertaken with a graffiti clean-up and a safe Halloween Event in 2008 but now that we have moved in, we will begin work with six weekly 'Dialogue Sessions on Community Policing' and working with the residents to develop a neighbourhood plan that will address current and future needs of the Lower South End. We look forward to working with existing groups to achieve great things for our neighbourhood.

We encourage residents to drop by and see their new building – the PULSE Building is your building. Plan to get involved – plan to become a part of the changing face of your neighbourhood.

Contact Information: P.U.L.S.E. Inc.

Address is: 251 Wentworth Street, Saint John, NB E2M 5V4

Telephone: (506) 632-6807, Email: sepolice@nbnet.nb.ca

Crescent Valley

NB Children's Foundation Presents \$5,000 Cheque to Flemming Court Park Project



Photo Courtesy of the NB Children's Foundation
Joan Smith (right), Director of the New Brunswick Children's Foundation presents a \$5,000 cheque to assist with costs in building the Flemming Court Park in the Crescent Valley community to Ann Barrett (middle), Treasurer of the Crescent Valley Resource Centre Inc. and Helen Bridgeo, Honourary Chair of the Park Committee. The project has raised over half the funds needed and would greatly appreciate your donation. Contact Crescent Valley Resource Centre at 693-8513 or Ann at 642-7404.

Constable David Hartley-Brown

I have been a police officer for 18 years and have had the opportunity to work in several areas within the Saint John Police Force, which included Family Protection and District Investigations Unit.

My duties within the Community Services Unit deal with both initiatives and programs directed toward crime prevention and crime reduction. My focus is directed towards developing partnerships with residents, community groups and other agencies in order to identify community problems and concerns. In the past year I have worked on initiatives towards the issue of youth crime and domestic violence. Since the Crescent Valley Resource Center opened last year I have been active in several enforcement projects, such as drug raids, targeting prolific offenders and dealing with troubled youth. I have also partnered with the Saint John Fire department on two major projects dealing with grass fires and the safety issues concerning the basement and common areas of all the housing units.

I accepted the position as a community officer because I enjoy the opportunity to work with both residents and other community partners in helping to make Crescent Valley a safe place to live, work and play.

David Hartley-Brown can be contacted at 674-4295 david.hartley-brown@saintjohn.ca or policetipscv@saintjohn.ca His office is located at 130 MacLaren Blvd.

Crime Prevention Tip: Know where your kids are at all times!!

Crescent Valley Blog

by Shannon Campbell

During the summer of 2008, the Crescent Valley Resource Centre got some space online with the help of our summer student, Emily MacDonald. We have been updating the site on a regular basis, which is a not a difficult task and also very fun!

Visit the Crescent Valley site at <http://www.crescentvalleyresourcecentre.blogspot.com/>.

If anyone would like to learn how to make a blog or would like to volunteer to update ours, please call 693-8513.



The Closing of Hazen White St. Francis

by Rita Tyler

I've been a resident of Crescent Valley for 10 years. I have an 11 year old daughter at Hazen White St. Francis School and I am hoping it won't close.

If our school closes it will be taking AWAY A BIG PART OF OUR COMMUNITY. Children get to exercise walking back and forth to school. They meet up with other classmates along the way. My daughter really enjoys chit chatting on the way home each day.

Our school has a nice sports field used for different sports through out the year. We have a playground and a large paved area for skipping, hopscotch, playing basketball hoops, or just running and playing.

We now have a hot lunch program so children can buy lunch 4 days a week; on Wednesdays there is free chicken noodle soup for anyone who wants it. Our school has a Family Centre every Wednesday from 9 am - 10:30 am for children 0 - 4 years old. They have gym time, crafts, snacks, and much more. My daughter is part of the Girls' World which meets every Monday from 3:15 - 5:00 pm. They cook, do crafts, they do fundraisers for the community and talk about all kinds of things. They are learning self esteem.

There is also a food purchasing club where once a month you can make a \$10.00, \$15.00 or \$20.00 order, which consists of fruits and vegetables. You really get your money's worth.

We have a new principal this year who I think is great for our children and the school. I am hoping they don't close our school. Our school is now a Community School which has lots of benefits for the children. They say if the school closes all the benefits will go to other school with the kids.

HOW CAN WE HAVE A COMMUNITY SCHOOL IF THEY TAKE THE SCHOOL OUT OF THE COMMUNITY??



Photo Courtesy of Paul Kelly, Vice Principal
Hazen White St. Francis

Hazen White St. Francis

by Tia Rector

I'm one of Hazen White's students and I hope that my school doesn't close. I don't want the school to close because I have been there most of my life and that school means a lot to me and to our community. Many of our parents went to this school as well and wouldn't like to see it close. My classmates and I would like to stay so we could graduate from Hazen White St. Francis up to a high school in grade nine. So we will see what Kelly Lamrock will decide.

Combatting the Winter Blahs

1. Plan winter activities like March Break and Winter Carnival
2. Do crafts with kids
3. Keep yourself busy with snow shovelling
4. Build snow tunnels
5. Plan you garden for the Spring



Photo Courtesy of Juanita Black

Bank of Nova Scotia Makes Difference

by Lisa Murphy, Neighbourhood Assistant

The Scotiabank on Main Street West has been donating to the Carleton Community Centre for about eight years. It donates approximately \$4,000.00 a year. Each year, the employees raise a certain amount of money through various fundraisers. Their head office matches whatever amount they raise. Scotiabank has been extremely generous and has been instrumental in getting equipment for the Carleton Community Centre that they otherwise would never have been able to afford. Some examples of this tremendous generosity are: a score board for the gym, a treadmill for the fitness room, and a tremendous amount of very expensive ball hockey equipment (chest protectors and pads, goalie glove and blocker, etc). They have also received cheerleading supplies (uniforms / pom poms), tables for the Seniors Room, equipment for the Carleton Youth Dances (computer and projector), and security cameras for our playground.

These are just some of the wonderful things the Scotiabank has done for our Carleton Community Centre. Thank you for all your hard work and very generous donations!

Carleton All-Stars Cheerleading

by Shyanne Cavanaugh



Photo Courtesy of Carleton Community Centre Carleton All-Stars Cheerleaders

The Carleton Community Centre, again this year, has two cheerleading teams. This is an ever growing sport. We have a Youth Intermediate group this year that has 24 children eleven years and under, as well as a Junior Intermediate with 35 children fourteen years and under. The boys and girls on the teams practice once or twice a week, and love every minute of it! The teams are coached by

Kayla Roy who gives each and every one of them the leadership, and confidence in themselves so that they can be the best they can.

Over the Christmas break both of our cheerleading teams attended the North End Centre competition. Both of the Carleton teams won first place. Each participant on the two teams was awarded a 1st place medal for their hard work. Both the youth and junior teams will be attending a competition in February which will be hosted by Elite Cheer Sensation cheer gym.

In March, our Youth team will be heading to Fredericton to compete in the Battle at the Capital, as well our Junior team will be heading to Halifax to compete in the Cheer Expo competition. We wish the best of luck to all the participants in there future competitions.



Combatting the Winter Blahs

by the youth at the Carleton Community Centre

1. watching movies
2. making snowmen
3. sliding
4. ice skating
5. skiing

Photo Courtesy of Wanda McEvoy



Photos Courtesy of Wendy MacDermott and Lisa Murphy Youth prepare a potluck at the Carleton Community Centre, January 23rd and Guests anxiously await the meal!

Winter Windchill

by Sue Palmer

As I sit here once again wondering if it's too cold to take the baby and dog for a walk, I turn on the radio to listen to the weather. Yep, too cold, -25C and a wind chill to make it feel like -37C. So I wondered how they got to figure out the temperature with the wind chill. So I went to the environment Canada website, and this is what I found.

$$C = 0.323 \times (18.97 \times \sqrt{V} - V + 37.62) \times (33 - T)$$

Where C is the wind chill factor (cooling rate) in watts per square metre (W/m²); V is the wind velocity (speed) in km/h; and T is the temperature in °C. The factors 18.97 and 37.62 are constants for the mathematical fit. The factor 33 is an assumed mean skin temperature in °C.

I guess I'll just listen to the radio and let them tell me just how cold it is. How should you dress when you don't have the choice to go out or not? When there is a wind chill factor you need to keep all exposed skin covered due to the fact that the wind dries the skin and that will cause the exposed area to freeze faster. As a guideline, keep in mind that the average person's skin begins to freeze at a wind chill of -25, and freezes in minutes at -35. But there is hope that all this cold weather will soon be behind us. Only 50 days or so and the first official day will be upon us; until then....stay warm, and get out for a walk when you can, and maybe Lily, Solo and I'll see you around.

Chuck Edison

by Barry Freeze

Chuck Edison is a Leisure Services Coordinator with the City of Saint John. Chuck's main responsibility is operating the Carleton Community Centre in Lower West Saint John. He really enjoys being there and says he feels blessed to be involved with such a great community. Although his heart is now in the West Side his thoughts of Crescent Valley are always close by.

Chuck Edison grew up in Crescent Valley on MacLaren Boulevard and lived there into his adulthood. Chuck flourished in the community as an athlete, a coach and a community leader. Chuck was always a person who appreciated those in his life who gave to him and his friends, so much so, that he gave back at an early age. As a young man in high school, he returned to Hazen White - St. Francis School and coached many teams over many years. He then took on a part time job in 1976 as a youth centre supervisor at Somerset Community Centre where he always gave much more than was expected. Following Somerset, Chuck was very fortunate to become a full time Recreation Supervisor with the Recreation and Parks Department in 1984.

Recently, Chuck had the opportunity to return to his roots in a professional capacity. He expressed much pride in his former community and the commitment that it has to work together to care about each other and provide its own leadership in making Crescent Valley a great place to live. He is very excited that Crescent Valley residents are working so hard to restore their community to that great place it once was. He applauds this tremendous effort and is so glad they care so much about making a difference.



Meet Your New Neighbourhood Assistant

by Nikki Vautour

Hi, my name is Nikki Vautour. I am your new neighbourhood assistant. I am a mother of 2 beautiful children, aged 13 and 8, whom go to Prince Charles School. I moved to the area in 2003 and have enjoyed my time here, yet I see room for improvement. I look forward to meeting everyone in our community and look forward to working on making our community a great place to be and live. I welcome everyone to speak with me so I can get to know what the community needs. You can contact me at n_vautour_village@hotmail.com.



Romero House Soup Kitchen Inc.

by Rose Hallett

Romero House, located in the Waterloo Village Community, offers much more than a soup kitchen. It offers a variety of services from free hot meals to a free clothing depot. All the services offered by Romero House are free of charge. Services include:

- Soup kitchen
- Emergency food
- Chapel
- Clothing /household goods
- Health Care
- Outreach
- Street Mobile Services



Hours of Operation are Monday-Friday 8 a.m.- 4 p.m. and Sat/ Sun 9 a.m.-1 p.m.

Starting November 1st and running until the end of February, the Romero House Mobile began travelling the streets at night offering hot coffee and sandwiches to those in need. As well, they have sleeping bags, warm blankets, hats, scarves, and mitts.

Since it opened in 1982, Romero House has served over 1,445,690 meals not including those served this year.

Giant Tiger Homework Club

by Catherine Robichaud

The Giant Tiger Homework Club is a program that is run daily at the Boys and Girls Club from 4 to 5:30 pm. This program provides an opportunity for youth who attend our afterschool program to do their homework before they go home for the evening. This club is especially useful for youth who have extracurricular activities during the evening such as various sports or attending our evening youth program. Volunteers, either members or individuals outside of the club, are especially drawn to our homework club. They have the opportunity to tutor our youth in specific subjects or be available if any questions may arise. Our local supporter, Giant Tiger, has been very essential in running this program. They provide all the materials that make this program a success such as paper, pens, pencils, notebooks, or anything else that could assist our youth. Please call (506) 634-2011 if you have any questions regarding our programs at the Boys and Girls Club.

Combating the Winter Blahs

by Linda Scott

1. Go for a walk and enjoy the winter air. (Be careful on the ice!)
2. Go to the Regional Library and find some interesting reading material and enjoy in their nice reading areas.
3. Go to lunch with a friend.
4. Stroll through the city market and stop and have a coffee and "People Watch". (You will be surprised how many people you will know to chat with.)
5. Invite friends for card parties, etc.

Most of all enjoy friends and family and be thankful Spring is coming soon. I remember my mother had this verse framed and done in cross-stitch when I was growing up.
Good Food to Eat, Good Books to Read, A Fire to Cheer, And Old Friends Near.

Photo Courtesy of Wanda McEvoy

The Key to Well Being

THE KEY TO WELL BEING is a personal growth journey for women.

This FREE six week course is designed to help women enhance self-esteem, identify barriers to change, and embrace a more can-do attitude.

When: March 16 - April 24

Time: Monday-Friday, 1:00-4:00pm.

Where: Community Health Centre, 116 Coburg St.

Childcare and transportation costs are available for those who qualify
For more information: call Susan McKeon 672-7451
Register soon! seats are limited to 15

Winter Blahs

by Nikki Vautour

Its cold, snowy, and wintry. How do you beat the winter blahs? Although the elements have hit us hard, my family and I have many activities planned such as the upcoming Skate to Care event and a cabin trip to go ski dooing, skating, and sliding. We don't let the weather get us down. We dress warm, wear boots and have fun. If you can't beat 'em, join 'em!

History of Exmouth Street United Church

by Linda Scott

In 1820, the lot known as "Vinegar Hill" was deeded to the Methodist Society for a church. It was so called because there was a vinegar plant on Waterloo Street and the waste vinegar ran down the rocky cliff towards Brussels Street (aka Prince Edward). The lot remained vacant for over 35 years.

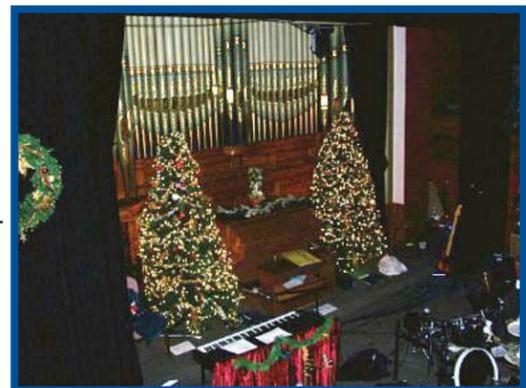


Photo Courtesy of David Mills,
Phoenix Dinner Theatre
1912 Cassavante Pipe Organ

One young lad, James Thomas Smith, bet his young companion a bushel of marbles they would never build a church "on a place like this." The Exmouth Street Church was indeed built and his son was the first baptism. The church opened in 1857 becoming the fifth Wesleyan Methodist Church in Saint John at the time. The first minister was Rev. Charles Stewart, a young Scotsman and an adamant teetotaler. A Sunday School was soon organized and by 1871 the Church was raised 12 feet to house the Sunday School.

After the Great Fire of 1877, Exmouth Street was the only Methodist Church standing in the main part of the city and offered their facilities to other congregations. Later the Glad Tidings Mission Hall was erected; its main purpose was the Sunday school and social and evangelistic work. It operated a soup kitchen and provided clothing etc. Over the years, it also housed regular school classes, cooking and sewing classes and even was a detention quarters for drunks.

Please see > Community Partners Page 12

Learn & Go Update

Team Report

In the last issue of our newspaper we read of the efforts by team members to get improved lights in the Courts off Crown Street. The reason was safety and security for our children and residents. We are happy to report that the Department of Social Development Housing has installed 8 new dusk to dawn lights at the corners of our buildings. These lights are facing the sidewalks and parking lots. In the evenings now the difference is amazing. In the spring the Housing hopes to install more lights between the buildings. Teamwork help fix this problem, thanks to all.



CRESCENT VALLEY MARCH BREAK ACTIVITIES March 2-8, 2009

In Cooperation with the Crescent Valley Community Tenants Association, the Crescent Valley Resource Centre, and Somerset Community Centre

Monday, March 2nd	
Aquatic Centre	Meet at the SCC, FREE to all ages, 1:30pm. Children need a waiver from CVCTA or CVRC
Kids BINGO	Free at the CVCTA, 6pm-8pm, Ages 5-12
Tuesday, March 3rd	
Pancake Breakfast	CVCTA, 8am, FREE to all ages
Co-ed Soccer Tournament	SCC, 10:00am, 12 and under
Wednesday, March 4th	
Ping Pong Tournament	SCC, 10:00am, ages 12 and up
Dinner and a Movie	CVCTA, 4:30pm, FREE, ages 4-8
Dinner and a Movie	CVRC, 5pm, FREE, ages 9-12
Dinner and a Movie	CVRC, 5pm, FREE, ages 13 and up
Thursday, March 5th	
Cheerleading Competition	10am, SCC
Bowling	12:30pm, Sponsored by the SCC, FREE to all ages, meet at CVCTA at noon
Friday, March 6th	
Co-ed Ball Hockey	Friday evening and all day Saturday, Ages 3 - 11, Each team must have 2 boys, 2 girls and a goalie
Saturday, March 7th	
Bacon and Eggs Breakfast	SCC, FREE to all ages, 9am-11am
Dinner and a Movie	CVCTA, 6pm, FREE, Adults ages 18 and up

Crescent Valley Community Tenants Association
 CVCTA, 55-57 MacLaren Blvd., 658-9658
 Crescent Valley Resource Centre
 CVRC, 130 MacLaren Blvd., 693-8513
 Somerset Community Centre
 SCC, Rope Walk Road, 658-2922

What's Happening at the TRC

by Linda Scott

The cold weather has limited the outdoor activities at the centre but they have been active. A wake-a-thon, swimming at the Aquatic Centre as well as some other neat events like Mad Scientist, Fear Factor Night, Planet Earth and Taco Night were held. For the Mad Scientist event, a Chemistry Professor came from UNB and did some experiments making science fun. A presentation was made to teens from Hemmings House Pictures. This is a video production company started by a young man from the city who is very successful. They have produced music videos like the Chris Cummings video this summer and documentaries like the Homeless video shown at the Museum during National Housing Day Awareness Week. These young men showed the teens that you can be successful and do something you enjoy.



Upcoming events include a ski trip to Poley Mountain. The centre will also be going into the schools and conducting some programs like Hangin' with the Guys, Gurl World, Assertiveness Programs and Roses, Rubbers and Rainbows. For information on all programs contact the Resrouce Centre for Youth (TRC) at 632-5615.

Girls World

by Victoria McGuire and Carlie Basque-Melanson

We all are in the Girls' World. We are in middle school. In girls' club we do all kinds of activities like last year in 2008 we had a pancake dinner which raised \$100 for the Animal Rescue League and more. We all go to Hazen White St. Francis School. The girls' club starts at 3:15 until 5:00 pm and it's in the community room or sometimes the breakfast room at Hazen White. This year in 2009 we're doing more activities like maybe a spaghetti supper, a wake-a-thon, and more...



Photo Courtesy of Kate Wright Pancake Dinner

What we like about girls' club is that all us girls get to spend time together. I also like that we do all kinds of activities. We made t-shirts last Monday and we're going to wear them every Monday from now on to show that we're a part of Girls' Club. Maybe if it's all right, we can go to Magic Mountain when it's warm out as a group.

Other girls between the ages of 11 and 15 can come to Girls' Group. If you want to contact Kate (the leader), her number is 647-5160 for more details.

Celebrate what's Right with the World

by Joan Wilkins

Our theme for **February** is "Take Yourself to the Edge" School District 8 encourages each of us to venture to our own edges, allow ourselves to be our best; to take risks and give everything we've got to the tasks before us.



Thought for the Month: "Every action, thought and feeling contributes to the sum of the planet." - Anonymous

Our theme for **March** is "Look for Possibilities" School District 8 challenges us all to take advantage of the possibilities before us.

Thought for the Month: "I began to build a vision of a world not of scarcity, but of possibility." - Dewitt Jones

Our theme for **April** is "Believe It and You Will See It" School District 8 believes that if we commit to a goal we will ultimately find it because we're more likely to strive for the results we desire – even in the face of naysayers and obstacles. A conscious effort to "believe it and then see it" can help us recognize the positive aspects in even the most impossible situations, no matter how small and seemingly insignificant.

Thought for the Month: "Believe it can be done. When you believe something can be done, really believe, your mind will find the ways to do it. Believing a solution paves the way to solution." - David Schwartz



Wendell Dryden looks on as Crescent Valley Neighbourhood children borrow books from the Bookwagon. The Bookwagon Program runs on (most) Saturdays in Crescent Valley year round. Contact Cheryl @ 333-2601 for more information.



YOUTH IN OUR COMMUNITIES

ISSUE 3, FEBRUARY 2009

Page 8

sjcommunitynewspaper@gmail.com

EYE SPY Nuggets

by Joan Wilkins

Last May, we received thousands of comments during our "EYE SPY what's RIGHT" event. We would like to share some of the wonderful responses. These responses come from our community, our school staff and our students in District 8.



I want to celebrate the West side community coming together on West side clean-up day, taking pride in their community, and cleaning up their neighbourhood.

~ St. Patrick's School

Our school gets to do really cool stuff around the neighbourhood... like planting marigolds on main street...also we walk around with our teachers and pickup garbage...we also brought in food for our local food bank...and we get to do these things all year round not just for any special occasion...thank you very much.

~ Centennial School

I think our school is doing a great job at keeping the world nice and green. We have a day that we go outside and we clean for one hour, sometimes I see people picking up trash at their play time instead of playing.

~ St. Patrick's School

My school is going to do a cleanup in between St. Patrick's and Beaconsfield Middle School. I think we need to celebrate this because it is good for the environment, and we should always celebrate great things we do. There will be teams and a prize for the most unique piece of garbage. I think it is a great way to clean up around our schools. It encourages us to clean up and keep it clean after too. Maybe it could become a school tradition! Who knows, anything is possible if you put your mind to it. Thanks for reading my entry and I hope my school does a GREAT job at the clean up!

~ Beaconsfield Middle School

I celebrate our PALS who have helped us make improvements to our school community and supported us in reaching out to the lower west side community.

~ St. Patrick's School

Kylin in Ms. Hartley's class made it to the finals in the Spelling Bee. I am so happy and glad to know that he made it to the last round. I hope he wins it. I can not wait to see if he gets a medal or a trophy or anything like that.

~ St. John the Baptist King Edward School

I am celebrating that more and more people are conserving energy in many different ways. I am celebrating this because I think it is important that we do what we can as citizens to reduce the effects of global warming, and to care for our Earth so that it is able to sustain future generations.

~ St. Patrick's School

An 'environmentally friendly - 3 R's' fashion show for Earth Week.

~ St. Patrick's School

For more information on the Celebrate what's RIGHT with the world initiative, contact Joan Wilkins, Coordinator, School District 8 at 643-6884.



What's Going on with the Youth at ONE Change

by ONE Change

Some of the regular programs being offered include: Gurl World, Hanging with the Guy's, Teen Fit and Youth Council. These programs are designed to help the youth become aware of such things as healthy relationships, self esteem, leadership, team building, and the importance of physical activity. All teens (aged 12-17) are welcome to attend. All our programs are offered free and most are held at the North End Community Centre (NECC) located at 195 Victoria Street. Flyers are posted at the NECC, Lorne School and the ONE Change to keep the community informed of what is coming up.



Photo Courtesy of ONE Change
Gina Reid is working on the hair of a local youth

Program Descriptions:

Gurl World: Teen girls will be introduced to positive role models, life skills and education through activities that they decide relate to them. **Hanging with the Guys:** Teen boys will be introduced to positive role models, life skills and education through activities that they decide relate to them. **North End Youth Council:** The role of the Council is to act as a positive, influential and energetic voice raising awareness of youth issues and providing positive youth action within the North End. **ONE Teen Fit:** the youth will be exposed to a mixture of traditional and non-traditional ways of exercise. **Got Game (Life Skills/Anger Management):** Youth will learn important life skills such as anger management, hygiene, self esteem, etc. **Mentoring/Counseling:** The Youth Staff will be responsible to mentor the youth that are identified as "high risk". **Youth Lead Environmental Projects:** The youth council will partner with One Change's many committees and be involved in as many beautification and community engagements projects as possible this year. **No School Day activities:** Youth Staff will offer an activity/program on scheduled no school days. **Intramurals/lunch program:** Currently One Change is assisting Lorne with intramurals on Monday & Wednesdays. We also are assisting with a lunch program with Lorne and Main Street Baptist Church. **O.N.E. Teen Summer Take Over:** Full day programs running 5 days/week for 8 weeks. These consist of 3 community work/beautification days, 1 educational day and 1 reward/fun day.

WINTERFEST At Rockwood Park

Do you remember how much fun it was to skate outside to music? You can relive those moments and share them with your family at Lily Lake on Friday, February 20th from 6:00 - 11:00pm.

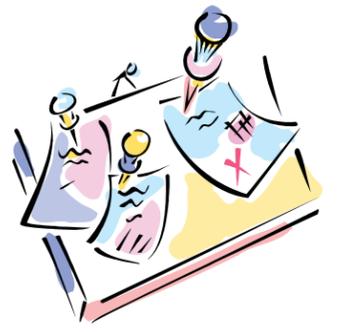
Enjoy the great outdoors: skating, cross country skiing or snowshoeing. The pavilion features a live band and karaoke for the kids.

For more information call Helen Bridgeo at 658-2829.





COMMUNITY NOTICES



Salvation Army Friendship Room

Located on Prince Edward Street, the Friendship Room is open week-days from 9AM – 2PM. People are invited to come in to play cards, pool, etc. or just socialize. Coffee, tea, muffins, and other snacks are available.

They offer some daily programs as well:

Tues	2PM	Bible Study
Wed	2PM	Chapel Service – Hot meal to follow
Thurs	2PM	Seniors Club (50+) – offers special speakers, music, game days and followed by a hot meal.

On Saturdays (throughout winter) the Wy'se Men are offering a supper at 5:30PM.

On Sundays we have our regular worship service at 10:30 AM.

Beginning in March there will be a Free Income Tax Clinic for Low

Ballroom Dancing

Saturday Feb 21, 2009 9:00 pm – 12:00 pm
Come and enjoy an evening of Ballroom Dancing with Bruce Holder's Band
Royal Canadian Legion Br # 69
Wilson Street, Saint John West

For more information call Wade Freeze 640-0728

Do you want to write for our paper, but don't know how?

Over the next few months, we will host a series of workshops on the skills you need to contribute to our new community newspaper. The first one is about developing story ideas that are important and entertaining to the people in your neighbourhood. It will take place March 4, and be led by St. Thomas University journalism instructor Mark Leger. Future topics will include researching, interviewing, writing and photography.

Contact Juanita Black or Wendy MacDermott to register or find out more information at 693-0904 or sjcommunitynewspaper@gmail.com

Community Information Centre Launches 2009 Seniors' Directory

The Human Development Council is proud to complete the new, revised Seniors Resource Directory for 2009. The Directory feature programs and service in the Charlotte, Kings and St. John Counties.

The HDC would like to thank our sponsors for this year's guide, Day-break Senior Activity Centre, Senior Watch Inc., Brunswick Pipeline and Extra-Mural Saint John Zone.

The Seniors Guide will be distributed to various agencies and businesses around the community. If you or your agency would like to receive the 2009 Seniors Directory, contact the HDC at 633-4636(INFO) or infoline@nb.aibn.com.

West Side PSAs

West Side P.A.C.T. is pleased to announce that they have received funding from the Department of Health and the Regional Development Corporation, to help with the renovations at the Carleton Community Centre. The basement will be the future home of the Westside Wellness Centre.

Bloodwork and Specimen Collection Services every Wednesday from 7:30 a.m. to 3:30 p.m. at the Carleton Community Centre. This is by appointment only, but you can call any day (693-8735) to make your appointment.

The Nurse Practitioner started on Wednesday, January 28 and is accepting appointments.

Stay tuned for information about the free Weight Management Program, to start in March. Don't forget!! Anyone wishing to join the Food Purchase Program, please call Mary Lou

If you are not sure where to turn for services, maybe I can help. Call Mary Lou at 693-8735.

CCRW Partners for Workplace Inclusion Program

Have a disability? Looking for work? The Partners for Workplace Inclusion Program can assist you with the skills you need to obtain meaningful employment for those who qualify.

The Partners for Workplace Inclusion Program (PWIP) is a one-stop employment service for job seekers with disabilities. Developed by the Canadian Council on Rehabilitation and Work and funded by the Opportunities Fund, Government of Canada, PWIP enhances the employability skills of persons with disabilities. The program can help with career decision making, skill enhancement, job search strategies, and employment maintenance support.

For further information and to see if you qualify, please contact the PWIP office at 635-2272.

NEW BRUNSWICK MUSEUM
February is Free Month at the NBM!
Everyone is welcome. Admission is FREE.

New Exhibitions:

Saint John: The Industrial City in Transition
The Industrial City in Transition

L'Esprit de Grand-Pré: The Art of Georgette Bourgeois

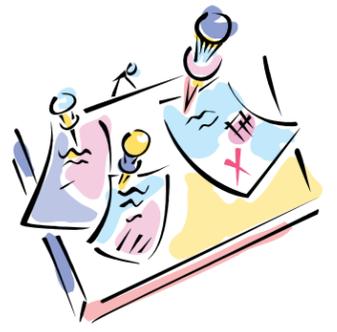
Eco Mondo - an interactive environmental exhibition from the Montréal Biodôme

Explorer Saturdays: Enjoy great family activities, fun and learning!
Discover the New Brunswick Museum...

NBM Exhibition Centre, Market Square
Saint John, NB 643-2300 / 1-888-268-9595 www.nbm-mnb.ca

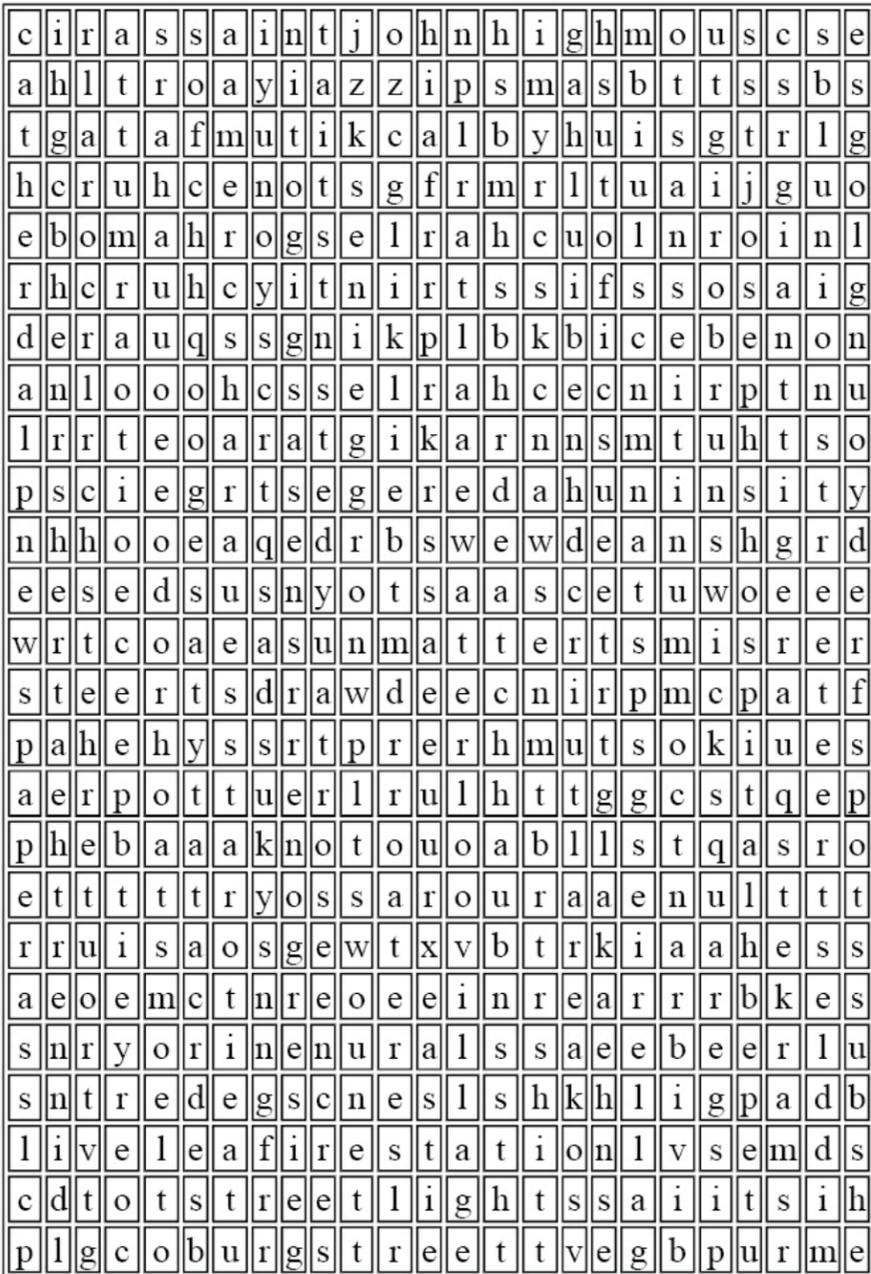


COMMUNITY NOTICES



Which Community?

Can you guess which one of the five priority communities is hiding in this puzzle?



BANKS
 BRUNSWICK SQUARE
 CATHERDAL
 CHARLES GORHAM
 COBURG STREET
 DOME
 FLAGS
 GALLERIES
 GOLDING STREET
 HARBOUR STATION
 IMPERIALTHEATRE
 MARKET SQUARE
 NEWSPAPER
 PRINCE CHARLES SCHOOL
 RESTAURANTS
 SAMS PIZZA
 STATUES
 STREET LIGHTS
 TEEN RESOURCE CENTRE
 TITUS BAKERY
 UNION STREET
 WATERLOO STREET
 YMCA

BOYS AND GIRLS CLUB
 BUS STOPS
 CENOTAPH
 CITY MARKET
 DINNER THEATRE
 FIRE STATION
 FRED YOUNG
 GIANT TIGER
 HARBOUR PASSAGE
 HAYMARKET SQUARE
 KINGS SQUARE
 MIDDLE STREET
 PARADES
 PRINCE EDWARD STREET
 SAINT JOHN HIGH
 ST JOSEPHS HOSPITAL
 STONE CHURCH
 TAXIS
 TIM HORTONS
 TRINTIY CHURCH
 VIBRANT COMMUNITIES
 WATERLOO VILLAGE

Upcoming Events in the North End

Adults Game Night (pool, ping pong, cards, etc.) starting Tuesday, February 24th from 7:30 to 9 pm. This will run every second week. All adults are welcome to join us at the North End Community Center.

The Resident Committee has gotten on its way. This is open to Old North Enders. Meetings are held at The ONE Change.

A FREE Chinese dinner for a seating of up to 300 will be served at the North End Community Center, on February 28th at 2pm. All are welcome.

Nurse will be at the Mission (Main Street Baptist Church) on March 10th to hang out from 10 to 11 am with a clinic taking place on March 13th.

Yoga class with run the first and third Wednesday of the month at NECC from 6:30pm-8:00pm.

All of the above are free of charge. For more information on attending events or getting involved call Michelle or Tara at 635-2035.

THE SAINT JOHN LEARNING EXCHANGE

Need Help finding a steady job? We can help you bridge the gap to employment...

162 Union Street
Saint John NB E2L 1A8

Phone: 506-648-0202
E-mail: sjlearn@nb.aibn.com
Website: www.sjle.org



Saint John Employers are looking for YOU!

Help Wanted

We can help you match and expand the skills you have to find employment.

Exciting new opportunities for you:

- ✓ Training in Essential Skills
- ✓ Focusing on You and the specific needs of local employers
- ✓ Short term training, long term employment

Breaking Free Women's Program

by Judy Eatmon

Just wanted to take a few lines to tell you about PRUDE Inc.'s BREAKING FREE - Leadership Training & Skills Development Program for Women. Our second group is almost halfway through and once again the women are really loving what they are learning. Basic computer training, enhanced communication skills and leadership training are shared in an interesting and interactive setting. Twelve women come daily for 12 weeks, and ongoing mentorship is key to the success of our program. This is a unique hands on classroom with discussion groups and workshops daily emphasizing the course content being shared. Jocelyn and I had a dream for women and it is a thrill to see it coming true, and



Photo Courtesy of PRUDE



Photo Courtesy of PRUDE

to know our women are taking what they have learned from the classroom to the community to the most personal areas of their lives. Sheila Croteau is one of our most eager and excited advocates. Our next group begins April 20th. Come...Join us...BREAK FREE. CALL Judy Eatmon, Program Manager, 634-3088

COMMUNITY PARTNERS

What's powerful about POWER UP!

by Brenda Murphy

POWER UP! stands for Promotion of Women's Empowerment and Resilience – Urban Project.

POWER UP is a leadership training program for women. We wanted to build on the momentum of the work that was happening in the 5 priority neighbourhoods led in part by Vibrant communities. At the Urban Core Support Network, we believe it is critical that people living in low income neighbourhoods have to be involved in what is happening in their communities and with any program or project that involves residents of their neighbourhoods.

What happens when nine women (the number of participants of our first group), many of whom have never met each other, are put in a room together for 10 weeks? Add to that some flavour – an age span of 43 years (the youngest participant was 19 and the oldest 62), and a variety of life experiences and challenges. The result; women, who had never spoken in group settings, finding their voice and finding a way to use their voice so that everyone could learn from their experiences, their thoughts and ideas. Women with experience as leaders, understood the importance of 'taking a back seat' to encourage those who may never have done so, to take on a lead role in a group exercise. Participants who found themselves in a particularly frustrating or challenging session, who in the past, may have given up and walked away; took a deep breath (or sometimes a break) and came back to working on whatever the issue until it was resolved. Women become engaged and excited about the possibilities in their community. Every one of the participants challenged themselves in many ways, even when it was difficult and was something they may never have done before.

While we joked that our first POWER UP group were guinea pigs, really they have been POWER UP pioneers! They blazed a trail for all of the sessions to come. A second POWER UP has been completed and a third has just started. Each of the POWER UP sessions to follow will be richer because of each of the women who participated and were committed to this program. Each one of these women are inspirational, powerful, and leaders in their own unique way. They are each a gift to their families and their communities. POWER UP!

POWER UP # 4 starts on April 21st. For more information, call Brenda Murphy at 642-9033.

POWER UP would not have been possible without the tremendous support from our sponsors; Status of Women Canada, Sisters of Charity, Department of Social Development, Community Health Centre, Bayview Credit Union, Angus Miller Insurance, Grand & Toy, and the Catholic Diocese of Saint John.

Are you "HEART SMART"?

CAN YOU NAME THE FAMOUS SWEETHEART PAIRS?



- | | | |
|----------------|---|-------|
| Mickey Mouse | & | _____ |
| Donald Duck | & | _____ |
| King of Hearts | & | _____ |
| Raggedy Ann | & | _____ |
| Jack | & | _____ |
| Popeye | & | _____ |
| Romeo | & | _____ |
| Barbie | & | _____ |
| Dagwood | & | _____ |
| Barney Rubble | & | _____ |
| Fred Astaire | & | _____ |
| Kermit | & | _____ |
| Dick Van Dyke | & | _____ |
| Peter Pan | & | _____ |
| Tarzan | & | _____ |



Newspaper Volunteer Committee



Photo Courtesy of Belinda Allen
Some of the committee working on Issue 3, Around the Block

Old North End: Tammy Calvin, Gerry Leavitt, Michele Bainbridge – Neighbourhood Assistant

South End: Tammy Garnett, Carl Tricky, Jennifer Edison - Neighbourhood Assistant

Waterloo Village: Linda Scott, Nikki Vautour - Neighbourhood Assistant

Lower West Side: Lisa Murphy – Neighbourhood Assistant

Crescent Valley: Elaine Orser, Shannon Campbell, Lisa Morris – Neighbourhood Assistant

Other Partners:

- Human Development Council: Belinda Allen
- Atlantic Health Science Corporation: Joe Campbell, Danny Jardine, Patricia Allan-Clark, Dianne Summerville
- Proofreaders: Linda Boyle, Rona Howald, Mary Collier-Fleet, Cindy Horton
- Interested Community Members: Mark Leger, Colin McDonald, Ann Barrett
- Vibrant Communities: Wendy MacDermott, Juanita Black



Saint John Police Force Community Officers Tips Line

policetips@saintjohn.ca

CST Tammy Caswell
639-3430
Lower West Side
200 Ludlow Street
Tammy.Caswell@saintjohn.ca

CST David Hartley-Brown
674-4295
Crescent Valley
130 MacLaren Boulevard
David.Hartley-Brown@saintjohn.ca

CST Andrew MacBean
674-4158
East
Glen Falls School
Andrew.Macbean@saintjohn.ca

CST Marc Hussey
632-6139
Old North End
223 Victoria Street
Marc.Hussey@saintjohn.ca

CST Jeremy Edwards
648-3700
Lower South End
251 Wentworth Street
Jeremy.Edwards@saintjohn.ca

SGT Jim Fleming
648-3250
Central
56 Prince William Street
Jim.Fleming@saintjohn.ca



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COMMUNITY PARTNERS

A Community Celebration and a Call to Action

by Monica Chapelin

372 poverty reduction leaders in Saint John, including neighbourhood representatives from Crescent Valley, ONE Change, the Village, PACT and PULSE, participated in the 11th annual meeting of BCAP (the Business Community Anti-Poverty Initiative), held January 19th at the Delta Brunswick.

Lisa Murphy (Lower West Side) and Juanita Black (Crescent Valley), neighbourhood representatives for Vibrant Communities Saint John (VCSJ), spoke to the diverse gathering about the positive improvements being accomplished in their neighbourhoods as a result of neighbourhood residents working together, and in partnership with governments, community service groups and businesses. They described how they are personally benefiting from being involved in this work and what else needs to be done to help people leave poverty behind them. Lisa and Juanita received a standing ovation for their powerful presentation.

Other promising poverty reduction initiatives in Saint John were highlighted, including: PALS – Partners Assisting Local Schools (described by Mr. J.D. Irving), First Steps (Barb Creamer and Jessica Pitre), the TRC – The Resource Centre for Youth (Larry Hachey and Brad Snodgrass), and Affordable Housing projects (Gregor Hope). The Early Learning Centre project, a new initiative to strengthen early childhood learning and care services for Saint John's youngest children and their parents, was introduced by Dr. Anne Murphy and Brice Belyea.

Guest Speaker was the Premier of New Brunswick. The Hon. Shawn Graham described the Poverty Reduction Plan that is in the making for New Brunswick and congratulated Saint John for leading the way and showing how results can be achieved when people who live in poverty, community organizations, governments and businesses work together.

BCAPI Co-Chairs, Bill Gale and Gary Lawson, summarized the meeting as both a community celebration and a call to action. While Saint John is a community that is proving it is blazing the right path to seriously reducing poverty, the path will become a highway when everyone becomes part of the solution.

Meeting participants contributed their ideas to help BCAPI and other poverty reduction leaders successfully drive poverty reduction work in 2009 and beyond. Stay tuned for a summary of what people said.

Exmouth Street United Church

History < Waterloo Village page 6

The Church operated for the first 14 years without an organ, until the choir put the congregation under "petticoat government" and resigned unless an organ was procured. This soon was rectified and later the church even had singing classes. In the late 1880's, The Bachelor Girls singing class raised \$150 for the purchase of a pipe organ. The girls and church approached Mr. Andrew Carnegie, a New York philanthropist, who paid one half of the purchase of an incredible new 1912 Cassavante pipe organ, one of the first 500 of its kind made in Quebec. (Note this organ is still intact and operational today). In 1925, the church became Exmouth Street United Church. For over 100 years it was a very large and active church, boasting of the largest Sunday School in the city and having single youth groups with memberships over 100. As early as 1888, the first youth group was organized, the Junior Temperance Society (Boys Club). Exmouth Street was the second church in Canada to have Canadian Girls in Training (CGIT). There were several others like the Star Mission Band, Fidelis Club, Girls Friendly Club, Explorers, as well as groups for the women and men of the church. Since the Second World War, with changes in the area and migration to other newer parts of the city the congregation diminished. The days when even the galleries were crowded had disappeared. Exmouth Street United Church suffered another major blow in 1960 when the furnace blew up. Fire took the Glad Tidings Mission Hall and the roof of the church. It continued until approximately 1975 when it became the Pentecostal Crossroads Cathedral which operated until 2001. Now it has a completely new life as the Phoenix Dinner Theater. For over 150 years, this building has held a very commanding presence on that rough vinegary cliff where the young lad said, "They will never build a church on a place like this!"

Neighbourhood Assistants

Waterloo Village - Nikki Vautour, 696-4763
n_vautour_village@hotmail.com

Old North End - Michelle Bainbridge, 635-2035
neighborhoodassistant@gmail.com

Crescent Valley -
Lisa Morris, 693-0571 Samantha Thomas, 693-8513
lisa_m0rris@hotmail.com crescentvalleyresourcecentre@gmail.com

West Side - Lisa Murphy, 635-8421
neighbourhood.asst.lws@gmail.com

South End - Jennifer Edison, 653-0672
seacats@live.ca

Your Mental Health Matters: Votre santé mentale est importante : We Can Help! nous pouvons vous aider!

Walk In Service

8:30 - 4:30 Monday - Friday

- Mental Health Services - Saint John Mercantile Building - 55 Union St. 658-3737
- Mental Health Services - Sussex 30 Moffett Ave. 432-2090
- Mental Health Services - St. Stephen 41 King St. 466-7380
- Mental Health Services - St. George 5 Riverview Ave. 755-4044
- Grand Manan Business Centre 130 Route 776 - Grand Manan 662-7023

Crisis Service

24 hours

- Greater Saint John and Surrounding Area Residents Call 1-888-811-3664
- Sussex area residents call 432-2090
- Charlotte County area residents call 466-7380

Hospital

Emergency Mental Health Services 24 hours

- Saint John Regional Hospital
- Sussex Health Centre
- Charlotte County Hospital
- Grand Manan Hospital

Services sans rendez-vous

De 8 h 30 à 16 h 30, du lundi au vendredi

- Services en santé mentale - Saint John Edifice Mercantile - 55, rue Union 658-3737
- Services en santé mentale - Sussex 30, avenue Moffett 432-2090
- Services en santé mentale - St. Stephen 41, rue King 466-7380
- Services en santé mentale - St. George 5, avenue Riverview 755-4044
- Grand Manan Business Centre 130, route 776 - Grand Manan 662-7023

Service d'intervention d'urgence

24 heures sur 24

- Résidents du Grand Saint John et des environs Composez le 1 888 811-3664.
- Résidents de la région de Sussex, composez le 432-2090.
- Résidents de la région du comté de Charlotte, composez le 466-7380.

Hôpitaux

Services d'urgence en santé mentale 24 heures sur 24

- Hôpital régional de Saint John
- Centre de santé de Sussex
- Hôpital du comté de Charlotte
- Hôpital de Grand Manan



Are you "HEART SMART"?

ANSWERS



- | | | |
|----------------|---|------------------|
| Mickey Mouse | & | Minnie Mouse |
| Donald Duck | & | Daisy Duck |
| King of Hearts | & | Queen of Hearts |
| Raggedy Ann | & | Raggedy Andy |
| Jack | & | Jill |
| Popeye | & | Olive Oil |
| Romeo | & | Juliette |
| Barbie | & | Ken |
| Dagwood | & | Blondie |
| Barney Rubble | & | Betty |
| Fred Astaire | & | Ginger |
| Kermit | & | Miss Piggy |
| Dick Van Dyke | & | Mary Tyler Moore |
| Peter Pan | & | Wendy |
| Tarzan | & | Jane |

