



Around *the* Block

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Saluting Our Volunteers: Elaine Orser

By Juanita Black

In October 2008 Elaine Orser started volunteering for a community newspaper that had no name. She wrote an article for the first issue and was featured in an article in the *Telegraph-Journal* introducing the new community paper. Her first story for the Crescent Valley page was about the Crescent Valley Community Garden.



(Photo courtesy of Vibrant Communities) Around The Block salutes Elaine and says thank you.

Elaine has been a constant volunteer ever since. She has delivered papers in Crescent Valley, often taking her sister Karen with her. She has written many stories on different subjects over the last three years.

She continues to participate in layout and design meetings and the wrap up meeting we have after every issue. Elaine sometimes has health issues but this does not prevent her from doing volunteer work for Around The Block and her community.



(Photo courtesy of the Saint John Learning Exchange)

Coordinator's Comments: Focus On Learning

By Juanita Black, Coordinator, Around the Block.

Phone: 647-4850. Email: sjcommunitynewspaper@gmail.com

At Around the Block we have a theme for each issue; the theme for this issue is "Learning." This gives each community a chance to highlight



The 'Celebrate' cake from the 'Celebrate Our Successes' event at Rockwood Park in June. (Photo courtesy of the Saint John Learning Exchange)

what they are learning from each other and for our community partners to celebrate. Learning does not only take place in school or universities. It is a part of our everyday life; from the time we get up to time we go to bed.

This paper give us the opportunity to learn first-hand how the neighbourhoods learn from each other. We watch how two communities are

learning they can build new gardens from scratch; and how groups in neighbouring communities - East Side Motivators and Anglin Drive: "We are Alive" - want to learn more to motivate their residents. And how important it is to never give up hope if you do not pass your GED the first time.

Sometimes we just have to celebrate all we have learned with a big barbecue. Pat yourself on the back for everything you have learned in the past, the present and your great future.

Never Too Old To Learn

By Joan Doucette

I am a 55 year-old grandmother. I left school in Grade 7 to have my first child and never went back to school.

In January 2011, the Power-up program led me to Breaking Free where I was taught how to set goals and make them a reality. This brought me to the B.E.S.T. (Basic Education and Skills Training) program at The Saint John Learning Exchange to prepare for the GED. I am getting so much better at writing and math, and am learning more about Canada and the sciences.

I plan to write the GED this fall when I am 56 years old. I feel that you should learn something new every day. You are never too old to learn!

Learning: Everybody's Project

Learning NB 2026 is a citizen-led initiative with the goal of improving the ways we learn. We believe that a renewed focus on learning is critical for New Brunswick if we are to enjoy personal well-being and economic prosperity.

You are invited to be part of a public discussion on the value of learning at all ages and stages of life. We will examine the roles of government, community, family and individuals in nurturing a learning society. You can take part through our website and at one of the numerous public meetings happening this fall or early next winter.

Our goal is to be 'The Learning Province' of Canada, where lifelong learning is encouraged, embraced and achieved. For more information visit: www.learninginnb.ca

Get in on the conversation



Everybody's project

Tell us how New Brunswick can become: 'The Learning Province' of Canada.

What is working? What's not working? What needs to change and how? Tell us about your best learning experience, and your worst learning experience. Tell us your story.

Join the conversation at www.learninginnb.ca or on Facebook.

You can also reach us by: email: info@learninginnb.ca or toll free: 1 888 478-0399



Old North End • Old North End

Colourful Additions To Main St.

By Tammy Calvin

If you have taken a walk or drive down Main St. recently you will notice all the bright colours on the poles and surrounding Batch Bakery. What happened? There are bright colours everywhere thanks to the hard work of many, but most deserving thanks to Andrea and Tevinn Richards. Together Andrea and her son Tevinn painted cookies, donuts and muffins on the front of Batch Bakery. Their artistic abilities took a drab looking bakery and turned it into a whimsical place that makes you want to shop there.

If you continue your walk down Main St., you will also note the beautiful planters filled with marigolds. The planters were made out of old tires that came out of empty lots. A dedicated group of residents spent five days cutting tires and turning them inside out to make planters. If you have never tried to turn a tire inside out, we recommend trying it. It is a complete workout.

On June 18, ONE Change hosted a Paint & Plant Day. Lots of people showed up to help paint planters and fill them with marigolds. This was definitely not a one day project. It actually appears to be a summer-long project. From planting the flowers to painting poles, the drive from residents to improve their neighbourhood is an achievement that will be happening over the summer. Now, instead of walking down Main St. and looking at empty lots, garbage and boarded up buildings, you can admire the planters and poles painted bright and colourful.



(Photo courtesy of Tammy Calvin)

Golden Oldies

By Erin McNeill

ONE Change has been offering a cooking class every month at Lorne Middle School from April-December. The class is being offered to a wide-range of people from 11 to 88 years old. If you are interested in attending this class, please call ONE Change at 635-2035 for more information.



Left to right: John, Cherie, Louise and Michael take part in a cooking class. (Photo courtesy of Erin McNeill)

Another event that is coming up is the Old Fashion Family Fun Day on August 20. It will take place between 12- 4 pm and will include a free barbecue and many other activities for the whole family. There will also be a dunk tank with proceeds going to the local food bank. We hope to see everyone out at the event for a day full of fun.



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Changing Me And My Community

By Shirley Robinson

I am a single parent and grandmother in the Old North End. POWER UP helped me focus and to learn more about my community. It gave me courage to pursue my goals, including GED. I passed all subjects except math and tried many times.



In April, after a nine week course at Community College, I got my GED. I was amazed! Urban Core Support Network gave me a beautiful graduation party.

Now I can get a full time job with a good wage, in a seniors' home or the hospital. I hope to take a Personal Support Worker Course as I already do similar work.

It was important not to give up and to be surrounded by community resources such as POWER UP. I am honoured to now be a mentor and on the Leadership Roundtable for Vibrant Communities.

I Love Learning

By Brenda Hope

I love learning. I love everything about it; having the opportunity to do it myself, helping and encouraging learning in others, and watching for those "a-ha" moments. Adult learning has become a priority at the ONE



Gerry Leavitt works on the computer at ONE Change computer centre.

Change Adult E-Learning Centre where I have been offering a variety of courses. The courses include Computer Basics (maintenance, operating systems and Internet usage) as well as Introduction to Microsoft Office (Word, Excel, Power-Point and Access). I am looking forward to a year with more opportunities to learn and support learning in my community. For information on courses go to our website www.sjkingsadultlearning.ca or call Brenda at 635-2035.

Summer Arts In The Square

By Tammy Calvin

ONE Change Inc. and the Saint John Arts Centre worked together this summer to offer Summer Arts in the Square. Every Saturday afternoon from 2 – 5 pm there is live entertainment in Victoria Square. If you enjoy listening to quality music, then Victoria Square is the place for you. On average, 80 people have been taking pleasure in the Saturday activities which have included barbeques, pot lucks, face painting and dancing in the square. Every week has featured different genres of music; everything from Rock to Country to Rap music. There is a 'little something' for everyone. Victoria Square is a hidden gem in the centre of the Old North End. Since the revitalization of this beautiful square many activities have been taking place there. The Summer Arts program is one of many. This was the first time live music has been hosted in the Old North End. We were very pleased to have received funding from the City of Saint John and the Department of Wellness Culture & Sport to provide this wonderful program. Put on your dancing shoes or bring a chair or blanket to sit on and enjoy a leisurely afternoon of good-quality music!

North Neighbourhood Contact

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South End • South End

Learning Military Style



By Lacey Thompson

The Basic Military Qualification "Land" for reservists is a course necessary within the Canadian Armed Forces for recruits to train to become soldiers for the military.

My home unit is 37 Service Battalion, Barrack Green Armouries in the South End of Saint John.

During this course, I learned all about how to become a soldier. This course has brought me up higher as a person and as a representative for the Canadian Forces.

It has definitely been a long and arduous four weeks in Gagetown, but what I will bring home with me can never be regretted.



(Photo by Mary LeSage)

Official Opening Of Splash Pad

By Mary Lesage

What a great turn out we had for our opening of the splash pad! Thank you Debbie and Ethan MacLeod who rocked out the BBQ with Carl Trickey to feed the 150 plus people. We were rocking it out to the Beach Boys music and the hot dogs and burgers were flying off the BBQ faster then we could put them on the table. Thank you to the Ward 3 Councillors Mel Norton and Donnie Snook for coming out to help celebrate. Also, a big thanks to Leisure Services and who can forget all the kids for who came out from the neighbourhood for who all this is for.

The South End Community Garden in Rainbow Park is a huge success this year. Pictured here is Sandie Gagnon's bed. On July 24, there was a community barbecue at the garden (Photo by Mark Leger)



Learning Opportunities In South End

By Angela Flanagan

Learning doesn't end at the South End Community Centre when school does. The Centre is participating in a reading challenge where each member has set a goal of how many books they would like to read.



A group at the South End Community Centre is learning to make chocolates as part of a business training course. (Photo by Angela Flanagan)

Another group is learning about the business world in the Y.E.S! Program run by the Saint John Community Loan Fund. The group is learning the fundamentals about running a business including branding, budgeting, and writing a business plan. They are also learning how to make chocolates for their business "Everything Chocolate". Every Wednesday, Jill Hamer and Jessica Lamb visit the Centre for an hour as part of an outreach program with the Public Library. Around 15 participants learn about a new theme each week by reading stories and doing a craft.

Comings And Goings At PULSE

By PULSE Inc.

Our Adopt-a-Block Program has taken off, but there are still blocks to be adopted. Come beautify your neighbourhood. The VON is offering a Wellness Clinic running every other Tuesday from 1-4 pm at the PULSE building on August 2, 16 with the final one on August 30. Come have your blood sugar, blood pressure, cholesterol and weight checked!



Stay tuned for more information on naming our South End Mascot, created by resident Hilari MacLeod. The South End Community Garden is awaiting their equipment shed to be placed for easier access of tools. The gardens are looking fantastic! Look for us on Twitter @PULSEINC. Are you looking for updates on Rainbow Park and other South End issues? Check us out on our Facebook Group.

Back To School

By Mary Lesage

I remember discussing with my kids about going back to school. "But mom, you are OLD!" The wheels were soon set in motion. I researched online and decided on Business Administration at NBCC. The first step was being accepted. The second step was building up the nerve to actually do this, then to follow through. This was going to be learning on a whole different level. How hard could it be? I was smart. Besides what did these young 18 year old kids just coming out of high school have on me? I have lived life! Boy did I learn quickly that this was more than book learning. My classmates both young and old taught me all about personal growth.



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Constituency Office:
Mon 9:30 – 4:30, Tues/Wed 10:00 – 3:00,
Thursday 4:00 – 8:00 PM
Carleton Community Center:
Thursday 11:00 – 3:00 PM

South Neighbourhood Contact

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Alicia McLaughlin; Connor Day (hidden), Aiden Day, Shidanna Bennett, Katherine Miller; Chandler Bennett, Justin Shepard; Meghan Grey, Bryston Grey, Alyssa Grey. (Photo courtesy of Alicia McLaughlin)

Intro To Summer Squad

By Alicia McLaughlin

The Summer Squad is a program for the children of Crescent Valley who have completed kindergarten and are no older than 12. The program is held daily from 9:30 am - 4 pm, with nutritional snacks and drinks provided. Activities are held each day for the Summer Squad children, with occasional field trips within the city. The activities can range from fun outdoor sports, to creative indoor art activities. The program allows children to play together as a team while developing social skills within a safe and friendly environment.

Welcome Laura Damery

By Laura Damery

I am your new Program Facilitator at the Crescent Valley Resource Centre. I am very eager to build on the existing programs available at the centre with the help of the community. I encourage everyone to stop by the CVRC to say hello and offer some feedback on programming they would like to see. I have worked for other non-profit organizations such as the John Howard Society and am currently working at the Multicultural and Newcomer's Resource Centre. I look forward to meeting everyone involved with Crescent Valley and contributing positively to its future. You can contact me at cvrc.damery@gmail.com or 693-8513.



(Photo by Anne Driscoll)

Learning And The Storytent

By Melissa Clark

The Story Tent is a place that you can read books and listen to people read books. In the story tent, children learn how to read. There are a lot of vocabulary words they didn't know that they know now. Some children that go there have learning disabilities and actually learn something and the workers are willing to read to them even if they don't know how to read. My children are excited when they see the story tent. I would highly recommend it!

Crescent Valley Neighbourhood Contact

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Splash Pad Grand Opening

By Ann Barrett

On July 22, there was more than water being splashed in Flemming Court Park. Residents, especially the children, as well as donors and guests took part in the official opening of the Splash Pad. The crowd was told about the history, planning and fund raising. All the funding partners were in attendance with officials giving greetings. Recognition was also given to all the friends and residents who contributed.

Children thanked the contributors and helped cut the ribbon. We still need play equipment, benches, picnic tables and landscaping. An official launch for fund raising for this next phase was announced.



Shailyn Burke Doucette was one of the people that worked to bring a splash to the community. (Photo by Ann Barrett)

The opening was followed by a BBQ sponsored by McInnes Cooper and Leisure Services. Donations with a tax receipt will be graciously accepted. Please contact CVRC at 693-8513.

VON In Crescent Valley

By Anne Driscoll

Wouldn't it be nice to have a neighborhood health professional to consult about your family's and your own health concerns?

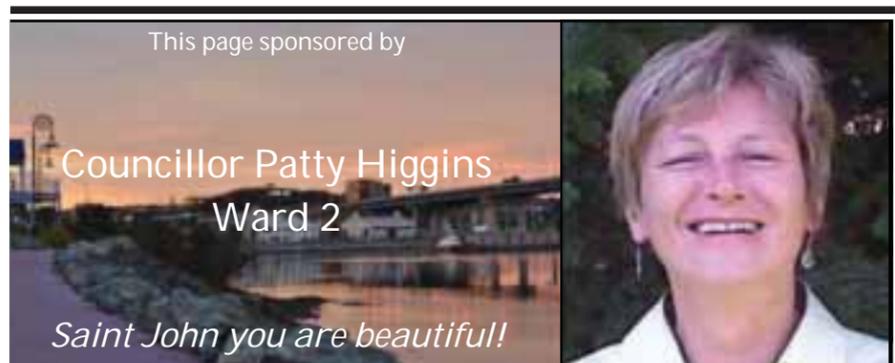
For many people, a clinic within walking distance of their home can be the difference between taking charge of health care, and ignoring it and hoping the problem goes away. Friendly, neighbourhood health centers are more common than ever. It's well known that health care and education about healthy lifestyles go hand-in-hand.



The residents in Crescent Valley and area are doing something positive about their health care. In July and August the Crescent Valley Resource Centre (CVRC), 130 MacLaren Blvd. hosted a VON nurse who provided blood pressure, cholesterol, blood sugar, and weight checks. In the early fall the Centre will offer clinics staffed by a nurse practitioner. Plans are in place to have a public health nurse and dietitian available for consultations, too.

These clinics will help to encourage a healthy lifestyle and provide educational opportunities on how we can be proactive in our own health care.

For information about Crescent Valley neighbourhood health clinics call 693-8513, or email: crescentvalleyresourcecentre@gmail.com





Celebrating New Brunswick Day

By Megan James

The Westside P.A.C.T. Community Group had a NB Day event on Monday, August 1st.

It took place at the Carleton Community Centre and featured live entertainment from Zany Lane, and local band "Foundation." We were fortunate to have a complimentary BBQ, thanks to Lancaster Kiwanis.



Musical entertainment at N.B. Days celebration on West Side. (Photo by Megan James)

There was also a yard sale, an inflatable castle from Modern Distributors, organized crafts, and local Fire Fighters stopped by to show the children a fire truck.

The yard sale began at 9 am, and main events started at 12 pm and went to 3 pm. It was a fun day had by all!

Working At Westside P.A.C.T.

By Paul Belyea

I'm a business student at the University of New Brunswick Fredericton, finishing up my last year. I chose to work for the Westside PACT Community Group this summer, as it is an organization that is working to help the community. I've grown up in this community, and this was a great way to help give back. I believe this organization is helping greatly in bringing this small community together. This organization relies on people in the community giving back in any way they can.

By Megan James

I saw this job as an opportunity to give back to my own community, as it has always been so supportive of me. I have always enjoyed working with children and my career goal is to be an Occupational Therapist, working in pediatrics. Therefore I thought that I would really enjoy spending my summer working with children here in the community where I grew up.

Join The Community Kitchen

Do you like to cook? We need you! A Community Kitchen for West Side residents will take place starting this fall at the Carleton Community Centre. What is a Community Kitchen? This is a group of people who meet to cook food and take it home to feed their families. When people cook together they are able to meet new people, learn new skills and make more food than they would by cooking on their own.

We have one volunteer community leader now but we need a second person to help during each session. This would involve helping participants to read and understand the recipes and helping them prepare the meals. In return, you would bring home free meals for your family as well!

If you are interested or would like more information, please contact Lori Heron at 643-6250 or 674-4335.



New Brunswick
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Summer Heat

By Megan James

Summer Heat is a program that provides an opportunity for children in the community to participate in fun activities and meet new friends.

The program ran for two weeks, for 2½ hours in the mornings. The first week was held at St. Patrick's Elementary School and the second at St. Jude's Anglican Church.



Young people take part in activities at the Carleton Community Centre. (Photo by Megan James)

Each morning we played team games, had a healthy snack, and made a fun craft! We were very fortunate that each place provided us with a safe environment for the children to do all of these things. It was a fun and rewarding experience for all!

Terrific Community Support



The Westside P.A.C.T. community group would like to thank Canadian Tire West for their great donation of a lawn mower. Seen here are Megan James and Paul Belyea, our P.A.C.T. summer student employees, thanking Store Manager, Mandy Flavin.

West Wellness Updates

By Tiffany LeBlanc

There are many ongoing and upcoming things to do with wellness in the community:

- * Art for the Fun of it will be starting up again in the Fall with Kim Cookson every Thursday afternoon. Please call 674-4335 for more information or to add your name to the list.
- * Summer Food bank hours are Tuesday afternoons ONLY 1-3pm. Regular Tuesday and Friday afternoon hours will resume after the Labour Day weekend.
- * Smoking Cessation program- please call 674-4335 for appointment.
- * Specimen Collection every Tuesday and Wednesday ONLY. Please call 648-6681 for appointment
- * Onsite Pharmacist every Tuesday morning.
- * Social Assistance Worker available every Tuesday afternoon for questions regarding employment. Drop in, no appointment needed.

West Neighbourhood Contact

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Tiffany LeBlanc
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Tiffany.LeBlanc@HorizonNB.ca



The Village • The Village



Learning In The Garden

By Carolyn MacLennan
The Stephen Park Community Garden is growing real well. My grandson Keegan has autism and some severe eating issues.

I had the idea of getting involved in the garden so I could teach him that what we plant we can eat. I taught him how to plant seeds. We go down and weed the garden twice a week. I taught Keegan what weeds were and he pulls them out with me. I also taught him how to water the vegetables by using our rain barrel and watering can. He gets excited to go down to see how the garden is growing. He always has lots of questions. Now I can't wait for harvest time. He told me he will at least try some foods from the garden so that is a huge improvement. He has a hard job to stay focused on the weeding but he won't leave until he gets them all! It has been a fun experience for both Keegan and myself and I look forward to doing it again next year!



Carolyn and Keegan in the Stephen Park Community Garden. (Photo by Debbie McLeod)

Stephen Park Community Garden

By Cynthia Reicker, Canadian Red Cross

It is important to note that residential gardening continues to grow in popularity. One of every three families does some type of residential gardening, with a majority of gardens located in urban areas.



(Photo by Debbie McLeod)

Tomatoes are the most popular garden vegetable to residential gardeners. They grow extremely well when planted in a well drained soil. They require at a minimum 6 hours of sunlight per day and grow best in soils which have lots of organic matter such as compost, leaves or rotted hay. Be sure to fertilize by adding 2-3 lbs. of fertilizer

for every 100 sq. ft. of garden area. Water the tomato plants slowly and deeply to help grow a strong root. For best quality, pick your tomatoes at full colour.

This advice is just a few of the important tips being exchanged amongst those individuals involved in the recently opened Stephen Park Community Garden. Thanks to its major sponsors: The Department of Social Development, Fundy Region Solid Waste Commission and the Saint John Lebanon Association.



Bev shows off one of the new planters on Waterloo St. (Photo courtesy of Penni Eisenhauer)

New Planters On Waterloo St.

By Bev Barwell

This summer I have been involved with the Waterloo Village Association's Adopt-A-Planter beautification project in the neighbourhood where I live. This experience has provided me with many learning opportunities, from working together with community partners to engage local businesses in the project, making donation requests, and planning the locations of the new planters in the Waterloo Village.

The project is a great success thanks to: a donation from Genesys/Alcatel-Lucent's Make-a-Difference Foundation, local businesses Albert's Drapery & Simply Furniture for each adopting a planter, the City of Saint John for donating flowers, Seth Asimakos from the Saint John Community Loan Fund for building the planters, the Cathedral of the Immaculate Conception for providing us with the location of the new planter on Waterloo Street, and everyone involved in making the neighbourhood where I love to live a beautiful place to live too.

Waterloo Village Association Updates

By Linda Scott

The neighbourhood association has been actively creating some beauty in the Village area with some new planters along the Waterloo Street area.



Some businesses adopt a planter and are giving the plants the TLC they need to keep their beauty. We plan to give the By the Grace of God a little love as well. We are currently trying to negotiate the possibility of some more garbage disposal units on our streets as well as getting crosswalks repainted.

We conducted a survey at the school. We did get some helpful feedback but we need RESIDENT participation. Please take the time to be involved, which will give us stronger voice. Our next meeting will be September 14th at 6 pm at Prince Charles School. PLEASE NOTICE THE CHANGE OF DATE TIME AND VENUE.

From Cabins to Castles
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LEARNING

Everybody's project

Imagine what would happen if we all made sure to learn something new each and every day! Would we pass this passion for learning to our children? Would our neighbourhoods be better places to live, work and play? But how can we make learning the focus in our homes, communities and work places? Do you have ideas on what could be improved or changed? Do you have a learning story to share?

Join the conversation at www.learninginnb.ca or on Facebook. E-mail: info@learninginnb.ca. Phone (toll free): 1-888-478-0399. Let's make New Brunswick 'The Learning Province' of Canada.

Canadian Mental Health Association

By Sharon Sullivan

The CMHA, Saint John Branch, is pleased to announce that we have all of the dates scheduled for our Education Programs for fall, winter and spring! We are holding our core programs: "Understanding Anxiety & Panic Disorder"; "Depression: Help Can Make A Difference"; and "Hope & Healing: Coping With The Suicide of a Loved One." This year, we are also hosting two new programs designed specifically for women: "Building Self-Confidence" and "Building Assertiveness Skills." Registration is open for the programs, and all are free of charge. For more information or to register, please contact us at 633-1705. E-mail: cmha@nb.aibn.com

Free Money!

By Wendy MacDermott

Earn \$2000 for your child's education by filling out a few forms. This is no scam. The Federal Government offers a program called the Canada Learning Bond for all families who earn less than \$40,000 per year. Less than 20% of families who could use this program have. We will be working with partners to make it easier for families to get money to help pay for education after high school ... so stay tuned. In the meantime, contact Wendy at 693-0904 or wendy.vibrantsj@nb.aibn.com and check out www.hrsdc.gc.ca/eng/learning/education_savings/public/club.shtml

The Chase Is On!

Saint John residents are challenged to hunt, climb, and paddle for liver disease. The local chapter of the Canadian Liver Foundation is once again challenging the community of Saint John in a series of activities and challenges like geo-caching, rock climbing, and paddling to help people with liver disease. On August 21, 2011, the 2nd Annual Amazing Chase... for Liver fundraising event will be held in Rockwood Park from 12-4 pm in support of the Canadian Liver Foundation. After the race, you can relax and recharge at our Barbecue Party on the beach while medals and prizes are awarded in a variety of categories. For more information and registration visit: www.amazingchase4liver.ca or call 506-214-3511 or email saintjohnchapter@liver.ca. If you detour past this event, you will be eliminated from the fun! Event Contact: Kristen Wheaton 506-214-3511. Email: saintjohnchapter@liver.ca

VON Wellness Clinics

P.U.L.S.E. Community Centre Clinics

Aug 2, 16 and 30. All clinics are walk in. Hours are 1 - 4 pm. Free blood pressure, cholesterol and glucose monitoring.

Crescent Valley Resource Centre Clinics

Aug 9, 23. Hours are 1- 4pm. All clinics are walk in. Free blood pressure, cholesterol and glucose monitoring.

Main Street Baptist Church

Every Tuesday 10-12 noon. Exercise classes are 10:30-11:15am at Main Street.

If you have any questions please call Ann Bone, Coordinator, Community Programs & Flu, VON Canada, 635-1530 Ext 211 or email at ann.bone@von.ca

Energy Efficiency Tip

To be comfortable and reduce cooling costs on hot summer days, avoid using the oven or cooking on the stove. Instead, use a microwave oven, or grill outside whenever possible. Also, during the hottest parts of the day, avoid activities that add humidity to your home -- such as running your dryer or dishwasher.



THINKING ABOUT NEXT STEPS – FALL START DATES TO KEEP IN MIND

	Contact	Start Date
First Aid Course Canadian Red Cross	Debbie: 658-5159	Two day course, August 15 th & August 22 nd . Cost of book is \$8.50. Limited Space
POWER-UP Urban Core Support Network	Brenda: 642-9033	3 days/week for 10 wks. Apply by August 26 th for September
Enterprising Women SJ Community Loan Fund	Melanie: 652-5601	20 weeks (weekly) Apply in August for September 6 th start.
GED Preparation Course NB Community College	Cathy: 658-6703	12 weeks full-time (or p/t) starts September 12. Screening by September 1 st . Cost may be covered by Province
Computer training YMCA-YWCA	Julie: 634-4932	3 days/week for two weeks.
Job Preparation Workshop Post-Secondary Education, Training & Labour	Cathy: 832-5624	In September, 9:30 – 11:30. Assists with resumes and best ways to approach employers.
Key to Well-Being	Susan: 672-7451	October 11 th – 5 mornings/week for 6 wks. Apply now
Ready to Work: Tourism Industry Association	Catherine: 1 800 668 5313	4 week course free. Starts late September. For working in the food and tourism industry. Includes certifications
Catch the Wave to Employment	Brenda: 642-9033	October 27 – ½ day workshop with employers and resources

► Information on these and other programs can be found at <http://sjhdc.ca/pdf/MakingitWorkweb.pdf>.



Community Partners • Community Partners • Community Partners • Community Partners • Community Partners

Valued Sponsors of Around The Block

Rodney Weston
MP/député - Saint John

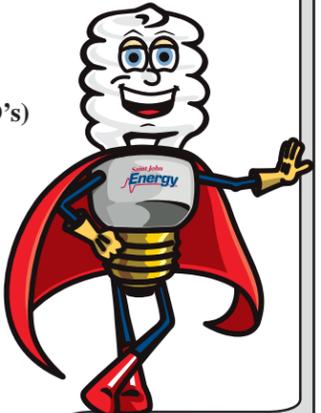


T 506 657-2500 email westonr1@parl.gc.ca
90 King Street, Saint John, NB

Saint John Energy "Excellence in Electricity Delivery"

Top 5 Energy Saving Tips:

1. Use Energy Efficient Lighting (CFL's & LED's)
2. Wash clothes in cold water and hang to dry
3. Purchase Energy Star appliances
4. Turn down the heat at night and when away
5. Make sure your home is properly insulated

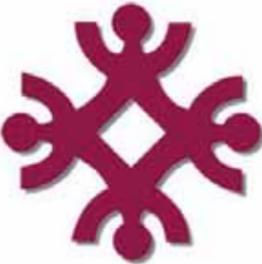


www.sjenergy.com



**GOT QUESTIONS?
GET ANSWERS**

The Community Information Centre is you one stop shop for information on programs and services in the city.



Call 633-4636
OR
Visit
www.saintjohninfo.ca

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 - Feel stuck and don't know where to start



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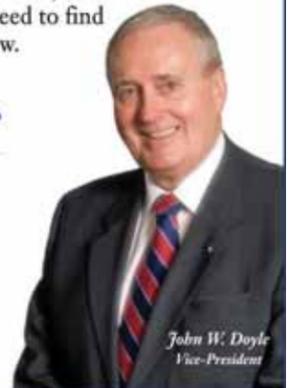


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The Saint John Multicultural & Newcomers Resource Centre Inc.



Centre d'accueil multiculturel et des nouveaux arrivants de Saint John Inc.

Want to Brush up your Language Skills?

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Lunch en français – for all levels

Every Friday, bring your own lunch and join us at noon at the Saint John Multicultural & Newcomers Resource Centre, 3rd floor, CityMarket building for "lunch en français". All are welcome, whether you're a francophone, beginner, intermediate or advanced level. For information, and to register, contact Marie-Paule Godin (506) 642-7265 / marie-paule.godin@sjmrrc.ca.

French Conversation Classes

Mondays or Tuesdays from 4:30pm to 5:30pm
 Open to everyone – no matter the level. For information contact Marie-Paule Godin (506) 642-7265 / marie-paule.godin@sjmrrc.ca.

NCLC (Les Niveaux de compétence linguistique canadiens) Classes Monday to Friday at Centre Scolaire Samuel-de-Champlain Adults aged 18 and over (non-Canadian citizens only)

NCLC classes provide a descriptive scale of communicative proficiency in English as a Second Language, expressed as benchmarks or reference points. They cover four skill areas: reading, writing, speaking and listening, and use real life language tasks to measure language skills. For information contact Rahma Kouraich (506) 642-4242 / rahma.kouraich@sjmrrc.ca.

French Camp

A free program offered at Centre scolaire Samuel-de-Champlain August 8-12 for children ages 3 to 5 years old who speak little French or who will begin French school in the fall. For more information, call (506) 658-4613.



Quality Storytent is an outdoor program where you can read and borrow books and join the Provincial Library's Summer Reading Club



THANK YOU!
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Saint John Free Public Library

Crescent Valley Community Tenant's Association



Crescent Valley Resource Centre



Literacy Coalition of New Brunswick





(Photos courtesy of Debbie McLeod)

Big Rodeo Was A Success

By Debbie McLeod

A BIG Thank You to everyone for making the Bike Rodeo such a great success! Special thanks to Rob Scott and State Farm Insurance and his family for providing the food and the actual Rodeo Course.



Thanks also to Jim and his church members for providing the 30+ bikes we were able to give away and to Fred Dewitt (The Neighbourhood Police Council) for purchasing the 34 helmets that we were able to give away as well.

Each of the 80 participants wore a helmet while participating in the rodeo. Thanks to Kathy Belanger and all her great staff at Leisure Services - couldn't have done it without you guys! The kids had a great time and boy did the weather cooperate and it was hot!! Without great community partners including Fundy Solid Waste, Baxter's, Boys and Girls Club, CVCTA, we couldn't put on these wonderful events. I thank each one of you for contributing to this event so we could make it possible for the children in our communities.

Children Teach

By Justin E. Shepard

I have three younger siblings and have always spent a fair amount of time playing and organizing activities with them and their friends, but this is my first job working with children.

Working with the Crescent Valley Resource Center has been a valuable experience for me and I believe that taking this job has been a great opportunity to learn about working with children. Being a Summer Squad counsellor has taught me many new problem-solving techniques and helped me refine my communication skills, especially when it comes to communicating with children.

Communicating with children may seem straightforward but children can be enigmatic (mysterious) sometimes. One must pay close attention not only to their words but to their body language. One must listen to what a child is not saying to truly understand who they are and what they are trying to say. This is one of my many lessons I have learned this summer.

Celebrate what's Right with the World

By Joan Wilkins

August

Our theme this month is "Reflect and Refocus"

re•flec•tion, noun, \ri-flek-shən\

* an often obscure or indirect criticism: reproach: "a reflection on his character"

* a thought, idea, or opinion formed or a remark made as a result of meditation

* consideration of some subject matter, idea, or purpose

(<http://www.merriam-webster.com/dictionary/reflection>)

Check out the Vocabulary Quiz on www.merriam-webster.com!



Have you ever heard the saying, "Need to go backwards, before you go forward"? As a person, company, family or group we all need to reflect on where we have been. It could be in the last year, months, weeks or days but the more we do it the better refocused we will be. Take time this month in your business and/or personal life to reflect on what you have done (good or bad) and write down somewhere how you are going to re-focus or change/enhance your direction or actions. Take time to CELEBRATE and reflect and refocus!

September

Celebrate What's Right with The World

Our theme this month is "Celebrate what's RIGHT with My/Our world". School District 8 Celebrates what's Right with My/Our World by encouraging everyone to look for the good in people and to search for the positive in situations.

Thought for the Month:

"There is something wonderfully rewarding in being part of an effort that does make a difference." - Brian O'Connell

For more information on the 'Celebrate what's RIGHT with the world' initiative, contact Joan Wilkins, Coordinator, School District 8 at 643-6884. Web site: <http://www.celebratewhatsright.ca>



(Photo courtesy of Boys and Girls Club)

Learning At The Boys And Girls Club

By Tracy Stewart

Over the summer the children and youth of the Boys and Girls Club have been actively engaged in interactive learning sessions. During these sessions children have an opportunity to exercise their minds and bodies.

One of these sessions included an exercise hunt where the children had to work as a team to complete a list of exercise activities. This activity allowed our children and youth to learn how to do simple exercises to stay healthy. During another session the children and youth found themselves being scientists and making volcanos erupt. At the Boys and Girls Club our number one rule when it comes to learning is to have fun.



(Photo courtesy of Camp Glenburn)

Luke and Isiah's Summer Vacation

At Camp Glenburn you learn not only responsibility, respect and courage. You can also learn two new or not new things at camp such as kayaking, canoeing, tying knots, starting fires, swimming, sing songs and dance or drama. Also, at Camp Glenburn we learn new songs at opening (first) night and ending (last) night camp fire.

p.s. We have a camp dog (neighbour's dog).

p.p.s. I look forward to camp all year.

- Luke Flewelling, 12 years old

Being at camp has improved and taught me many things from outdoor skills to swimming, and my favourite part is knowing you're surrounded by friends!

- Isaiah Baldwin, 11 years old

Teen Vibe Keeps Learning

By Shaundell Curran

Teen Vibe is a program for youth between the ages 12-13. For the past four years Teen Vibe has played an active role in the community, as the youth have been encouraged to apply themselves positively. Teen Vibe provides the youth with a healthy, positive, safe environment; it also provides the youth with an outlet to express their individualities while being able to acquire support from their peers.

Through every activity, the youth of Teen Vibe are constantly learning and focusing on life skills such as: developing self awareness, boundaries, respect / dignity of self and others, team work skills, and developing healthy relationships. For the past two summers Teen Vibe's main focus has been the beautification of Crescent Valley and the importance of volunteering within one's community. Their community involvement has provided a greater sense of ownership and respect towards their community and towards each other.

Storytent

By Katherine Miller and Marlee Mousek

The Storytent is a calm, relaxed, reading environment for kids of all ages to enjoy and benefit from. Over the past nine years, the Storytent has become a dependable program for kids and adults in the Crescent Valley Community, where they can read at their leisure or be read to. As well as providing a positive learning experience, Storytent participants can also have some fun skipping, sidewalk chalking, and playing clapping games with others. In addition to helping kids with literacy, Storytent provides a nutritious snack that all the kids look forward to when they come in to read.

In-School Mentoring For Teens

By Deanna Gamble

Big Brothers Big Sisters of Saint John has an exciting program where teenagers mentor younger student mentees. This partnership allows the mentor to grow and learn through the experiences that they have with their mentee. The mentor and mentee meet once a week during the school year for an hour to play games, talk, cook and build! By having an In-School mentor, the mentees are able to connect with someone once a week in school that does not necessarily include the traditional way of learning! For the mentees, having a mentor allows them to feel like they are making a difference in the community simply by gaining a new friend! If you're interested in having your child matched with an In-School mentor give Big Brothers Big Sisters of Saint John a call 635-1145.



Mentor Alex and his mentee Robert at this year's closing pizza party.
(Photo courtesy of Big Brothers Big Sisters)

The Library

By Dawn LeBlanc

Come in children

Don't be afraid to enter.

Many adventures await you,

Many kingdoms anticipate your arrival.

I have been to many of them and
more are there to be discovered

Oh, there are things that can bite-

and slither, creep and crawl-

Overhead & under foot – but understand;

They are under your control

You can stop them with a turn of a page.

I have been to the land of the fairies

I have been to Jupiter, watched unicorns at play,

climbed the highest mountain and explored

sunken ships of treasure.

You can go there too, all you have to do is

open the door of the library and step through

All of this and more is waiting for you.

Saint John Youth Radio

The Whiners youth radio show airs every week on Saturdays at 12 pm on Local 107.3 FM. The show is produced by youth, for youth. We have a dedicated group of volunteers, but we need more youth to participate in our fall programming!

If you're between the ages of 13-20, and want to become involved in the radio show, contact Mark Leger at 636-8541. E-mail: mark@sjhdc.ca (No experience necessary! We provide training).





Youth in our Communities • Youth in our Communities • Youth in our Communities • Youth in our Communities



(Photo courtesy of PULSE)

Learn A Second Language

By Jacob Yeomans

A second language can be very useful, especially if you are going to college or university and looking to start a career. A lot of jobs now require that you know both French and English fluently, especially in our province; as we are the only bilingual province in Canada!

Knowing a second language can increase your understanding of and respect for other people and other cultures. It gives you access to a larger pool of information and to more educational and career opportunities. It will increase your enjoyment of literature, art, music, theatre, travel and personal relationships.

By learning a second language we can understand each other better and have more empathy and consideration.

Family Camping At Y Camp

The Saint John Y is offering a single parent Family Camp for families who could not normally afford a summer vacation. The camp will be held at Camp Glenburn on the beautiful Belleisle Bay from August 24 - 28.

Cost of the camp is only \$40 per family and transportation

to and from the camp is available. This is a great opportunity to experience summer camp as a family and enjoy all the good things that Camp Glenburn has to offer. There are still openings at many of the Y Summer Day Camps. The Saint John Y is providing fun and educational summer camp options that will get kids outdoors and loving it!



(Photo courtesy of the Saint John Y)

Learn to Sail, Wilderness Adventure, Skateboarding, Dirt Camp, Archery Camp and Golf Camp are just a few of the many Day Camps the Y is offering this summer. If you are looking to enjoy more of the great outdoors, then why not spend a week at Camp Glenburn on the beautiful Belleisle Bay? Bunks are still available but going fast. Don't miss out on your chance to learn new skills such as canoeing, high ropes and outdoor survival while you meet new friends and create lifelong memories.

For additional information on any of the Y's programs contact the Y at 693-YMCA or visit the website at www.saintjohnny.com

Promoting Community Involvement

By Shannon Adams & Adam Dunn

Teen Vibe is located in Crescent Valley on the second floor of the blue building on MacLaren Boulevard. Present in the community for the last few years, Teen Vibe's summer program promotes community involvement, volunteering and the beautification of Crescent Valley. Youth between the ages of 13-18 are able to participate in a variety of activities and community events that allow them to explore the arts, entertainment, lifestyle, exercise and more.

Through daily activities of program and special outings, the teens create lasting relationships with peers and members of the community as well as develop confidence and self esteem. As summer youth workers, it is our job to provide a safe environment for the youth to self discover and give them the opportunity to become leaders in Crescent Valley.

Shannon Adams & Adam Dunn are Summer Student Youth Workers, Teen Vibe.



Cynn Dukes and Heather Dobson. (Photo courtesy of Mel Barrett)

Learning And The TRC

By Christopher Hachey

The Teen Resource Center for Youth is one among many organizations in Saint John that share the goal of helping others. Such a goal takes on many forms, some subtle and some pronounced, but in all cases the goal remains the same: change for the better. Subtle changes can be as simple as a meal, cloths or a toothbrush; however, substantial changes almost always effect an enduring change in behavior or attitude. These latter changes come as a result of learnt behavior; something that we at the TRC must always take into consideration. The most important lessons at work at the TRC center around community. Not only do we volunteer time and effort around the city but the drop-in zone itself brings youth from different parts of the city together under a single set of rules, regulations, rewards and activities acting like a microcosm for future social and communal synergy.

Storytent Comes To Us!

By Arzoo Rahimi

I have been borrowing books from the Storytent and Bookwagon for four years. I like it because when you can't go to the bigger library you can get books here every week and return them. It's just like going to the library, only the library comes to us!



(Photo courtesy of Cheryl Brown)



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(Photo courtesy of Penni Eisenhauer)

ESM Summer Kick-Off

By Sheri & Rick Stagg

On Saturday, July 16, 2011 the East Side Motivators hosted a community street dance, barbecue, and ended the event with the Yogi Bear Movie on the Hill. We served 100 hamburgers and 72 hot dogs to all the kids and families living on Reading Crescent and Roxbury Drive. Lots of community support was provided throughout the neighbourhood with MLA Glen Savoie and Councilor Bruce Court interacting with the residents.



Modibo Diarra of the Saint John Mill Rats, Rick Stagg, and MLA Glen Savoie.
(Photo courtesy of Penni Eisenhauer)

The YM/YWCA supported the group by hosting the street dance with music provided by Ernie Fillmore. They also surprised the neighbourhood with the Mill Rats' own Modibo Diarra. He played soccer with the kids and hung out with the residents. The kids had fun blowing bubbles and using sidewalk chalk to decorate the parking lot. The Glen View United Church set up their reading tent and the kids read stories to Rev. Kathy Zwicker.

The night ended with a family movie and 35 to 50 residents young and old enjoyed the opportunity to be a kid again. The feedback from the residents was super positive and the East Side Motivators are hoping to host another Movie on the Hill. For more information, join our Facebook page.

~~~ "OLOGISTS" ~~~ QUESTIONS

EVERYWHERE WE HEAR THE TERM "OLOGIST".
CAN YOU MATCH THE "OLOGIST" WITH WHAT THEY STUDY?

- | | |
|---------------------|--|
| 1. Anthropologist | A. studies birds and bird behaviour and habitats. |
| 2. Cardiologist | B. studies weather patterns and climate changes. |
| 3. Geologist | C. studies the history of words, their meanings and origins. |
| 4. Zoologist | D. examines and studies different cultures, their origins, behaviours and social interactions. |
| 5. Meteorologists | E. studies all forms of hair loss and prevention of hair loss |
| 6. Graphologist | F. studies the stars and their movement. |
| 7. Etymologist | G. studies animals and animal behaviour and habitat. |
| 8. Numerologist | H. studies minerals and rocks and their formations. |
| 9. Ornithologist | I. studies things like dinosaurs and other fossils. |
| 10. Palaeontologist | J. studies and analysis handwriting. |
| 11. Trichologists | K. study of numbers and their believed meanings in our lives. |
| 12. Astrologists | J. doctors who specialize in the study of heart disease. |

See answers on Page 15



An Enterprising Woman

By Sharon with Cathy Wright
Through *Around the Block*, Sharon heard about the Enterprising Women course with the Saint John Community Loan Fund (Loan Fund). She had the idea of a hostel but needed help with networks, contacts, and research; showing this business could work.

She started her business with international students but wanted to expand and the Loan Fund provided immediate assistance. Her new business was underway before she finished the program!



(Photo courtesy of Cathy Wright)

People from Canada and other countries stay for a few days in her hostel. She is a member of Backpackers of Canada and has learned a lot about social media. She also did matched savings with Enterprising Women saving a certain amount each month, which was matched \$3 to her \$1. Sharon continues to learn and is currently taking an online course to possibly expand her business. She definitely recommends the Loan Fund. For more information on the next Enterprising Women call Melanie at 652-5601.

Crescent Valley Food Purchase Club

By Richard Northorp

The "Food Purchasing Club" has been a real blessing to Crescent Valley with all the fresh fruit and vegetables at the very low prices of \$10, \$15 and \$20 for a full bag of a variety of fresh goodies. Most all residents are very hard pressed and cannot afford enough fruits and vegetables for themselves and their children which are a very important part of a healthy diet. Now residents can afford to eat healthier as they get a lot more for their money than they would at their favourite local grocery store.



Debbie Gerow and Charlene Good pack groceries at the Food Purchase Club.
(Photo courtesy of Richard Northorp)

Some residents even go 50/50 on a \$10 bag or on a \$20 two bag deal. Brenda (my wife) and I have been eating a lot healthier since the Food Purchasing Club came to Crescent Valley and we feel so much better. Just bring your money and a big grocery bag or two to the Resource Center at 130 MacLaren Blvd. and we will fill them up for you.

Facing Fears And Moving Forward

By Darlene Davidson

Through the Key to Well-Being, I learned I was afraid of moving forward in my life. I was forced to take a hard look at myself and realized that I didn't know myself at all. The Key to Well-Being taught me to examine who I really was. One day our class was invited to the Learning Exchange for the TIES2Work Open House. I was excited that I could learn new work skills in order to achieve a job that I would love and allow me to be my true self. I am in my third week of Ties2Work and I am enjoying the challenges of learning new skills, working as a group and overcoming the fears that I had allowed myself to avoid in the past.



A 'Jill-Of-All-Trades'

The City Market Senior Centre welcomed Virginia Vail as their new coordinator in June. Virginia describes herself as a "Jill-of-all-trades" as she has dabbled in a wide variety of fields including Theatre, ESL, Cooking, E-Commerce and more.



Originally from the Bristol, N.B., Virginia has spent 19 of the last 27 in Saint John and has lived in Ontario and Jamaica.

Although this is her first position with seniors, Virginia is no stranger to community development and non-profit organizations having worked for 4 years at The Community Health Centre and served on the City Centre Housing Co-op's Board of Directors for almost a decade.

Watch for upcoming City Market Senior Centre news as Virginia has hopes to increase services and guide the Centre through renovations in the near future.



Photo Courtesy of Tammy Calvin
Cheryl Brown reading at the first storytent in the Old North End.

Informal Learning

By Cheryl Brown

Some people call the learning that happens outside of a school classroom or training at work "informal learning." But I think informal learning is what happens whenever someone decides what they want to learn and how they want to learn it.

Most of my informal learning has happened because I wanted to know how to do something. To learn, I read a book, ask someone about it, watch someone else do the same thing or just by trying it out. I learned to knit by asking my mom and my grandmother.

One day my dad is going to help me learn how to weld (he doesn't know this yet). I learned to scrapbook by watching my friend. I learned to cook without milk by reading a lot of cookbooks. Actually, I learned a lot about food and health by reading books. I think that libraries are great for this type of learning.

The best thing about informal learning is that I get to learn what I want, when I want, the way that I want. That always feels good.

SHARE Activity Centre

SHARE Activity Centre Inc. is a non-profit with charitable status, providing social activities, support, friendship & community connections to adults accessing mental health services, located at the Recovery Center, 157 Duke St. Phone: 658-3196.

Celebrate Our Success

By Christina Fowler

The Saint John Learning Exchange and Vibrant Communities Saint John hosted a wonderful event at Rockwood Park on June 9, "Celebrating Success" of the many learners across our city. We had 177 people attend the event who enjoyed a healthy barbeque, Yoga, Zumba and Geocaching. A wall of success stories displayed the accomplishments people were proud of over this past year.

Video clips will be featured on the Human Development Council website to raise awareness of all there is to celebrate in Saint John. Thanks to our sponsors and all partners involved in making the event such an incredible success.



(Photos courtesy of Christina Fowler)

Affordable Housing: More Than A Roof Over Your Head

Affordable housing addresses a basic need in communities across Canada—the need for safe, stable and suitable places for families and individuals to live. But affordable housing does more than provide a roof over your head - it makes our communities better places to live, work and grow. While affordable housing has the greatest impact on occupants themselves, its benefits for the broader community are varied and far-reaching.

Affordable housing projects can help communities make more efficient use of land and existing infrastructure. The City of Ottawa, for example, worked with the owner of a single-detached home on a double lot to build a three-storey, eight-unit infill building on the property. This project not only contributed to the City's urban intensification policy but also created affordable rental housing for students and lower-income workers in the neighbourhood. Five years later, rents remain affordable.

Existing buildings can be reclaimed and reused for affordable housing, rather than falling victim to the wrecker's ball. Converting a surplus or vacated building into affordable housing makes good use of existing infrastructure, is often less costly than new construction and can help maintain the character of a neighbourhood. A good example is the Îlot Saint-Mathias project in Jonquière, Quebec, in which a former school constructed during the Second World War was converted into a residential building, thus increasing the supply of affordable housing while preserving a piece of the city's architectural heritage.

For occupants themselves, affordable housing often means more than shelter—it means greater independence, new opportunities and new hope for the future. In Charlottetown, parents of high-functioning adults with intellectual disabilities became concerned about the lack of housing options for their children, who were able to live on their own but required some support with daily activities. The parents formed a non-profit corporation, Life Bridge Inc., which built a 12-unit supportive housing project. Life Bridge Inc. also worked with community groups to find job training and employment opportunities for residents, allowing them to participate more fully in the community.

Throughout Canada, communities are benefiting in many ways from projects to create more affordable housing. Individuals and local organizations are at the heart of these efforts, but Canada Mortgage and Housing Corporation (CMHC) is there to help.

CMHC's team of experts offers first-hand knowledge of approaches that have been implemented by private companies, the not-for-profit sector and municipalities to develop affordable housing in communities across Canada. In addition to offering project-specific expertise, CMHC can help determine if a housing project is financially viable, identify resources and other potential partners, and share information on what has worked in other communities.

To find out how you can engage a CMHC expert in your project, or to learn more about people and projects assisted by CMHC, visit www.cmhc.ca/affordablehousing.



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(Photos courtesy of Christina Fowler)

City Funds Neighbourhood Groups

The City of Saint John recently presented Neighbourhood Development Stimulation Grant money to community organizations. These grants enable the neighbourhoods to mobilize staff, volunteers and resources to help produce positive outcomes for their communities.

Quality Learning NB; \$4,794, Crescent Valley Resource Centre; \$22,500, Vibrant Communities for Neighbourhood Organizer; \$18,500, ONE Change; \$22,500, Resource Centre For Teens; \$22,500, West-side PACT; \$22,500, PULSE; \$25,000, Around The Block; \$22,500. Making the presentations were Mayor Ivan Court, Kevin Watson and Barry Freeze from Leisure Services.

Nouvelle Agente au programme jeunesse du SJMNR



(Photos courtesy of SJMNR)

Karen Casey est une fille d'ici et a vécu à Saint John la majeure partie de sa vie. Avant de se joindre au Centre multiculturel des nouveaux arrivants de Saint John, Karen a travaillé pour la John Howard Society en tant que conseillère communautaire et a dirigé le programme Reconnect and Summer Workshop Strategies. Karen a également travaillé comme travailleuse sociale et elle désire plus que tout faire une différence dans la communauté dont elle fait partie. Karen est grandement impliquée dans la scène artistique de sa ville natale et est une musicienne professionnelle de la scène locale. Sa passion pour la musique, l'art, les jeunes et la communauté fait d'elle un

heureux ajout à notre équipe. Vous pouvez la rejoindre au 642-1205 / karen.casey@sjmnr.ca

New Youth Program Officer With Multicultural Centre

Karen Casey is a home town girl and has lived in Saint John most of her life. Before joining Saint John Multicultural & Newcomers Resource Centre, Karen worked with The John Howard Society as a community counsellor who ran the Reconnect and Summer Workshop Strategies Programs.

Karen has also worked as a social worker and she has a passion for making a difference in the community she inhabits. Karen is heavily involved with the art scene in her hometown as well, and she is a local professional musician. Karen's passion for music, art, youth and community makes her a welcomed addition to our team. You can reach Karen at 642-1205 / karen.casey@sjmnr.ca

Learning On The East Side

By Reverend Kathleen Zwicker

Glen View United's hall fills with chatter as the children of the Reading Crescent-Roxbury Drive area gather for the East Branch Library's "Up in the Air" program.

Summer students, Stephanie and Darcy, read a story, assist the children with their crafts and lead them in active games. This program is a joint venture of the Library and Glen View United in an effort to make learning fun throughout the summer months.

The Roxbury Reading Tent made its debut at the Summer Event. The Tent which will pop up throughout the Hill and the Glenn offers a space to read and a variety of books from babies' board books to late elementary. Teen and adult books will be added in the future.

These two programs mark the beginning of Glen View's Church in Action Committee outreach endeavors since it adapted a learning, language and literacy emphasis.

Together with Glen View Preschool and Glen View Adult Learning, these programs offer participants of all ages opportunities to learn in their own neighbourhood. Phone: 696-3773. Email: minister@glen-viewunited.ca

Assets For Individuals

By Kimberly Williams

I started "Assets" at the Saint John Community Loan Fund in January of 2011. Assets is a program that supports individuality, builds skills, and grows savings for greater self-reliance. It teaches about problem solving, budgeting, saving, banking, consumerism and money management skills.

It helps us demonstrate asset growth - personal, social, human, physical, and financial. A Matched savings program helps us save and get into the habit of saving. I also learned communication skills, time management, job search tools and about giving and receiving feedback.

All the coaches at the Loan Fund are supportive, patient and understanding. They show a level of empathy which makes one feel it to be a safe environment.

I feel the tools and skills I have gained since attending this program have given me the confidence to succeed. I hope to attend the Enterprising Woman program this fall so that I will continue to build and gain more skills to be a success story in our community.

For more information, call 652-5626. E-mail: loanfund@nbnet.nb.ca

Answers From Page 13 Trivia

~~~ "OLOGISTS" ~~~ ANSWERS

1. Anthropologist D. examines and studies different cultures, their origins, behaviours and social interactions.
2. Cardiologist L. doctors who specialize in the study of heart disease.
3. Geologist H. studies minerals and rocks and their formations.
4. Zoologist G. studies animals and animal behaviour and habitat.
5. Meteorologists B. studies weather patterns and climate changes.
6. Graphologist J. studies and analysis handwriting.
7. Etymologist C. studies the history of words, their meanings and origins
8. Numerologist K. study of numbers and their believed meanings in our lives
9. Ornithologist A. studies birds and bird behaviour and habitats
10. Palaeontologist I. studies things like dinosaurs and other fossils.
11. Trichologists E. studies all forms of hair loss and prevention of hair loss
12. Astrologists F. studies the stars and their movement.



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Participants in the Anglin Drive Speak Up. (Photo courtesy of Vibrant Communities)

## Anglin Drive Speaks Up!

By Pat Porter

The Anglin Drive community had its very first Speak Up meeting on May 18th with Cathy Wright and Kelly Kelly facilitating. Among those who attended were many residents of Anglin Drive, and community partners: MLA Trevor Holder, Tony White, Susan Smith, Debbie McLeod, Dana Thompson, Juanita Black, Wendy McDermott, and CST Don Metcalfe.

It was wonderful having the opportunity to voice our many concerns and brain storm on possible solutions together.

Overall, the Speak Up was a great success! We had a great turn out of both guests and residents and now look forward to seeing some of our solutions put into action. Our logo is "Anglin Drive is Alive!" and it was certainly easy to see why on May 18th!

## Learning Is Key To Poverty Reduction

By Wendy MacDermott

When someone says learning is at the core of reducing poverty you might think right away about the important role education plays in getting a good job and making enough money to meet your basic needs. You would be right. But there are many other things we have to learn to reduce poverty.

For example, the Poverty Workshop by the Urban Core Support Network teaches us the realities of living on a fixed budget and, as a result, we learn empathy and to be less judgemental.

We learn how subsidized housing can take you from spending more than 70 per cent of your income on housing to a more manageable 30 per cent. We learn that you come to dread pizza days, pictures, even birthdays. We learn that no one should have to choose between activities and clothes for their children.

We realize the social safety net has gaping holes and can be humiliating to use. We also learn that living on a fixed budget takes resourcefulness and that Saint John is a caring community!

What have you learned about the reality of poverty in Saint John, and what myths are out there?

## Farmers Market In Queen's Square

There will be a Farmers Market August 28 in Queen's Square in the South End. It will run from 8:30 am - 2 pm. The market will include local farmers, artisans, food vendors, and any other interested community groups, such as community gardens. The cost will be \$20 per vendor. For more information, send an e-mail to [hmartine@unb.ca](mailto:hmartine@unb.ca) or [jodyk-liffer@hotmail.com](mailto:jodyk-liffer@hotmail.com).

## Adult Learning At John Howard Society

By Carla McAfee

The John Howard Society is one of several learning facilities in the Saint John community. We are a part of the non-profit organization called, "Saint John Kings Adult Learning Inc." Our program is free to the public. Our classroom is small to help facilitate learning. We are here to provide individuals with a safe, relaxing and positive learning environment. We service the most vulnerable members of our society who face multiple barriers. We are proud to have been asked to share our success stories!

In the last two years we have had 18 young men and women receive their G.E.D. Diplomas! In addition, we have two single mothers who have been accepted into Post-Secondary Education! A new door has been opened for these individuals where in the past it seems to have been slammed in their faces! We are extremely proud of our students and we wish them every success in their future endeavours.



Members of the team gather for the layout and design meeting. From left to right: Penni Eisenhauer, Elaine Orser, Linda Scott, Andrea Richards and Mary LeSage. (Photo courtesy of Vibrant Communities)

## Around The Block Team (Issue 18)

Old North End: Tammy Calvin, Wendy Barron-Belmore, and Andre Richards

South End: Mary LeSage.

Waterloo-Village: Penni Eisenhauer, Linda Scott

Crescent Valley: Anne Driscoll, Elaine Orser.

Lower West Side: Jill Roberts, Tiffany LeBlanc and Megan James

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Layout and Design: Mark Leger, Belinda Kumar and Juanita Black  
Community members; Debbie McLeod, Carl Tricky, Lyn King, and Kelly Kelly.

Vibrant Communities: Wendy MacDermott, Cathy Wright.



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