



# Around *the* Block



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## Committed And Dedicated Volunteer Moves On



Pictured is Carl Trickey (Photo courtesy James G. Crooks)

**By Dawn LeBlanc and Mary LeSage**

Carl Trickey was a founding member of People United in the Lower South End (P.U.L.S.E.) in 2008, before we even had a building. From the beginning, he was a very involved president, whether that meant barbecuing (with greens!), cleaning up litter, or making presentations to citizens.

When Carl committed P.U.L.S.E. to an event, it was big and it was memorable! If he wasn't serving breakfast at Queen Square Farmers Market, he was flipping pancakes/burgers in Rainbow Park. The residents never left hungry, that's for sure.

Carl is dedicated to improving the quality of life in his community and looks forward to participating in future projects in the South End. We thank him for his years of commitment!

## Coordinator's Comments Juanita Black, 647-4850, sjcommunitynewspaper@gmail.com

Welcome to issue 52 of Around the Block and our theme of "Volunteers".

There are 12 pages in this issue of *Around the Block*, filled with stories that will inspire you about how people of all ages donate their time to communities and non-profit groups across our city. Some community groups could not operate without volunteers who are the backbone of many programs.

At this time of the year, we are preparing our taxes. Remember, when you file your annual income tax and benefit return, you may be eligible to receive benefits or credits which would include: • GST/HST Credit • Canada Child Benefit • School Supplement Benefit • Healthy Smiles • Clear Vision and/or the • Canada Learning Bond.

And you need not worry about paying to get your taxes completed if you make under \$30,000 per year. There are many FREE tax clinics across the city. Call one of the community groups listed in *Around the Block*. That is where I had my return done and guess what? The clinics are run by volunteers, trained by the CRA.



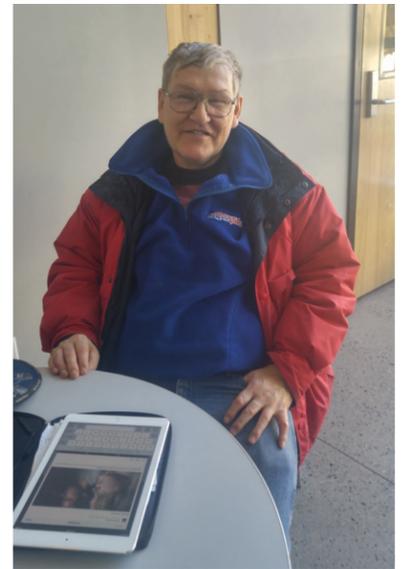
## Gerry Leavitt , Long-Time Volunteer

**By Christa Petts**

One of our dedicated volunteers is Gerry Leavitt. Gerry is well known for all the dishes he has washed in the kitchen for our Community Lunch Program on Wednesdays.

Always telling people what he is learning on his tablet through our digital learning centre, he is the first person to lend a hand and always has a smile on his face.

Gerry is also a big part of our ball hockey program on Tuesday nights. The kids just admire him with his "get down and give me 10" attitude. He is old-school and the parents love it.



Pictured above: Gerry Leavitt (photo courtesy NNCC)

## BBBS Thanks Volunteers



Pictured above: Chris and Zackary (Photo BBBS)

**By Rhoda Welshman, Volunteer Engagement Coordinator**

Thank you to the many volunteers that make our work and mission possible. Thank you for making a difference in our community and in the lives of our children. From In-School Mentors, Traditional Big Brothers & Sisters, Big Couples, Group Mentors, Board Members and Special Event Volunteers - we are extremely grateful for your dedication and commitment to our vision: "every child who needs a mentor has a mentor".

Each year we serve more than 400 children in Saint John, Kings and Charlotte Counties but there are still 100+ children waiting to unlock their true potential and begin creating a future where anything is possible.

Start something today; give us a call 635-1145 or visit [www.BigBrothersBigSisters.ca/SaintJohn](http://www.BigBrothersBigSisters.ca/SaintJohn) to learn more about our various programs and volunteer opportunities.

## Proud Sponsors of Around The Block





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## Peter Lege

**By Carrie Griffin**

I have chosen to write about one of our great volunteers here at the Nick Nicolle Community Centre, Peter Lege.

He is a passionate and dedicated photographer. Peter is always around taking pictures or explaining how to photograph the perfect picture. I can count on him to be here whether I call him two weeks in advance or five minutes before, which is all I normally give him to come to the centre.

He teaches an adult class on Tuesday mornings and a family one Thursday nights, and he loves passing his knowledge on to our community residents.



*Pictured above: Peter Lege (Photo courtesy NNCC)*

## Thank You, Larry King

**By Barry Galloway**

There are many volunteers who help ONE Change. We are grateful to all. One such amazing volunteer is Larry King. Larry is a real friend to our community. He serves as one of our board members and supports us in many other ways: serving residents at our community dinners, providing food and resources himself.

If he can't do it, he taps into his friends to make sure we have what we need. As manager of Lancaster Mall, he supports activities for our kids by bringing them to the mall for games and events. He has provided musical instruments, food, free haircuts, prizes, and whatever we need whenever we need it. He is our go to guys as an exceptional volunteer and exceptional friend. Thank you, Larry King.



## Our Community Dinners



*picture left to right: Louise Buick, Marie Kindred, Joan McInnis (Photo courtesy of Christa Petts)*

**By Christa Petts**

Every Wednesday we hold a community dinner. Residents approached us and suggested we start a community dinner on this day because it was the only day a meal wasn't offered. We started with about nine volunteers who committed their time and now have about sixteen volunteers committed to our lunch. Volunteers make this so special for the community because of their dedication and commitment.

Volunteers give all their time for free and never ask for anything in return. At ONE Change, we would like to give a special thanks to all our volunteers who make every day amazing.

## St Patrick's Day Tea



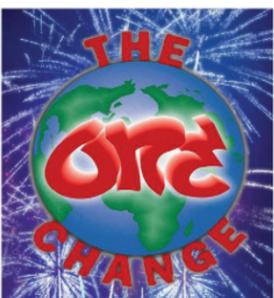
*Pictured left to right: Ron King, John Cailey, Eric Garnett, and Larry King (Photo courtesy Peter Lege)*

**By Christa Petts**

What an amazing St. Patrick's Day tea party it was on Friday! This day wouldn't be possible without our volunteers. Larry King and Lowell Belyea made an amazing Irish stew and spent the afternoon hosting with us. A special thank you goes out to Mike Durley, who came from Fredericton to help serve tea. The KV Country Band provided Irish music for all our seniors. Our Director Barry Galloway sang Danny Boy.

We don't want to leave anyone out so here is a BIG thanks to all the volunteers who made the afternoon spectacular!

### NOTICE OF ANNUAL GENERAL MEETING The ONE Change Inc.



The Board of Directors of the **One Change Inc.** hereby gives notice of its annual general meeting which will take place on Thursday April 20, 2017 at 6 p.m. at the Nick Nicolle Community Centre 85 Durham Street, Saint John, NB. For more information please contact us at (506) 658-2980.

Refreshments will be served! You will have an opportunity to hear about the great things happening through **ONE Change** and our partners!

**HOPE TO SEE YOU THERE!**

## North Neighbourhood Contact

Christa Petts  
christapettsonchange@gmail.com  
Nick Nicolle Community Centre  
85 Durham Street  
658-2980





South End • South End

## Rising Stars Rise Up At South End Community Centre



(Photo courtesy South End Community Centre)

### By April Adams, Director SECC

Chris and Lynda Smith truly RISE as volunteers. They offer an outstanding basketball opportunity for the youth of the South End. They establish an affirmative environment, equal access to quality coaching, and skill development for children with varied abilities. Their focus is to offer a positive experience of sport and a chance to achieve their potential is none short of amazing.

They dedicate countless hours to offer two practices a week, scrimmages, games, tournaments - both inside and outside the city - and they attend special events. We are fortunate to have such dedicated volunteers and are grateful for the opportunity to recognize them.

## Comings And Goings At P.U.L.S.E. Inc



Don't forget your heating rebate forms can be picked up at the office. Income tax time is coming soon; please check out the times for tax clinics!

Registered Nurse Kathy London-Anthony will be at P.U.L.S.E. to address your health needs on Friday April 7 from 9am.-9pm.

Spring has sprung and it is time for Spring Clean Ups!

Have you noticed the clothing bin in our parking lot? The clothing is donated to the non-profit store In for a Pound. A portion of the proceeds from the bins stay in YOUR neighbourhood! Fill it up!

Please remember our monthly Food Purchase Club money is due April 13, and May 12, and your purchase comes back to you the following Friday. We have \$15 and \$25 orders available! We even have a Pay it Forward option where you can provide a single person, a couple, or a family with fresh fruits and vegetables!

Remember our office hours are as follows: Monday 9am -2pm. Tuesday 9am -1pm. Wednesday, closed: Thursday 9am -1pm. and Friday 9am -2pm.

Sgt David Hartley-Brown can be reached at 648-3700 or david.hartley-brown@saintjohn.ca



### Wayne Long

MP/député - Saint John/Rothesay



1 Market Square, Suite N306  
Phone: (506) 657-2500  
Hours: 9 am - 4 pm  
Monday - Friday

## P.U.L.S.E. New Board Members



Pictured left to right: Maggie Rice, Theresa Rogers, Erin Hodge, Dakota Lutes (Photo courtesy Nick Shepard)

### By Nicholas Shepard

Early last month People United in the Lower South End held a very important board meeting. It was at this meeting that a number of significant changes took place - changes that P.U.L.S.E. believes will help our organization to grow and become a more active participant in the rejuvenation of the South End.

Nicholas Shepard was elected as Acting PULSE President, Peter Joselyn was elected as Vice-president/Treasurer and Dawn Leblanc was re-elected as Secretary. We also welcome four new board members: Dakota Lutes, Theresa Rogers, Erin Hodge, and Maggie Rice.

P.U.L.S.E. also would like to thank the outgoing board members for their contributions.

## Janet Kidd At SJB/KE



Janet Kidd, director of Sea Belles A Cappella Chorus, teaching St John the Baptist King Edward (SJB/KE) grade four and seven students a short song in four part a cappella harmony on February 22.

A Sea Belles ensemble also assisted and performed a selection of music for enjoyment of Music Specialist Jillian Little's students.

## South Neighbourhood Contact

Mary LeSage Phone: 632-6807  
E-mail: pulseinc@bellaliant.com  
251 Wentworth Street





## Thank You Ann Barrett

**By Katherine Miller**

Volunteers are the most important resource that a community organization can have. The Crescent Valley Resource Centre has been lucky to have many individuals from the community, as well as other parts of the city, volunteer throughout its nine years of operation.

A volunteer who has been offering her services since day one is Ann Barrett. She has had a profound impact on the community and has brought about many positive changes. She has been the driving force to create Flemming Court Park and Playground. She has invested countless hours into the CV Caring initiative and has been the Crescent Valley Board Treasurer. She is a very hardworking woman who deserves much recognition and appreciation in the community!



*Pictured is Ann Barrett (Photo courtesy of Anne Driscoll)*

## Volunteering In Crescent Valley

**By Eva Feddery with Katherine Miller**

Volunteers are important in every community. Without these people, we would not be able to have activities take place!

I have volunteered at many functions involving both children and adults. I really enjoy volunteering with children and am always happy to see a smile on a child's face when they learn or receive something.

Over the last 22 years, I have volunteered with various community organizations, which include the Breakfast Program at Hazen White-St. Francis School, Crescent Valley Community Tenants' Association as well as the Crescent Valley Resource Centre. Although these organizations are lucky to have many dedicated volunteers, I believe more people should sign up to be a volunteer somewhere they enjoy.

## CVCTA Honours And Awards Night

The Crescent Valley Community Tenants Association (CVCTA) Honours and Awards will be held on April 12, at the Crescent Gospel Centre. This is an annual event that thanks volunteers in Crescent Valley and our community partners for their contribution to the community.

This year we will present 32 certificates of appreciation: 21 bronze, four silver, six gold, and six platinum. Our Community partners are very important to us. This year we will give certificates of appreciation to: Sarah's Coffee Shop, Little Julies Hair Salon, Pink Icing, and Subway Lansdowne. As well, we presented trophies for the Garden Committee's 2016 growing season.

Community Appreciation plaques for long-time ongoing commitment to the Crescent Valley Community will be present to Giant Tiger and Royal Bank Lansdowne.

The George Lawson Memorial Award is given to an individual who has contributed to the overall volunteerism in our community of Crescent Valley. The award is presented by Mrs. Judy Lawson in memory of her late husband. This award will be announced that evening.

By Honours and Awards Chairpersons: Eva Feddery, 1st Vice President and Juanita Black, Past President

## Upcoming Events In Crescent Valley

Events in Crescent Valley April – May

- Family Board Games Night: Tuesday April 4, from 6:15-7:15 pm.
- SJ Bike Share Program Bike Presentation: Wednesday, April 5 from 3:30-4:30 pm.
- CV Rhythm & Brew Singing Group Concert: Monday April 10<sup>th</sup> from 6-7 pm (at Stephenson Towers.)
- CRVC will be closed Good Friday, April 14 & Easter Monday, April 17
- Tax Clinic: Wednesday, April 19 from 1-4 pm.
- Savvy Soup: Wednesday April 26 from 6-8 pm.
- Yak & Snack at NB Museum: April 27 from 1:30-3 pm.
- Spring Social: Thursday, May 11 from 1:30-3:30 pm.
- The Salvation Army emergency disaster vehicle will serve a pancake breakfast at 55 MacLaren Blvd Saturday mornings from 9 - 11 am.

## Meet Nadhim



The Crescent Valley Resource Centre (CVRC) family welcomes Nadhim Mansoor to the neighbourhood. Nadhim is our Community Engagement Coordinator and he works in the CVRC, 130 MacLaren Blvd. He will be working with Crescent Valley residents, both newcomers from Syria and long-time local residents, to help us better understand each other's cultures, and develop a friendly and welcoming community. You can reach Nadhim any time the CVRC is open; call him at 693-8513, or email: [cvrc.mansoor@gmail.com](mailto:cvrc.mansoor@gmail.com). Please drop by to say hello!

### التقى ناظم منصور

أسرة مركز الموارد في كريستين فالي ترحب بانضمام ناظم منصور إلى الحي. ناظم هو منسقنا للمساهمة المجتمعية و يعمل في مركز موارد كريستين فالي. سوف يقوم بالعمل مع سكان كريستين فالي، سواء القادمين الجدد من سوريا أو السكان المحليين المتواجدين منذ فترة طويلة بالحي، لمساعدتنا على تفهم ثقافتنا بعضنا لبعض بشكل أفضل، وتطوير المجتمع الودي والترحيبي. يمكنك الوصول إلى ناظم أي وقت يكون فيه مركز موارد كريستين فالي مفتوح، اتصل به على 693-8513، أو البريد الإلكتروني، [cvrc.mansoor@gmail.com](mailto:cvrc.mansoor@gmail.com) الرجاء توقف اليوم لإلقاء التحية!

## Trevor Holder MLA Portland - Simonds

Constituency Office:  
229 Churchill Blvd. Suite 11  
Tel: (506) 657-2335  
Email: [trevor.holder@gnb.ca](mailto:trevor.holder@gnb.ca)

Hours: Mon: 8 am - 4 pm, Tues: 9 am - 1 pm,  
Wed: Closed, Thur: 9 am - 1 pm, Fri: Closed



## Crescent Valley Neighbourhood Contact

Anne Driscoll: 693-8513  
email: [CVRC.driscoll@gmail.com](mailto:CVRC.driscoll@gmail.com)  
130 MacLaren Blvd.





Lower West • Lower West

## Special Thanks to Community Volunteers From Zoomers, On The Go

**By Jill Roberts**

The Zoomers, On The Go, Falls Prevention and Fitness Program is offered to individuals in our community who are over the age of 50. Staff from St Joseph's Community Health Centre would like to thank the many volunteers who donate their valuable time to improve the health of others.

Zoomers is a free program that promotes better balance and improved strength, as people age. A huge thank you to all of the volunteer fitness instructors who offer free classes in neighbourhoods from East Saint John to Grand Bay /Westfield. Thanks, as well, to the many volunteers who fill "grit bags" to be distributed in several neighbourhoods. These grit bags can be kept in your car, house, or purse to be sprinkled on icy spots in order to provide a non-slip surface when people are on the go.

Pictured below are volunteer instructors Dianne and Terre, as well as the girls from the Grade 5 Fit and Fun Program at St Patrick's Elementary School. The afterschool program participants filled over 100 grit bags that will help to keep seniors on their feet!



## Westside Wellness Updates

**Market Place Wellness Centre, Carleton Community Centre**  
674-4335, 120 Market Place West, Monday to Friday 7:30am - 3:30pm.

- Specimen Collection Tuesday and Wednesday, 8a.m.-3pm, appointments only: 648-6681
- Food Bank winter hours: Tuesdays and Fridays 1pm - 3pm.
- Smoking Cessation Program: call 674-4335 for an appointment
- Fundy Fog Chasers meet Thursdays at 6:30pm and Saturdays 9am. Runners and walkers welcome. No charge to participate. There is a site on Facebook.
- Food Purchase Club: clients pay for their bag of fresh produce, once a month) 674-4335 for information.
- Social Development Case worker on site Tuesdays 1-3pm or by appointment.
- Senior led fitness program/ Falls Prevention ages 50 and up, "Zoomers," free. Tuesdays 10am, Fridays 11am all participants must have an initial assessment. 674-4335
- Gentle Yoga: Mondays 9am and Thursdays 10am \$6.00 fee applies.
- Pickle Ball: Tuesdays, 11 am, contact Mike 672-9566
- Line Dancing: Mondays 10am \$5. fee applies.
- Community Garden Plots: \$15 plus \$5 key deposit, first come, first serve.
- 2 Nurse Practitioners, by appointment only
- Gentle Dance (low-key), at 10 am Friday (donation)
- Social Worker / Dietitian / Counselling: by appointment -674-4335
- Art Class: Goodwill offering kimmy.cookson@gmail.com

## Volunteers For Westside P.A.C.T.



Youth enjoying an evening of chess  
(Photo courtesy of Julie Baribault)

**By Julie Baribault, President Westside P.A.C.T.**

The board of Westside Policy and Community Together would like to extend a huge thank you to all the volunteers that help us to run the programs here. We could not have our successful programs such as the pj drive, family fun week, and fresh produce without you guys. We want to send a very special thank you to the three volunteers for our chess program: Dan Elman, Blair Taylor, and Alex Kipper who come to P.A.C.T. on Tuesday evenings to teach a group of children the rules, strategies and how to play chess. Our program has grown over the past six months to approximately 16 children who come to play. We could not run the programs without the dedication of all the volunteers we have. THANK YOU for all you do.

## Volunteers At 880 Danells Drive

**By Wendy Coughlin**

Volunteers are the backbone of every Tenants' Association and we are very fortunate to have some very dedicated volunteers. I would like to thank them all on behalf of their fellow tenants for the efforts that they put forth.

First, I would like to thank Judy Barrett for all of her hard work. Judy prepares breakfasts every Sunday and delivers to people who are unable to come out and socialize. She delivers the morning papers, has shoveled walkways during snowstorms, helps put picnic benches out and away, helps decorate the room for different holidays and pitches in to help whenever we need her. Judy has been a great asset since she has moved here.

Next, I would like to thank Paul Dunn for all the times he has made a "housecall" to help someone with their television, VCR, DVD player or computer. Paul has often made repairs to our bookshelves, storage cabinet, and numerous other things. He helped set up our sound bar and our antenna for the television in the lounge so we could watch the news. Thank you Paul for never losing patience with us.

I would also like to thank Joan Wright for all of the times she has made and poured tea and or coffee for her fellow residents. Joan helps out almost every evening, as well as at our General Meetings. She also helps with decorating for holidays and enjoys participating when the students from Seawood School come to visit.

I would like to thank all our residents for their contributions to our social gatherings and their participation. We could never succeed without you.



**Dorothy Shephard**  
MLA Saint John Lancaster

640 Manawagonish Road  
Saint John, NB E2M 3W5  
Constituency Office is located  
at side of building facing Church

Tel: (506) 643-2900  
Fax: (506) 643-2999  
Dorothy.Shephard@gnb.ca  
www.gnb.ca

## West Neighbourhood Contacts

Jill.Roberts@HorizonNB.ca  
120 Market Place 674-4307

or

Anna James  
672-0226

westsidepact@bellaliant.com





The Village • The Village

## Spotlight On Stephen Young



My name is Stephen Young. I am in the Basic Education & Skills Training (B.E.S.T.) program at the Saint John Learning Exchange. My current goal is to complete my GED so that I can move on with my life. I first signed up and completed the Workplace Essential Skills (WES) program.

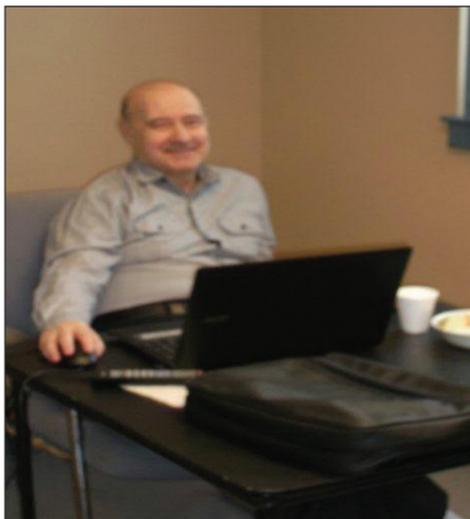
Before the Learning Exchange, I was a homebody. I did not do much or go many places. But now, I have a purpose to get up in the morning! Every little accomplishment is a big one for me! I also work part-time for a social enterprise called Voila! through the Learning Exchange.

I haven't had teeth for about 25-30 years. Thanks to the Learning Exchange, I managed to find a way to afford my new teeth. Now I have better self-esteem and a million dollar smile! Without the Learning Exchange and the good people who work there, I don't know where I would be today.

## Unsung Hero

**By the Brunswick Drive Tenants Association**

Leonce Gionet is a true friend and a good man. He does anything you ask him to do. He runs BINGO on Monday nights and he runs movie night on Tuesday nights. He operates the computer and provides wrestling for us on Sunday nights. We have a monthly cooking club and Leon provides the dinner music! We have the school children from Princess Elizabeth School come over to mix with the seniors at Brunswick Drive and when they come, Leon provides entertainment by using his computer. Leon takes the time to go out of his way to help.



*Pictured: Leon Gionet  
(Photo courtesy Brian Mills)*

Thank you, Leon, for all you do at Brunswick Drive.

## Gerry Lowe Councillor Ward 3

I am your Councillor for Ward 3. Parts of the Lower West Side, Lower South End, and parts of the East and a bit of the North by the Rockland Road area.

I can be reached by phone at 721-5690 and by email at [Gerry.Lowe@saintjohn.ca](mailto:Gerry.Lowe@saintjohn.ca)



## Salvation Army Thanks Tony Freake



*Left to right; Tony Freake, middle Dimatri Petrov, Ernie Gaddas a visitor at the Cafe (Photo courtesy Salvation Army)*

**By Louise Armstrong, EDS/Volunteer Coordinator**

Our volunteers at The Salvation Army Hope Community Church & Family Services are the most important resource we have. We value their ability to work willingly together for the betterment of our community.

Tony Freake, one of our volunteers spends 15-20 hours per week either serving in Hope Café, packing lunches for children at Princess Elizabeth School, driving the Community Response Unit to a fire, providing services and supplies to the first responders, or cooking a pancake breakfast in the mobile kitchen for residents of Crescent Valley.

Tony says: "I couldn't find a better organization to volunteer with; it's very rewarding and I feel appreciated by everyone."

## Scholarship Available

**By Tamara Kelly**

Did you know that Credit Counselling Services of Atlantic Canada offers a \$1,000 scholarship? Every year since 2004, we have offered scholarships to students attending college or university. As a Saint Johner attending you are eligible to apply. You can find the application at [www.solveyourdebts.com/scholarships](http://www.solveyourdebts.com/scholarships).



## Waterloo Village Updates

**By Penni Eisenhauer**

If you would like to get involved in the Waterloo Village Neighbourhood Association please contact Penni Eisenhauer at [commorg.penni@gmail.com](mailto:commorg.penni@gmail.com) or 506-647-8047.

The association meets on a monthly basis during the noon hour at the New Social Enterprise HUB located at 139 Prince Edward Street.



## Village Neighbourhood Contact

**Penni Eisenhauer 647-8047**  
[commorg.penni@gmail.com](mailto:commorg.penni@gmail.com)

**Saint John Learning Exchange**  
139 Prince Edward Street



**Partnering from Kindergarten to Grade 12 and Beyond**

- Partnerships
- Volunteering
- Mentoring
- Role Models
- Coaching
- Focus on Literacy
- Having Fun
- Tutoring
- Breakfast/Lunch Programs
- New Opportunities
- After School Programs
- Career Exploration
- Making a Difference

**PALS**  
PARTNERS ASSISTING LOCAL SCHOOLS

Deborah Fisher  
fisher.deborah@jdirlingv.com

Susan Tipper  
tipper.susan@jdirlingv.com

**We ALL have something to offer!**

**Youth in our Communities • Youth in our Communities • Youth in our Communities • Youth in our Communities**

## Volunteers Make PES Awesome



*Darren & Danette Woods  
(photo courtesy Rebecca Doyle)*

### By Natalie Stevens Princess Elizabeth School

Without volunteers Princess Elizabeth School (PES) just would not be the same. Every day as you walk through the halls you can see volunteers in action. At the beginning of the day some of our local firefighters hand out breakfast to students while the Salvation Army is busy behind the scenes getting bagged lunches ready.

We have multiple volunteers who help coach our sports teams. These teams would not be able to compete without these coaches. Our PSSC and PALS programs allow our school to bring the best experience possible to our students. The generosity of the community and its members make PES awesome!

## SJB-KE Nutrition Program Feature -

### Jean and Paul Arsenault

**By Ben Gillcrisp - Community Schools Coordinator - St. John the Baptist/King Edward School**

Jean and Paul Arsenault are nothing short of amazing! This husband-and-wife team comes in every Monday to act as our clean-up crew in the kitchen after lunch. This is no small task, as Saint John the Baptist – King Edward School (SJB-KE) processes more than 250 dinner dishes every lunch, along with all the of the prep trays, utensils, and general cleaning. We are so fortunate to benefit from the gifts this wonderful couple give us every week it truly “takes a village” to make our kitchen run” Without Jean and Paul, and all the wonderful volunteers who give of their time five days a week, our programs would not be possible!



*Pictured are Paul & Jean Arsenault (Photo courtesy Ben Gillcrisp)*

## Volunteers Make Difference At St Pat’s

**By Krista Turnbull, Community Schools Coordinator, St. Patrick’s School**

As I look back over the past seven years that I have been the community schools coordinator at St. Pat’s, I feel so honoured to have worked with the amazing volunteers we have. Folks have shown overwhelming dedication to the students, especially over the past three years with us being split between two locations. The feelings of the students are always their priority and they have been so understanding and flexible with all the changes. Our volunteer family continues to grow each year and I am so appreciative of the time folks take from work and family to dedicate to our students. As we make plans for a new start in a new school with many new friends and colleagues, it is heartwarming to know that so many fantastic individuals and organizations will continue to support our students and make a difference in their lives. To all our PALS, community partners and parent volunteers, THANK YOU for all you do to assist each child in reaching their full potential!!



## Centennial Says Thank You

**By Caitlin Corkum, Community Schools Coordinator, Centennial School**

Volunteers are the backbone to all the great programs and activities happening at Centennial School. Without the commitment of our PALS and community partners and the flexibility they give their employees so they can volunteer we would not be able to provide mentoring, breakfast 5 days, hot lunch 3 days, a March Break Literacy Camp, Summer Adventure Camps, trips to Port SJ, Judo, Reading Buddies, our Annual Christmas Bazaar, much needed supplies, and healthy snacks. Special events like the Annual Train Ride, Soap Box Derby, school trips, a much-needed backpack program, opportunities to watch Sea Dogs games and shows at the Imperial Theatre, play basketball at the YMCA with the Saint John Riptide and much, much more!

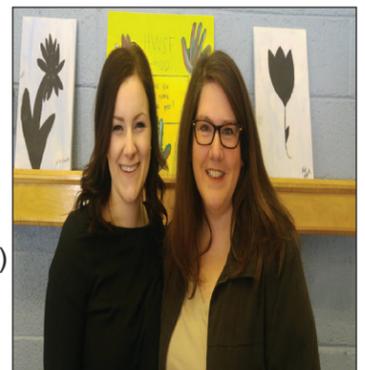


We would like to say a huge THANK YOU to all our volunteers, PALS and community partners, we greatly appreciate your support and commitment to making our students lives full; without you, life at Centennial would not be the same!

## Promise Partnership at HWSF

**By Jen Brown, Community Schools Coordinator, Hazen White St. Francis School**

Cara McKeown and Jenna McDougall are program coordinators for the Promise Partnership at UNBSJ. They currently facilitate a one-on-one mentoring program at Hazen White St Francis School (HWSF) The program consists of approximately 130 UNBSJ students who volunteer their time for an hour every week offering literacy interventions and playing learning games with the students of HWSF. Cara and Jenna are heading into the last week of the mentoring program and would like to thank all of the UNBSJ volunteers for their time.



*pictured left to right: Jenna McDougall & Cara McKeown (Photo courtesy by Jen Brown)*

The Promise Partnership will be offering more programs this spring/summer. For more information please contact 506 648 5611 or email [promise@unb.ca](mailto:promise@unb.ca).



## Partnering from Kindergarten to Grade 12 and Beyond



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- Making a Difference



Deborah Fisher  
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Susan Tipper  
tipper.susan@jdirlingv.com

**We ALL have something to offer!**





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*Proud Sponsors of Around the Block*

*Bridging the Gap... Connecting Generations*, facilitated by the Elizabeth Fry Society of Saint John, 2016

### Age-Friendly Communities are empowering seniors to thrive!

An **Age-Friendly Community** is a place where seniors can age actively, live in security and enjoy good health. When a community undertakes age-friendly initiatives, they're creating a supportive environment for wellness where seniors are respected for the valuable contributions they make and are given a chance to let their strengths shine. This doesn't just enhance the quality of life for individuals as they get older – it builds a community that's more inclusive for everyone, like young families and persons with disabilities!

Many communities across New Brunswick have started taking steps to become age-friendly. Go read their stories and find more information :

[www.wellnessNB.ca/seniors/age-friendly-communities](http://www.wellnessNB.ca/seniors/age-friendly-communities)

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## Sisters of Charity

of the Immaculate Conception

[www.sistersofcharityic.com](http://www.sistersofcharityic.com)

### THE COMMUNITY FOUNDATION

building a greater saint john

The Anniversary Grant was established in 2006 and is annually awarded to a charity striving to address an identified community need, and who demonstrates strong partnerships, collective impact and sustainability. The Anniversary Grant is a single grant of \$40,000.

The 2017 application process is now open. Applicants must contact the Executive Director **at least one week prior** to the application deadline to review eligibility requirements and be invited to apply.

The application deadline is **Friday, June 23<sup>rd</sup>, 2017 at noon**. Applications received after this deadline will not be eligible for consideration.

Visit our website to find out more:  
[www.thecommunityfoundationSJ.com](http://www.thecommunityfoundationSJ.com)

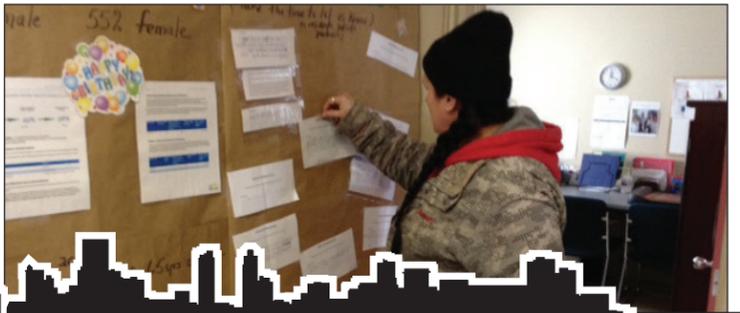
89 Canterbury Street, Suite 502  
 Saint John, NB E2L 3C7  
 672.8880 ~ [info@sjfoundation.ca](mailto:info@sjfoundation.ca)

## YMCA Volunteer Opportunities

**Volunteers are at the heart of the Y. That's why the Y is at the heart of the community!**

**Thank you to the 1,355 volunteers who gave 59,767 hours to their Y family in 2016. Find out how you can get involved today!**

**646-2116**  
[saintjohnny.ymca.ca/Volunteer](http://saintjohnny.ymca.ca/Volunteer)



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## Volunteering Comes In Many Forms and Languages Le bénévolat s'exprime sous plusieurs formes et langues



Group participants with volunteer Matt Phillips.  
Photo selfie by Matt Phillips

Lunch en français featuring dedicated SJMNRC volunteer Matt Phillips as he hosts our weekly SJMNRC French conversational group.

Matt Phillips, un bénévole très apprécié du CAMNASJ, participe et anime le groupe du Lunch en français.

LUNCH EN FRANÇAIS!  
Tous les vendredis à midi!

Au plaisir de se rencontrer pour luncher et converser en français à la bibliothèque publique de Saint John (deuxième étage, Market Square) N'oubliez pas votre lunch!

The Saint John Multicultural & Newcomers Resource Centre Inc.		Centre d'accueil multiculturel et des nouveaux arrivants de Saint John Inc.
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## A Healthier Life Starts Here



Picture above: Cindy Losier (Photo courtesy Nicole Vair)

### By Nicole Vair

Cindy Losier joined the Y in December of 2014 with a plan to stay for three months during the winter and keep up with her running schedule. Three years later and Cindy is still enjoying the Y and giving back to her community.

"One day while browsing the Y's website, I discovered an education session being offered to members on becoming a Fitness Instructor, so I thought, "why not?", Losier said. "I took the training, passed the certification and occasionally volunteered to instruct a class."

As more opportunities came up, the more Losier got involved. Today she volunteers as a Group Power and Cyclefit Instructor five times a week, helping people live a healthier life by sharing her time and talents.

"Volunteering at the Y has given me the opportunity to give back to the community in a very small way," she explained. "Becoming a fitness instructor may not be for you, but there are a number of volunteer opportunities. Like me, you, too, can join the Y family by volunteering a couple of hours a month and reap the benefits of living a healthy life in the process."



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## Venez fêter comme des Singes-à-noix!

**Jonathan Poirier, Agent des communications et relations publiques**

L'implication communautaire sera célébrée le samedi 22 avril prochain lors de la 5e édition du Défi Singe-à-noix.



L'objectif de cette activité est de rassembler la communauté francophone de la région du grand Saint-Jean tout en remerciant les bénévoles qui œuvrent au sein de nos organismes francophones.

Vingt-quatre équipes rayonneront en participant aux épreuves organisées par l'équipe de gestion de l'ARCf de Saint-Jean. Cette activité est gratuite et les défis seront accessibles à tous les 19 ans et plus voulant jouer.

Les jeux et la soirée avec bar payant se dérouleront au gymnase du Centre communautaire Samuel-de-Champlain à partir de 18h30. L'équipe du Défi qui se classera en 1re place se méritera la généreuse bourse de 1000\$ qui sera attribuée à la cause francophone de leur choix.

Vous voulez participer? Inscrivez votre équipe à [michel.cote@arcf.ca](mailto:michel.cote@arcf.ca).

## Kiwanis Club Of Saint John Thanks Their Volunteers



**By Linda Jarvis President, Kiwanis Club of Saint John**

I would like to send out a BIG thanks to our Kiwanis members who do a lot of volunteer work in the community of Saint John.

They spend many hours helping out with Kiwanis One Day, Romero House, Safe Kids BBQ, Kiwanis Cash Calendar Project, Dental Program, Daffodils Sales for the Canadian Cancer Society, and Service Clubs (Key Club, Aktion Club and KKids), to name a few.

Without wonderful volunteers like our members, a lot of service would not get done.

THANK YOU ALL ONCE AGAIN FOR ALL THAT YOU DO.

### Be a Hero, Be a Volunteer

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**1 Get \$2** TO PLAY TO WIN WEEKLY

**2 Pick** a number, fill out a ticket with your name and number, put one part in the box and keep the other

**3 Play** weekly by placing the green label with your number on a toonie(s) and drop it in the gold rush box

Boys & Girls Club of Saint John  
A good place to be

[www.sjbgclub.com](http://www.sjbgclub.com)  
(506) 634-2011

## Attention Women

Do you feel that you are letting life slip by you?

- Do you procrastinate
- Underestimate your abilities
- Feel stuck and don't know where to start

Start by registering for  
**The Key to Well Being**

And discover that life can be exciting and rewarding

Believe in yourself and make it happen

Call today and register for our upcoming course  
672-7451

Where  
Saint Josephs  
Community Health Centre  
116 Coburg Street

Childcare and transportation costs are covered by the Dept of Social Development

THE KEY

TO WELL-BEING

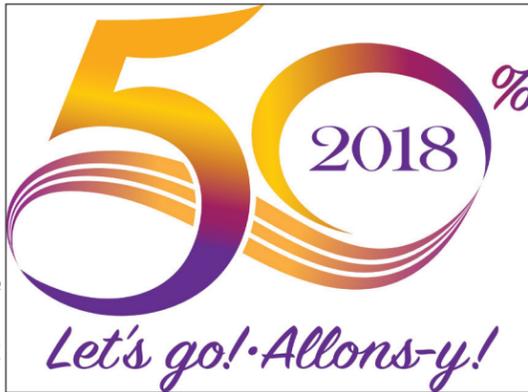
A PERSONAL GROWTH JOURNEY FOR WOMEN



## Women For 50%

**By Michelle Cook**

A group of New Brunswick leaders have joined together to increase female participation in the 2018 Provincial election. New Brunswick is at the back of the pack in terms of female representation in the Legislature. There is sound and sustained research that gender equality in all major institutional decision-making improves outcomes substantially.



The group is hosting a conference on April 6, 2017 at the Richard J. Currie Centre in Fredericton on the UNB Campus with three goals:

1. To create awareness of the situation and build support
2. To encourage more women to run and support them to win
3. To continue to build a more sustainable infrastructure for women to get involved in politics
- 4.

For further information or to express interest please visit the Facebook page at [www.facebook.com/NB.50.2018](http://www.facebook.com/NB.50.2018) or email Michelle Cook [michelle.cook@innovatia.net](mailto:michelle.cook@innovatia.net)

## NEW C Celebrates 1 Year



**By Tanya James, RD, Community Connector**

On March 24 the North End Wellness Centre (NEW-C) celebrated its first anniversary with a birthday party. North End residents and community partners learned about what we've been up to in our first year, including the services and programs we offer.

There was cake, of course, and door prizes from the City of Saint John and SJ Transit. Thanks to all who came to celebrate with us.

## The Options Are Endless At The Y

**By Nicole Vair - Communications Coordinator**

Did you know the Y offers a variety of volunteer opportunities through various departments?



As a Y volunteer, you might lead an exercise class, welcome new immigrants, mentor young people, produce a special event or advise on local issues. No matter how you help, you'll make a big difference as you work with others where you live, work, and play. Regardless of your age, experience, or how much time you can commit, you can make a difference in the lives of others.

Contact the Y to learn more and view current opportunities online at [saintjohn.ymca.ca/volunteer](http://saintjohn.ymca.ca/volunteer).



"Learn and Go" 2017  
Working for Change  
Men & Women Welcome

### Program Application

Sponsored by the Saint John Women's Empowerment Network  
Contact person: Penni Eisenhauer (506)647-8047 – [commorg.penni@gmail.com](mailto:commorg.penni@gmail.com)

Would you like to change something in your community?  
If your answer is YES, this program is for YOU!

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_

We are currently inviting interested residents to apply for the upcoming 2017 Learn and Go, Working for Change training program. "Learn and Go" is a Free 8 week program that offers skill building workshops to help residents make change in their neighborhood. The workshops will begin on **Tuesday April 18<sup>th</sup>**, for **3 weeks from 9:30 to 11:30 Monday, Tuesday and Wednesday mornings**. The following 5 weeks will comprise of Hands-on Team Project Work with a mentor in the community after a final presentation of project ideas are presented to potential partners for funding. Support is provided for childcare and transportation if required.



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FOR MORE INFORMATION PLEASE CALL MEALS ON WHEELS

**506-658-1888**

The Saint John  
Multicultural & Newcomers  
Resource Centre Inc.



Centre d'accueil  
multiculturel et des nouveaux  
arrivants de Saint John Inc.

**Do you want to  
volunteer?**

Contact Renata Britez  
(506)642-1219  
[renata.britez@sjmrc.ca](mailto:renata.britez@sjmrc.ca)

**Vous voulez faire  
du bénévolat?**

Contactez Guy Verna  
(506) 642-6464  
[guy.verna@sjmrc.ca](mailto:guy.verna@sjmrc.ca)





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## Introducing Donna Gates



Donna Gates  
(Photo courtesy Living SJ)

Donna is the new Executive Director of Living SJ. This network of government, non-profit, business, and neighbourhood leaders is applying a collective impact model to end generational poverty in Saint John. Her background is in marketing communications and non-profit.

Donna is the former Vice President of Philanthropy and Communications at the Heart and Stroke Foundation of New Brunswick and has also served as the Vice President of the Saint John Regional Hospital Foundation.

Donna can be reached at; donnagates@livingsj.com

## Want To Organize A Cleanup In Your Area ?

ACAP (Atlantic Coastal Action Program) Saint John will provide materials (i.e. gloves, bags, etc.) and information on how to organize and execute a successful cleanup event. Give us a call at 652-2227 or email office@acapsj.org



You can also participate in our #PortCityPick-Up Contest. Use the hashtag with a photo of yourself while you're out cleaning a public space to be entered to win a green prize! Drop by our office at 139 Prince Edward Street for gloves and bags before you head out.

## Happy Retirement Ann Marie



Picture above; Ann Marie McLaughlin  
(Photo courtesy Joanne Barry)

**By Joanne Barry - Nurse - Community Development Horizon Health Network**

The North End Wellness Centre (NEW-C) would like to wish Ann Marie McLaughlin, a Nurse Practitioner who has been providing care for the past 10 years in the North End, a happy retirement.

Ann Marie, you will be missed by the NEW-C and the community. Having grown up in this neighbourhood, Ann Marie knows the North End well and has built a strong foundation of trust with many generations of its families. Ann Marie will be retiring in May and we wish her the best as she begins this chapter of her life.

We welcome Shannon Whalen (NP) to the NEW-C team, who will be taking on Ann Marie's patients.

## Food Purchase Contest

This is issue 52 of *Around The Block* and our Food Purchase Club contest. We are happy to partner with Saint John Energy to offer two \$15. fresh fruit and produce orders for this issue. You need to locate, hidden anywhere, in pictures, ads, or stories, throughout *Around the Block*, two Saint John Energy logos (not including this notice and the Saint John Energy ad on page 10).



Send your answer to sjcommunitynewspaper@gmail.com or call 647-4850. You need to identify the page and location of each hidden logo. Only one entry per household. Your name will go into a draw for one of the orders. The contest will end at noon, April 19, and you will be called if you are a winner with the location where you can pick up your order.

Congratulations to the winners for issue 51, Muriel Wilson and Jason Pidgeon. We will list winners of this contest on the *Around the Block Diva's* Facebook page Wednesday evening, April 19.

## Around The Block Team (Issue 52)

**Old North End: Chrisa Petts and Carrie Griffin.**

**Lower South End: Mary LeSage**

**Crescent Valley: Anne Driscoll and Katherine Miller**

**Waterloo-Village: Penni Eisenhauer**

**Lower West Side: Jill Roberts, Krista Turnbull, and Julie Baribault**

**Proofreaders: Rona Howald, Joanne Britton, Mark Driscoll, Dayna Lutes, and Lorna Brown**

**Layout and Design: Juanita Black with Chris Hopkins.**

**Ad Design: Pat Porter**

**Community members: Carl Trickey, Lyn King, Lisa Chamberlain, Ryan Locke, Natalia Hicks, and Debbie McLeod**

Questions about our services? Call anytime or visit us at [www.BrenansFH.com](http://www.BrenansFH.com)

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