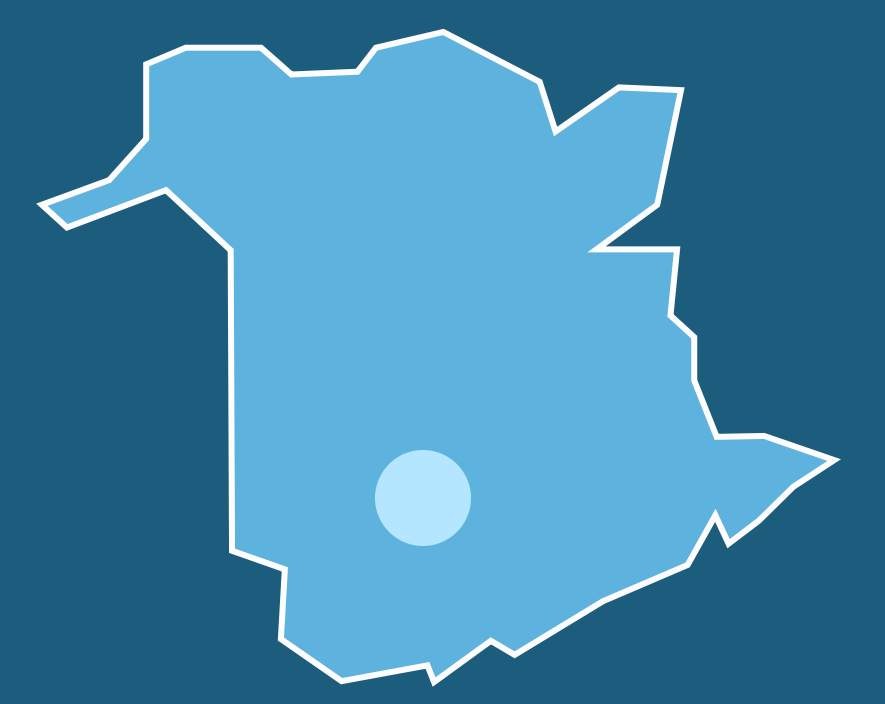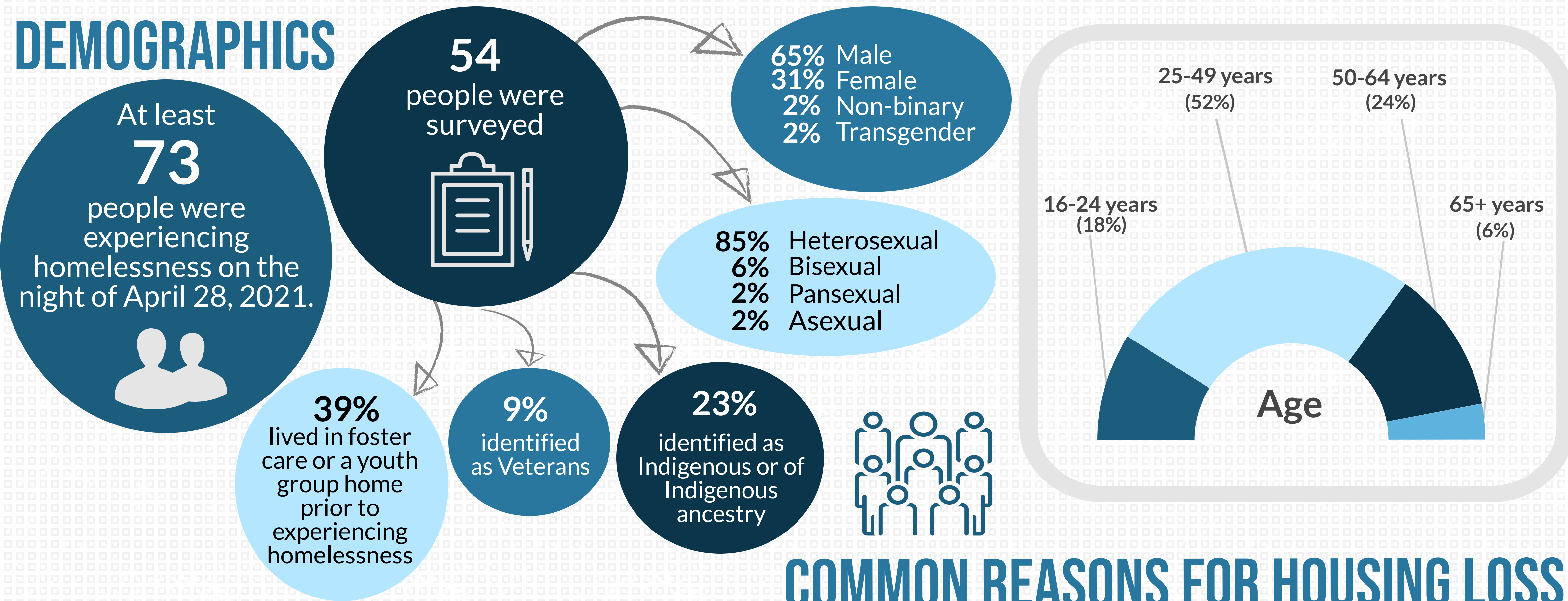# EVERYONE COUNTS 2021: FREDERICTON

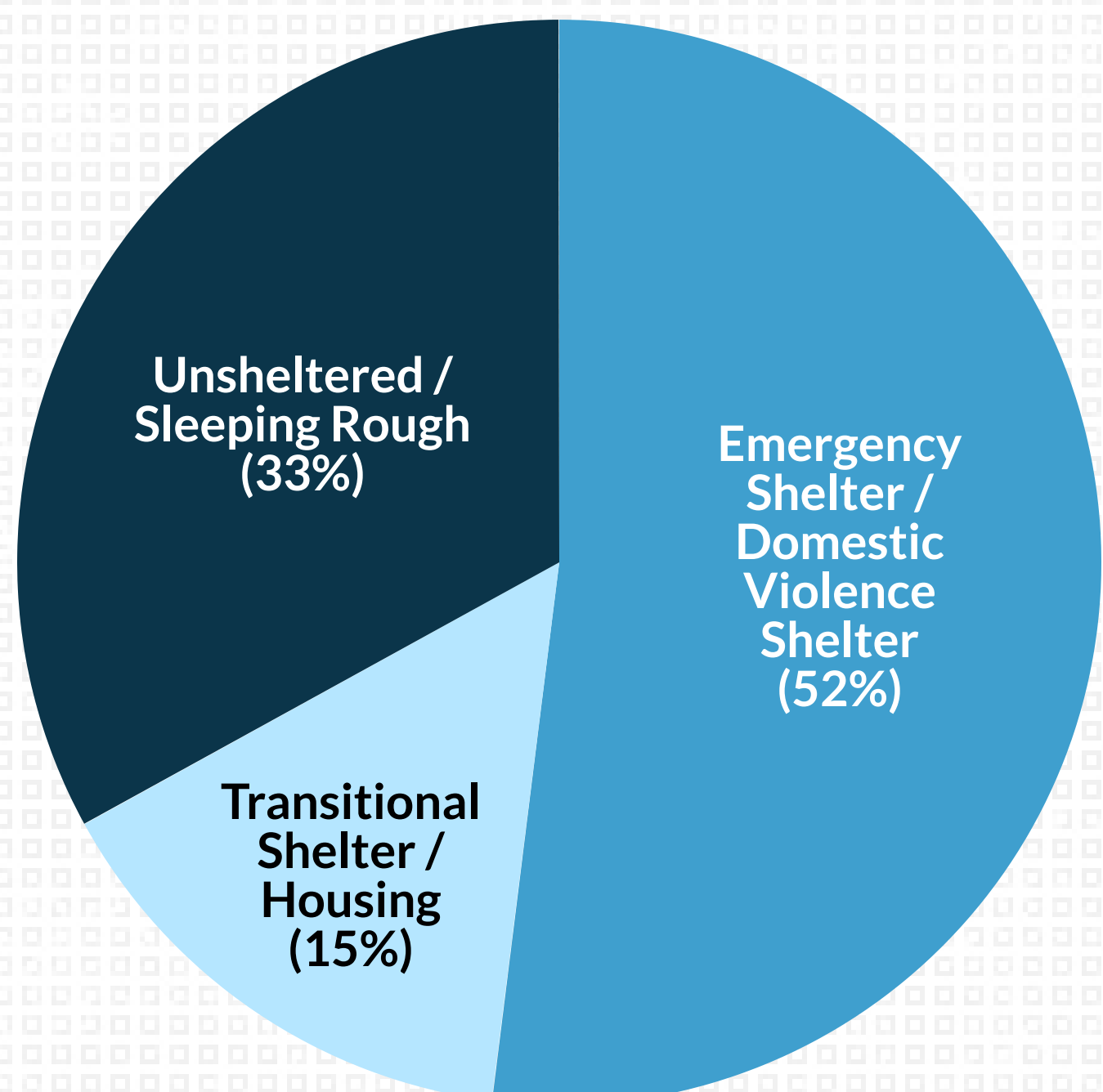*Highlights from the Point-in-Time Homelessness Count*

A Point-in-Time (PiT) Count is used to capture a current snapshot of homelessness in a community. It involves a tally of people experiencing homelessness at emergency and domestic violence shelters, transitional housing, and unsheltered locations. It also involves a survey that sheds light on local lived experiences of homelessness and service needs. The findings help communities track progress in reducing homelessness. A PiT Count is limited as it occurs at a specific moment in time and cannot capture hidden homelessness (e.g., couch surfing). The following data is derived from a PiT Count conducted in Fredericton in April 2021.
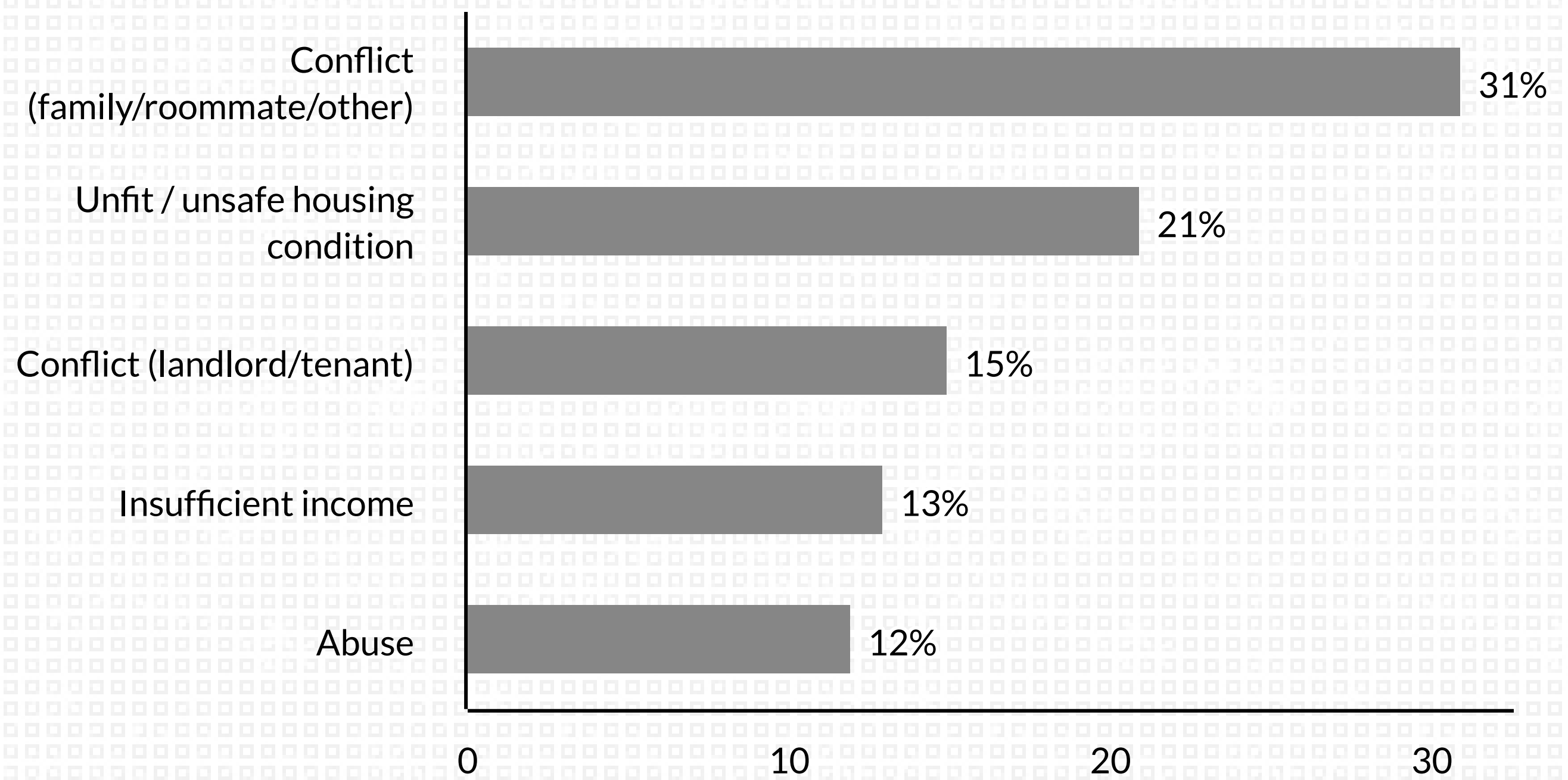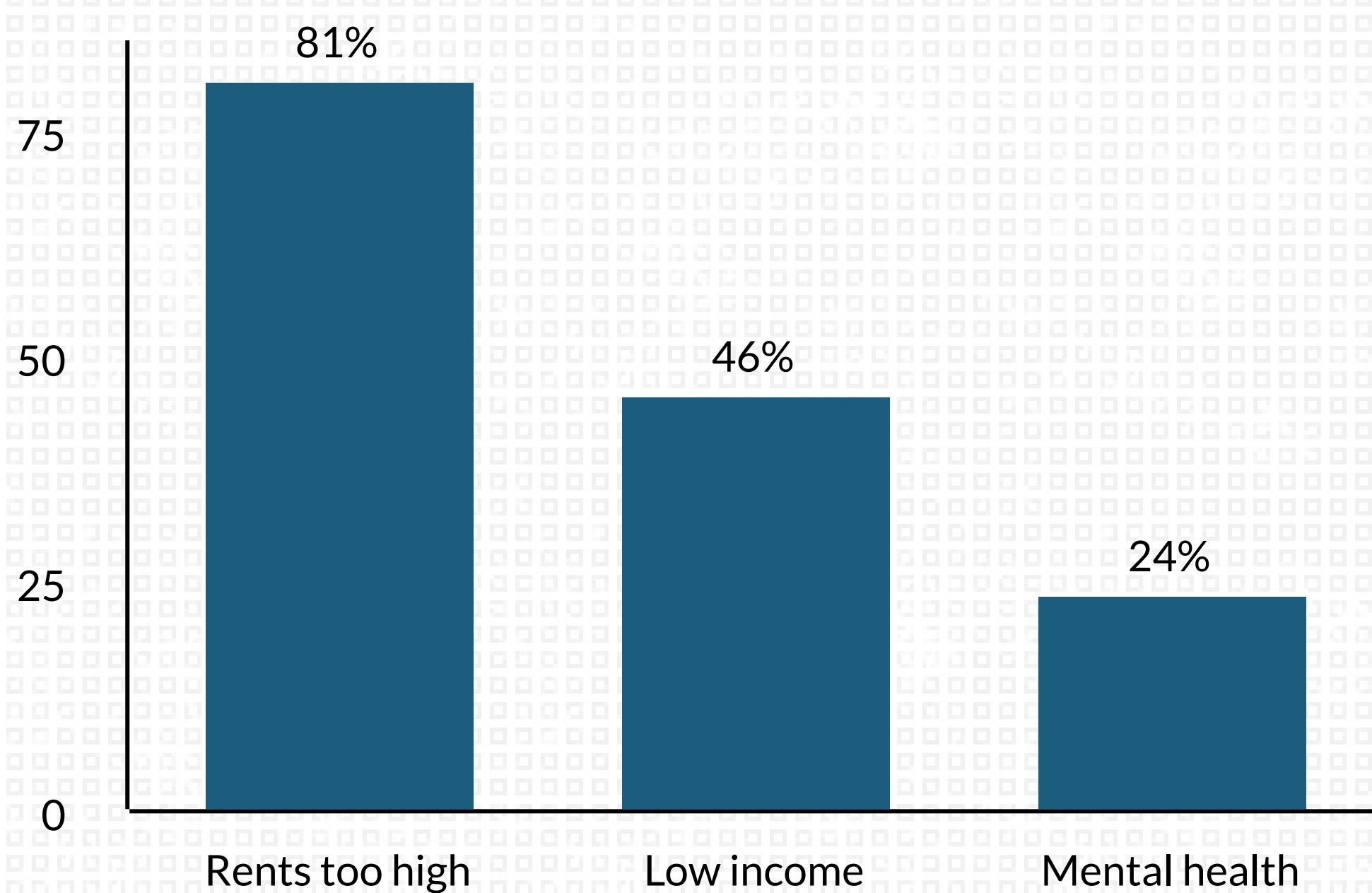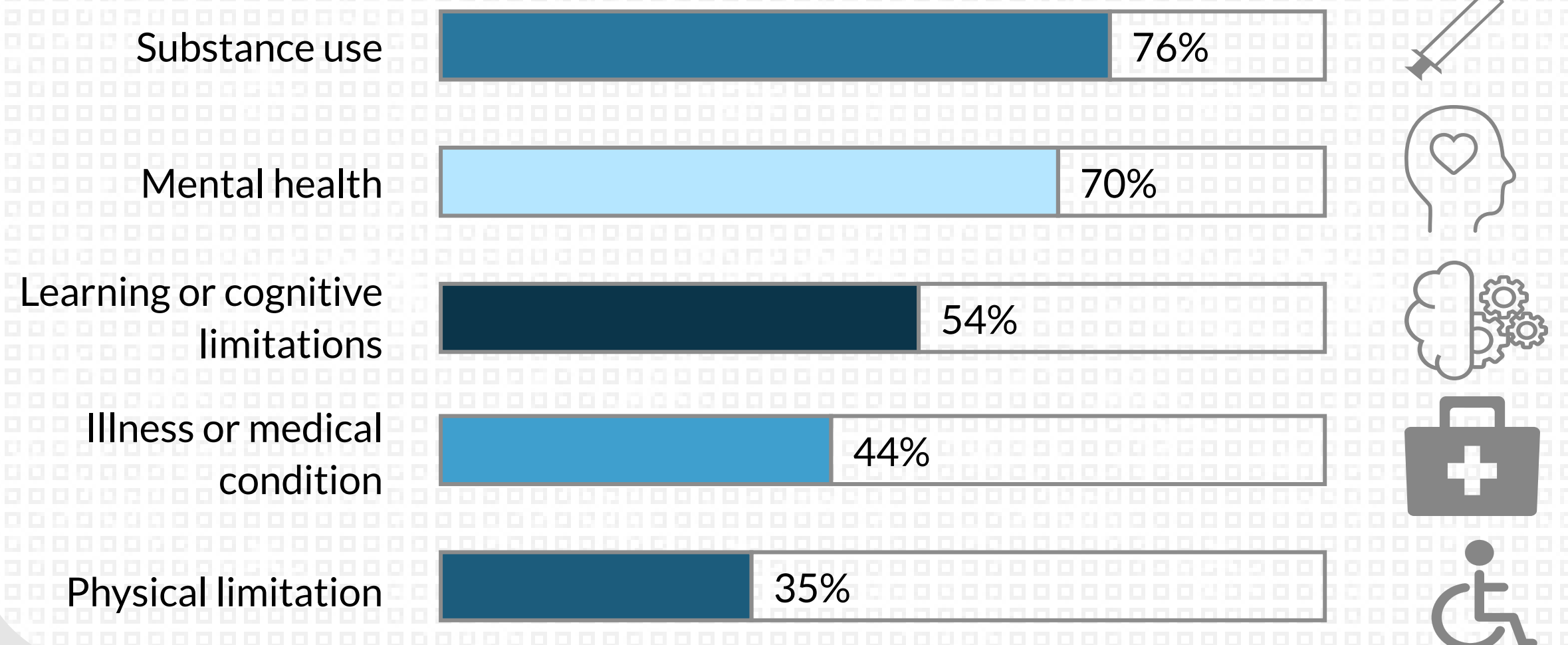
DEMOGRAPHICS

At least **73** people were experiencing homelessness on the night of April 28, 2021.

54 people were surveyed

- **65%** Male
- **31%** Female
- **2%** Non-binary
- **2%** Transgender

- **85%** Heterosexual
- **6%** Bisexual
- **2%** Pansexual
- **2%** Asexual

39% lived in foster care or a youth group home prior to experiencing homelessness

9% identified as Veterans

23% identified as Indigenous or of Indigenous ancestry

Age
- 16-24 years (18%)
- 25-49 years (52%)
- 50-64 years (24%)
- 65+ years (6%)

Sleeping Locations

- Emergency Shelter / Domestic Violence Shelter (52%)
- Unsheltered / Sleeping Rough (33%)
- Transitional Shelter / Housing (15%)

COMMON REASONS FOR HOUSING LOSS

- Conflict (family/roommate/other): 31%
- Unfit / unsafe housing condition: 21%
- Conflict (landlord/tenant): 15%
- Insufficient income: 13%
- Abuse: 12%

COMMON HOUSING CHALLENGES

- Rents too high: 81%
- Low income: 46%
- Mental health: 24%

Fredericton PiT Count survey respondents reported living with these health challenges:

- Substance use: 76%
- Mental health: 70%
- Learning or cognitive limitations: 54%
- Illness or medical condition: 44%
- Physical limitation: 35%

The latest PiT Count survey data reveals that in a span of 12 months...

72% visited an emergency room at least once (72% = 39 people)

44% were hospitalized at least once (44% = 24 people)

HUMAN DEVELOPMENT COUNCIL